



Welcome to

# Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

**FOURTH SUNDAY IN ORDINARY TIME - YEAR B**

**Vol 12 : No 10**

## **KANGAROO ISLAND CATHOLIC PARISH**

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KINGSCOTE, SA 5223

Email: [cphkingscote@inet.net.au](mailto:cphkingscote@inet.net.au)

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## **ADELAIDE CATHEDRAL PARISH**

39 Wakefield St, ADELAIDE 5000  
Phone: (08) 8210 8155

E: [acp@acp.adelaide.catholic.org.au](mailto:acp@acp.adelaide.catholic.org.au)

## **PARISH TEAM CONTACTS**

### **PARISH ADMINISTRATOR**

Fr Anthoni Adimai

Phone: (08) 8210 8155

### **PARISH PASTORAL COUNCIL**

Mr Peter Clark (8559 5131)

### **FINANCE**

Mrs Helen Mumford (0408 367 009  
or [kimumford@bigpond.com](mailto:kimumford@bigpond.com))

### **PARISH NEWSLETTER**

Mrs Wendy Bennett (0475 894 755  
[wendygibennett@icloud.com](mailto:wendygibennett@icloud.com))

(All items for the newsletter must be  
received no later than Tuesday  
evening.)

## **CHILD PROTECTION**

We are a Child Safe Organisation  
which is committed to the care, well-  
being and protection of children and  
young people.

Mrs Helen Mumford

(KI contact - 0408 367 009)

Child Protection Unit 8210 8159

## **WEEKEND MASSES**

Kingscote at 9.30am

## **CONFESSION**

Kingscote at 9.00am

(prior to Mass)

## **PRAYERS FOR HEALING**

Prayers for Healing and Renewal in  
the Church - Thursdays at 9.00am



## **FIRST READING**

*Deuteronomy 18:15-20*

Moses said to the people: 'Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die.'"

## **RESPONSORIAL PSALM**

*Ps 94:1-2, 6-9*

*If today you hear his voice  
harden not your hearts.*

## **SECOND READING**

*1 Corinthians 7:32-35*

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

## **GOSPEL ACCLAMATION**

*Mt 4:16*

*Alleluia, alleluia!*

*A people in darkness have seen a  
great light: a radiant dawn shines  
on those lost in death.*

*Alleluia!*

(Continued page 4)



# Bulletin Board

## PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

**Sick:** Sue Semler, Brianna Chudlee, Peter Weatherstone, John Slagter, John Berden

**January anniversaries:** Eunice Airton, Eileen Bateman, Dorothy Brook, Monica Buick, May Cairney, Dominic Cash, Maureen Dunn, Marlene Cummins, Pauline Deegan, Jim Dodgson, Lucy Edwards, Colin Fahey, Margaret Flemming, Ralph Florance, Catherine Glynn, Alec Goodwin, Edward Hughes, Ida Jackson, Christina James, Jack Kindellan, John Lavers, Ettie McDonald, Irene Northcott, Ottaviano Orsi, Marj Phillips, Una Reynolds, George Rowen. Ann Smith, Sheila Tabor, Lorraine Laher Storfer, Mary Weatherstone

*Please pray for all the faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ.*

## PARISH ROSTERS

	Comm	Reader	Cleaning
28/1	A Clark	H Mumford	A Clark
4/2	S Semler	L Grant	A Clark
11/2	M Slagter	M Glynn	A Clark
18/2	H Mumford	S Semler	A Clark
25/2	P Clark	L Grant	C Berden

## PRIEST ROSTER

*(Often this roster changes if something unforeseen crops up)*

28/1 Fr Anthoni Adimai

## WEEKLY CONTRIBUTIONS

For those of you who wish to make your weekly contributions to the first and second collections by direct debit, these are the banking details for each.

1st Collection:  
BSB 085 005  
A/c No 585353994  
Reference: K Island or 765

2nd Collection:  
BSB 085 005  
A/c No 918111484  
Reference: Your name

Thank you for your ongoing support of our priests and parish facilities.

