

"Blessed are the poor in spirit, for theirs is the kingdom of heaven."
Mt 5:3



Welcome to

Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

FOURTH SUNDAY IN ORDINARY TIME - YEAR A

Vol 11 : No 10

KANGAROO ISLAND CATHOLIC PARISH

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PARISH TEAM CONTACTS

PARISH ADMINISTRATOR

Fr Anthoni Adimai

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PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009
or kimumford@bigpond.com)

PARISH NEWSLETTER

Mrs Wendy Bennett (0475 894 755
wendygbenett@icloud.com)

(All items for the newsletter must be
received no later than Tuesday
evening.)

CHILD PROTECTION

We are a Child Safe Organisation
which is committed to the care, well-
being and protection of children and
young people.

Mrs Helen Mumford

(KI contact - 0408 367 009)

Child Protection Unit 8210 8159

WEEKEND MASSES

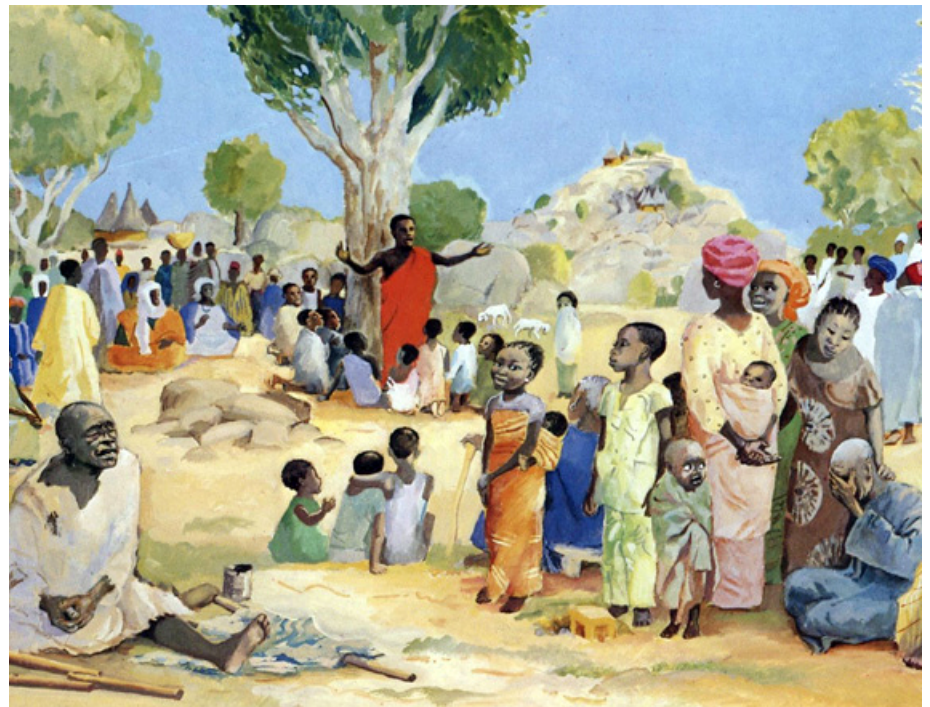
Kingscote at 9.30am

CONFESSION

Kingscote at 9.00am
(prior to Mass)

PRAYERS FOR HEALING

Prayers for Healing and Renewal in
the Church - Thursdays at 9.00am



FIRST READING

Zephaniah 2:3, 3:12-13

Seek the Lord, all you, the humble
of the earth, who obey his
commands. Seek integrity, seek
humility: you may perhaps find
shelter on the day of the anger of the
Lord.

In your midst I will leave a humble
and lowly people, and those who are
left in Israel will seek refuge in the
name of the Lord. They will do no
wrong, will tell no lies; and the
perjured tongue will no longer be
found in their mouths. But they will
be able to graze and rest with no one
to disturb them.

RESPONSORIAL PSALM

Psalm 145: 7-10

*Happy the poor in spirit; the
kingdom of heaven is theirs!*

SECOND READING

1 Corinthians 1:26-31

Take yourselves, brothers, at the
time when you were called: how
many of you were wise in the
ordinary sense of the word, how
many were influential people, or
came from noble families? No, it

was to shame the wise that God
chose what is foolish by human
reckoning, and to shame what is
strong that he chose what is weak by
human reckoning; those whom the
world thinks common and
contemptible are the ones that God
has chosen – those who are nothing
at all to show up those who are
everything. The human race has
nothing to boast about to God, but
you, God has made members of
Christ Jesus and by God's doing he
has become our wisdom, and our
virtue, and our holiness, and our
freedom. As scripture says: *if anyone
wants to boast, let him boast about
the Lord.*

GOSPEL ACCLAMATION

Mt 5:12

Alleluia, alleluia!

*Rejoice and be glad: your reward
will be great in heaven.*

Alleluia!

GOSPEL

Matthew 5:1-12

Seeing the crowds, Jesus went up the
hill. There he sat down and was
joined by his disciples. Then he

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Bulletin Board

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Sick: Stephanie Langridge, Carmen Northcott, Joella Davidson

January anniversaries: Eunice Airtou, Eileen Bateman, Dorothy Brook, Monica Buick, May Cairney, Dominic Cash, Maureen Dunn, Marlene Cummins, Pauline Deegan, Jim Dodgson, Lucy Edwards, Colin Fahey, Margaret Flemming, Ralph Florance, Catherine Glynn, Alec Goodwin, Edward Hughes, Ida Jackson, Christina James, Jack Kindellan, John Lavers, Ettie McDonald, Irene Northcott, Ottaviano Orsi, Marj Phillips, Una Reynolds, George Rowen. Ann Smith, Sheila Tabor, Lorraine Laher Storf, Mary Weatherstone

Please pray for all the faithful departed and all our sick parishioners, relatives and friends.

PARISH ROSTERS

	Comm	Reader	Cleaning
29/1	A Clark	K Hammat	H Mumford
5/2	L Grant	S Semmler	H Mumford
12/2	M Glynn	M Slagter	A Clark
19/2	S Semmler	A Gibbs	A Clark

PRIEST ROSTER

(Often this roster changes if something unforeseen crops up)
29/1 Fr Jacob Kumar

WEEKLY CONTRIBUTIONS

For those of you who wish to make your weekly contributions to the first and second collections by direct debit, these are the banking details for each.

1st Collection:
BSB 085 005
A/c No 585353994
Reference: K Island or 765

2nd Collection:
BSB 085 005
A/c No 918111484
Reference: Your name

MARIAN PROCESSION

Each year the Archdiocese of Adelaide hosts the annual Marian Procession in honour of Our Lady. The 2023 event will be held on Sunday, 21 May at 2pm. This event has been running for almost 75 years and is one of the longest standing consecutive events in the Australian Catholic Church.

WORLD DAY OF PRAYER FOR CONSECRATED LIFE

The Feast of the Presentation of the Lord, on Thursday, February 2, is also the World Day of Prayer for Consecrated Life. It's important for us to celebrate the lives of all the consecrated religious sisters and brothers in our Archdiocese, to pray in thanksgiving to God for them and to pray that God will call many more women and men to this vocation.

CARITAS AUSTRALIA PROJECT COMPASSION 2023

(Commencing February 19)
"Each year, Project Compassion comes as a timely reminder of the importance of solidarity and how a single act of kindness – whether big or small, can make a life-changing impact in the lives of those who need it most."
Kirsty Robertson, CEO, Caritas Australia

WORD OF GOD SUNDAY

The Church in Australia marks Word of God Sunday on the first Sunday in February, which will be February 5 this year.

LOVE ADELAIDE

Walk for Life

Saturday 11 February
Pennington Gardens, North Adelaide
- opposite St Peters Cathedral
10.00am - 12.00 noon
Gates open at 9.00am
Free entry tickets available at loveadelaide.org.au

SYNODALITY AND MISSION

Sr Nathalie Becquart
February 1 2023
Sr Nathalie Becquart is the Undersecretary for the General Synod in the Vatican which is responsible for the organisation of the 2023-24 Global Synod on Synodality. Sr Nathalie will be in Adelaide on February 1 as part of a visit to Australia/Oceania.

This event is now at capacity, live stream available from 7.00pm at https://youtu.be/P_VQc-7hu04

CONSIDERING A VOCATION TO THE PRIESTHOOD?

A time of prayer, reflection and discussion for young men discerning a call to the priesthood - Saturday February 4 at 10.00am in the Sacristy of the Cathedral, Wakefield Street.