## REGIONAL ASSEMBLY - "OUR CHURCH"

9 March, Cardijn College - 9.30am until 4.30pm

Register at: [www.trybooking.com/CNDKK](http://www.trybooking.com/CNDKK)

## WALK FOR LIFE

*Pennington Gardens  
opposite St Peter's Cathedral  
February 10 - 10.00am until noon.*

"I wish you greetings and best wishes from the Archbishop's Office and write to remind you of the Walk for Life, which will be held on Saturday 10 February.

This walk will be a peaceful public witness to the value of every human life and especially the unborn. The theme will be "Every Life is a Gift" with reference to Psalm 127.3 "Children too are a gift from the Lord.... a reward"

The Synthesis Report from the recent Synod on Synodality speaks of "those in poverty.... who do not have the things they need to lead a dignified life" and then after naming a long list of those in extreme need says, "The most vulnerable of the vulnerable, on whose behalf constant advocacy is needed, include the unborn and their mothers."

Here's the ongoing challenge to us as Catholics as abortion up to birth is now legal in our State. The ongoing theme of these annual Walks is "Love them Both." Far from condemning those involved, our faith offers forgiveness and healing. Coming to the Walk for Life, joining with so many other Christians and people of good will is one way to continue constant advocacy for life.

*Dean Marin*  
Fr Dean Marin VG

The gathering of people is about ten minutes walk from the train station. Parking is available - \$5. The walk is not necessary for everyone, but our attendance is vital. Coffee, some seats and toilets available.

Registration ([trybooking.com](http://trybooking.com)) for the walk is essential .

For more information check out the website at [loveadelaide.org.au](http://loveadelaide.org.au)

## DATES

29 Jan First day, School term 1  
14 Feb Ash Wednesday  
18 Feb 1st Sunday of Lent

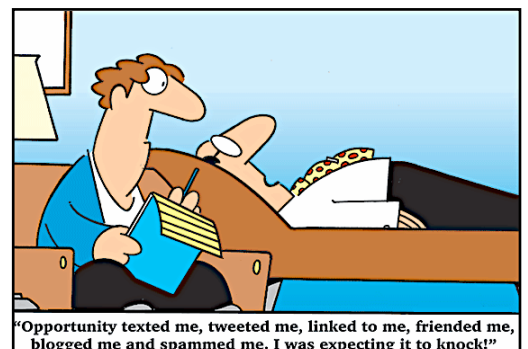
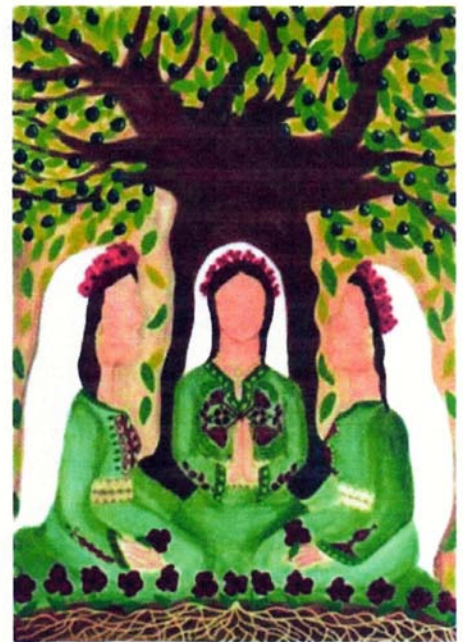
- 18 Mar St Patrick's Day
- 24 Mar Palm Sunday of the Passion
- 28 Mar Thursday of Lord's supper
- 29 Mar Friday of Passion of the Lord
- 30 Mar Holy Saturday

## FRINGE FESTIVAL

### Pipe Organ Recitals at the Cathedral of St Francis Xavier

- 21 February 1.00pm: Amir Robin-Karas
- 25 February 1.00pm: Festival of Hymns by James Lloyd
- 28 February 1.00pm: Jacinta Jakovcevic
- 6 March 1.00pm: Graham Bell
- 17 March 1.00pm: Young Organists

## World Day of Prayer 2024 Palestine







## Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

### THE SPIRITUALITY OF EUGENE DE MAZENOD

During the years I have been writing this column, I have rarely mentioned the fact that I belong to a religious order, the Missionary Oblates of Mary Immaculate. That omission is not an evasion, since being an Oblate of Mary Immaculate is something of which I am quite proud. However, I rarely flag the fact that I am a priest and a member of a religious order because I believe what I write here and elsewhere needs to ground itself on things beyond titles.

In this column, however, I want to speak about the founder of the *Missionary Oblates of Mary Immaculate*, Saint Eugene de Mazenod, because what he had to say about Christian discipleship and spirituality is something of value and importance for everyone, like the legacies that have been left us by other great religious founders like Bernard, Francis, Dominic, Angela Merici, Ignatius of Loyola, Vincent de Paul, and others.

Saint Eugene de Mazenod (1779-1861) was a French bishop of aristocratic origins who some popular myths identify as the bishop in *Les Miserables*. He was a man whose personality ran somewhat naturally in the direction of the stern, the introverted, the strongly inner-directed, the mystical, and the single-minded. He wasn't the type of person most people would choose as their first choice for light dinner conversation, but he was the type of person who is often God's first choice to found a religious order.

Soren Kierkegaard once stated that *to be a saint is to will the one thing*. Eugene de Mazenod clearly did that and, in his case, that one thing had a number of aspects which, taken together, form the basis of a very rich, balanced spirituality – one which emphasizes some salient aspects of Christian discipleship that are often neglected today.

What shaped the spirituality of Eugene de Mazenod and the charism he left behind?

First, he emphasized *community*. For him, a good life is not just one of individual achievement, fidelity, or even greatness; it is a life that links itself to the power inherent within community. He was a firm believer in the axiom: *what we dream alone remains a dream, what we dream with others can become a reality*. In his view, compassion only becomes effective when it becomes collective, when it issues forth from a group rather than from just one individual. He believed that alone you can make a splash but not a difference. He founded a religious order because he deeply believed this.

In the face of all the issues confronting the world and the Church today, if someone were to ask him: "What's the one single thing I might do to make a difference?" He would reply: Connect yourself with others of sincere will within community, around the person of Christ. Alone you cannot save the world. Together we can!

Second, he believed that a healthy spirituality makes *a marriage between contemplation and justice*. Judged in the light of our contemporary sensitivities, his exact expression of this is perhaps linguistically awkward today, but his key principle is perennially valid: only an action that issues forth from a life that is rooted in prayer and deep interiority will be truly prophetic and effective. Conversely, all true prayer and genuine interiority will burst forth in action, especially in action for justice and the poor.

Third, in his own life and in the spirituality he laid out for his religious community, he made a *strong preferential option for the poor*. He did this not because it was the politically correct thing to do, but because it was the correct thing to do;

the Gospel demands this, and it is non-negotiable. His belief was simple and clear: as Christians, we are called to be with and work with those whom nobody else wants to be with and work with. For him, any teaching or action that is not good news for the poor cannot claim to be speaking for Jesus or for scripture.

Fourth, he put *all of this under the patronage of the mother of Jesus, Mary*, whom he saw as an advocate for the poor. He recognized that the poor turn to her, for it is she who gives voice to the *Magnificat*.

Finally, in his own life and in the ideal he laid out, he brought together two seemingly contradictory tendencies: *a deep love for the institutional Church and the capacity to prophetically challenge it at the same time*. He loved the Church, believed that it was the noblest thing for which one might die; but at the same time, he wasn't afraid to publicly point out the Church's faults or to admit that the Church needs constant challenge and self-criticism... and he was willing to offer it!

His personality was very different from mine. I doubt that he and I would spontaneously like each other. But that's incidental. I'm proud of his legacy, proud to be one of his sons, and convinced enough of his spirituality to give my life over for it.

You can read, or download, Ron Rolheiser's weekly columns from his website at: [www.ronrolheiser.com](http://www.ronrolheiser.com)



"I'm on a low-carb diet. Whenever I feel low, I eat carbs!"



## POPE FRANCIS ANNOUNCES YEAR OF PRAYER

Pope Francis announced the start of a Year of Prayer last Sunday in preparation for the Catholic Church's 2025 Jubilee Year.