For further enquiries contact Fr Dean Marin, Director of Vocations on 82108122 or at vocations@adelaide.catholic.org.au

"Leaving the boat and their father, they followed him" Matthew 4.22

POST ABORTION HEALING WEEKEND RETREAT

- CONFIDENTIAL •
- NON-JUDGEMENTAL •
- HOPE • PEACE •
- HEALING • FREEDOM •

Friday 24 to Sunday 26 February
Contact us on: 0455 118 053 or email us at emerge@genesispss.org.au for a confidential chat to | find out more

We look forward to meeting with you on your journey to recovery
eMerge

DATES

30 Jan	First school day - 2023
16 Feb	KI Racing Carnival
22 Feb	Ash Wednesday
26 Feb	First Sunday of Lent
13 Mar	Adelaide Cup Day
14 Apr	Last day School term 1
6 Apr	Thursday of Lord's supper
7 Apr	Good Friday
8 Apr	Holy Saturday
9 Apr	Easter Sunday
10 Apr	Easter Monday
25 Apr	ANZAC Day
1 May	First day School term 2
12 Jun	King's birthday
7 Jul	Last day School term 2
24 Jul	First day School term 3
29 Sep	Last day School term 3
2 Oct	Labour Day
16 Oct	First day School term 4
15 Dec	Last day School term 4





Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

TOMORROW AND TOMORROW

In his *Confessions*, St. Augustine describes how his conversion to Christianity involved two separate moments of grace, the first that convinced him intellectually that Christianity was correct, and the second that empowered him to live out what he believed. There were nearly nine years between these two conversions and it was during those nine years that he said his famous prayer: *Lord make me a good and chaste Christian – but not yet.*

Interestingly, a contemporary of his, also a saint, Ephraim the Syrian (306-373 A.D.) wrote a similar prayer: *O my beloved, how daily I default and daily do repent. I build up for an hour and an hour overthrows what I have built. At evening I say, tomorrow I will repent, but when morning comes, joyous I waste the day. Again, at evening I say, I shall keep vigil all night and I shall entreat the Lord to have mercy on my sins. But when the night is come, I am full of sleep.*

What Augustine and Ephraim describe with such clarity (and not without a touch of humor) is one of the real difficulties we face in our struggle to grow in faith and human maturity, namely, the tendency to go through life saying: “Yes, I need to do better. I need to bear down and work at overcoming my bad habits, but now is not the time!”

It’s consoling to know that a number of saints struggled for years with mediocrity, laziness, and bad habits, and that they, like us, could for years give in to those things with the shrug: “Tomorrow, I will make a new start!” For a few years, one of Augustine’s expressions was, “tomorrow and tomorrow!”

“Yes, but not yet!” How often does this describe us? I want to be a

good Christian and a good person. I want to live more by faith, be less lazy, less selfish, more gracious to others, more contemplative, less given over to anger, bitterness, paranoia, and judgment of others. I want to stop giving in to gossip and slander. I want to be more realistically involved in justice. I want a better prayer life. I want to take time for things, spend more time with my family, smell the flowers, drive slower, be more patient, and be less hurried. I have a number of bad habits that I need to change, there are still areas of bitterness in me, I am defaulting on so many things, I really need to change, but now is not the time.

First, I need to first work through a particular relationship, grow older, change jobs, get married, get rested, get healthy, finish school, have a needed vacation, let some wounds heal, get the kids out of the house, retire, move to a new parish, and get away from this situation – then I will get serious about changing all this. *Lord, make me a more mature person and Christian, but not yet!*

In the end, that’s not a good prayer. Augustine tells us that, for years, as he said this prayer he was able to rationalize his own mediocrity. However, a cataclysm began building inside him. God is infinitely patient with us, but our own patience with ourselves eventually wears out and, at a point, we can no longer continue as before.

In *Book 8* of the *Confessions*, Augustine shares how one day, sitting in a garden, he was overwhelmed with his own immaturity and mediocrity and “a great storm broke within me, bringing with it a great deluge of tears. ... I flung myself down beneath a fig tree and gave way to the tears which now streamed from my eyes ... in my misery I kept crying, ‘How long shall I go on

saying, tomorrow, tomorrow. Why not now?’” When he got up from the ground, his life had changed; he never again finished a prayer with that little nuance, “but not yet”.

We all have certain habits in our lives which we know are bad, but which for a variety of reasons (laziness, addiction, lack of moral strength, fatigue, anger, paranoia, jealousy, or the pressure of family or friends) we are reluctant to break. We sense our mediocrity, but take consolation in our humanity, knowing that everyone (save full-blown saints) often have this spoken or unspoken caveat in their prayers, “Yes, Lord, but not yet!”

Indeed, there is in fact a valid consolation in this prayer in that it recognizes something important inside the infinite understanding and mercy of God. God, I suspect, copes better with our faults than we cope with them and others cope with us. However, like Augustine, even as we say, “tomorrow and tomorrow” a storm steadily continues to build within us and, sooner or later, our own mediocrity will sicken us enough to cause us say, “Why not now?”