In his Angelus address, the Pope said that a Year of Prayer starting on January 21 will be *"a year dedicated to rediscovering the great value and absolute need for prayer in one's personal life, in the life of the Church, and in the world."*

The Vatican and the city of Rome are expecting an estimated 35 million people to flock to the Eternal City for the 2025 Jubilee Year of Hope — the first ordinary jubilee since the Great Jubilee of 2000.

A jubilee is a special holy year of grace and pilgrimage in the Catholic Church. It typically takes place once every 25 years, though the Pope can call for extraordinary jubilee years more often, such as in the case of the 2016 Year of Mercy or the 2013 Year of Faith.

Jubilees have biblical roots. The Book of Leviticus called for jubilee years to be held every 50 years for the freeing of slaves and forgiveness of debts as manifestations of God's mercy. The practice was reestablished by Pope Boniface VIII in 1300.

The 2025 Jubilee Year begins on December 24, 2024 (Christmas Eve), and concludes on January 6, 2026.

The Holy Doors are a central part of any jubilee. These doors, found at St Peter's Basilica and Rome's other major basilicas, are sealed from the inside and opened during a jubilee year. *CathNews*

(Continued from page 1)

## GOSPEL

### Mark 1:21-28

Jesus and his followers went as far as Capernaum, and as soon as the sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority.

In their synagogue just then there was a man possessed by an unclean spirit and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

## DID YOU KNOW?

- In the ancient world many forms of mental illness were attributed to being possessed by 'evil spirits'.
- In Mark's Gospel, Jesus is often presented in confrontational situations with evil spirits, with the Jewish authorities and even with his own disciples when they fail to understand who he is and what his mission entails.

## EXPLORING THE WORD

This is the first of the miracles of Jesus recounted in Mark's Gospel and it is a significant introduction to the person of Jesus and the power he possesses. Only a few verses earlier, at his baptism, Jesus had been revealed as the beloved Son of God. In this short text, Mark contrasts Jesus and the authority of his teaching with that of the scribes. Jesus teaches in such a way that he makes a deep impression on his hearers. Clearly, this is because his

authority and his wisdom come from God. Whilst his human audience may still be unclear as to the true identity of Jesus, this is not the case with his 'other-worldly' audience: the unclean spirits know exactly who Jesus is—the Holy One of God—and they recognise his authority and obey his command. They know that the power of the Almighty is greater than the power of the evil one.

## SHARING THE TRADITION

In the Rite of Christian Initiation of Adults, the catechetical process is often begun or concluded with a 'Prayer of Exorcism'. Our understanding of what is meant by this term may be clouded by 'Hollywood' representations of casting out demonic possessors. The Rite itself suggests that the prayers of exorcism 'draw the attention of the catechumens to the real nature of Christian life, the struggle between flesh and spirit, the importance of self-denial for reaching the blessedness of God's Kingdom, and the unending need for God's help' (#90). The question of how a good and gracious God can allow the existence of evil in the world is one which has been debated for centuries.

## THIS WEEK'S READINGS

(29 January - 4 February)

- **Monday, 29:** Weekday, Ord Time 4 (2 Sam 15:13-14, 30, 16:5-13; Mk 5:1-20)
- **Tuesday, 30:** Weekday, Ord Time 4 (2 Sam 18:9-10, 14, 24-25, 30-19:3; Mk 5:21-43)
- **Wednesday, 31:** St John Bosco (2 Sam 24:1, 9-17; Mk 6:1-6)
- **Thursday, 1:** Weekday, Ord Time 4 (1 Kg 2:1-4, 10-12; Mk 6:7-13)
- **Friday, 2:** The Presentation of the Lord (Malachi 3:1-4; Lk 2:22-40)
- **Saturday, 3:** Weekday, Ord Time 4 (1 Kg 3:4-13; Mk 6:30-34)
- **Sunday 4:** FIFTH SUNDAY in ORDINARY TIME (Job 7:1-4, 6-7; 1 Cor 9:16-19, 22-23; Mk 1:29-39)

## PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955