When the Psalmist says, “Sing to the Lord a *new* song”, we might ask ourselves, what is the old song? It’s the one that ends with us praying, *Yes, Lord, but not yet!*



“Try to relax”

COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 27/01/23)



- If you have tested positive for COVID-19 please follow the instructions as per SA Health in terms of contact tracing and isolating yourself as per government health protocols. Please stay home and do not attend church services until you have fully recovered.
- Wearing of face-masks in Church is strongly recommended.
- Sick and high risk/vulnerable people are requested to stay home and not attend services.
- Hand sanitiser is available at church entrances.
- Communion is given only in hands. Precious Blood will not be distributed.
- Holy Water is not available at the doors of churches.
- Procession of gifts has resumed.
- Collection plates are to be passed around with minimum contact

DID YOU KNOW?

- This collection of sayings is known as the Beatitudes, which means blessings.
- This text is also known as the Sermon on the Mount. Luke also has a version of this text, but it is set on a plain by the Sea of Galilee (Luke 6:20-26).
- Just as Moses received the Law on Mt Sinai, Matthew situates Jesus giving the new law on a mountain.
- There are a number of instances in his Gospel where Matthew parallels Jesus with Moses. Again, this may be to appeal to the largely Jewish audience of his own community.

Blessed Are the Poor in Spirit

(Continued from page 1)

began to speak. This is what he taught them:

‘How happy are the poor in spirit; theirs is the kingdom of heaven.
Happy the gentle: they shall have the earth for their heritage.
Happy those who mourn: they shall be comforted.
Happy those who hunger and thirst for what is right: they shall be satisfied.
Happy the merciful: they shall have mercy shown them.
Happy the pure in heart: they shall see God.
Happy the peacemakers: they shall be called sons of God.
Happy those who are persecuted in the cause of right: theirs is the kingdom of heaven.

‘Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.’

CLASSICS ANEW

Certain pieces of music have had an incredible impact on my life. The first time I heard Pachelbel’s “Canon in D Major,” I was brought to tears. I felt the same way when I heard Ralph Vaughn William’s “Adagio for Strings” and the Righteous Brothers’ “Unchained Melody”. These three pieces remain favourites of mine and still have a huge impact on me. But nothing can replace the very first time I heard them.

Our gospel this weekend is one of the most important passages in all of scripture. The Beatitudes are the sum total of the meaning of salvation that Jesus came to share with us. They were destined to become the guideposts of who we are, even more than what we do, as Christians. They are radical in their outlook, challenging those who hear them to look at the world and all they value in new and different ways.

Imagine the very first time the Beatitudes were heard by the crowd

and the disciples sitting on the side of the hill. Most probably fled, some in disgust, others laughing at Jesus’ naïveté, and some in fear of the power of his message. The disciples must have felt something stir within them that would be dormant until the Spirit anointed them on the first Pentecost.

We’ve heard these words at weddings, at funerals, at Sunday Mass, and at prayer services. So perhaps they have lost some of their impact. Can we try to hear them as though we’ve never heard them before? Maybe not. But let’s listen more closely the next time the words “Blessed are ...” are proclaimed to our ears and hearts.

The Commissioning:

Go from here to be God’s blessing. We will nurture our spiritual life. We will comfort those who suffer loss. We will affirm the humble. We will search diligently for the truth-tellers. We will find the compassionate way and live it. We will be light in the dark places. We will follow the peaceful way. We will be ready to pay the price for faithful living.

THIS WEEK’S READINGS

(30 January - 5 February)

- **Monday, 30:** Weekday, Ord Time 4 (Heb 11:32-40; Mk 5:1-20)
- **Tuesday 31:** St John Bosco (Heb 12:1-4; Mk 5:21-43)
- **Wednesday 1:** Weekday, Ord Time 4 (Heb 12:4-7, 11-15; Mk 6:1-6)
- **Thursday 2:** The Presentation of the Lord (Malachi 3:1-4; Lk 2:22-40)
- **Friday 3:** Weekday, Ord Time 4 (Heb 13:1-8; Mk 6:14-29)
- **Saturday 4:** Weekday, Ord Time 4 (Heb 13:15-17, 20-21; Mk 6:30-34)
- **Sunday 5:** FIFTH SUNDAY in ORDINARY TIME (Is 58:7-10; 1 Cor 2:1-5; Mt 5:13-16)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955