



Welcome to

Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

15TH SUNDAY IN ORDINARY TIME - YEAR B

Vol 12 : No 34

KANGAROO ISLAND CATHOLIC PARISH

Parish House: 22 Giles Street,
KINGSCOTE, SA 5223
Phone: 8553 2132

Postal address: PO Box 749,
KINGSCOTE, SA 5223

Email: cphkingscote@inet.net.au

Web: www.kicatholic.org.au

ADELAIDE CATHEDRAL PARISH

39 Wakefield St, ADELAIDE 5000
Phone: (08) 8210 8155

E: acp@acp.adelaide.catholic.org.au

PARISH TEAM CONTACTS PARISH ADMINISTRATOR

Fr Lancy D'Silva
Phone: (08) 8210 8155

PARISH PASTORAL COUNCIL
Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009
or kimumford@bigpond.com)

PARISH NEWSLETTER

Mrs Wendy Bennett (0475 894 755
wendygbennett@icloud.com)
(All items for the newsletter must be
received no later than Tuesday
evening.)

WEEKEND MASSES

Kingscote at 9.30am

CONFESSION

Kingscote at 9.00am
(prior to Mass)

PRAYERS FOR HEALING

Prayers for Healing and Renewal in
the Church - Thursdays at 9.00am



FIRST READING

Amos 7:12-15

Amaziah, the priest of Bethel, said to Amos, 'Go away, seer, get back to the land of Judah; earn your bread there, do your prophesying there. We want no more prophesying in Bethel; this is the royal sanctuary, the national temple.' 'I was no prophet, neither did I belong to any of the brotherhoods of prophets,' Amos replied to Amaziah 'I was a shepherd and looked after sycamores; but it was the Lord who took me from herding the flock, and the Lord who said, "Go, prophesy to my people Israel."'

RESPONSORIAL PSALM

Ps 84:9-14

*Lord, show us your mercy and love,
and grant us your salvation*

SECOND READING

Ephesians 1:3-14

Blessed be God the Father of our Lord Jesus Christ, who has blessed us with all the spiritual blessings of heaven in Christ. Before the world was made, he chose us, chose us in Christ, to be holy and spotless, and to live through love in his presence, determining that we should become his adopted sons, through Jesus Christ, for his own kind purposes, to make us praise the glory of his

grace, his free gift to us in the Beloved, in whom, through his blood, we gain our freedom, the forgiveness of our sins. Such is the richness of the grace which he has showered on us in all wisdom and insight. He has let us know the mystery of his purpose, the hidden plan he so kindly made in Christ from the beginning to act upon when the times had run their course to the end: that he would bring everything together under Christ, as head, everything in the heavens and everything on earth.

And it is in him that we were claimed as God's own, chosen from the beginning, under the predetermined plan of the one who guides all things as he decides by his own will; chosen to be, for his greater glory, the people who would put their hopes in Christ before he came.

Now you too, in him, have heard the message of the truth and the good news of your salvation, and have believed it: and you too have been stamped with the seal of the Holy Spirit of the Promise, the pledge of our inheritance which brings freedom for those whom God has taken for his own, to make his glory praised.

(Continued page 4)



Bulletin Board

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Healing list: Sue Semler, Brianna Chudlee, Peter Weatherstone, John Slagter, Annette Roestenburg, Michelle Glynn, Elijah Laundry.

July anniversaries: Alma Adams, Eadie Adams, Sid Adams, Peg Anderson, Lill Buick, Phil Connell, John Connell, Henry Dravitzki, Leon Fahey, Paul Glynn, Joyce Grant, Mick Grant, Bill Higgins, Monica Hughes, Barry Jamieson, Judith Jeffs, Damian Howard, Leigh McDonald, Kym Moses, Cameron Muirhead, Ron Mumford, Alexander Nash, Alice O'Neill, Alice O'Driscoll, Jill Perkins, Charles Reynolds, Nora Ridge, Johnny Tully, John Walsh, Tony Walker, Robyn Williams.

Please pray for all the faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ.

PARISH ROSTERS

	Prayers	Reader	Cleaning
14/7	M Glynn	K Hammat	C Berden
21/7	S Semmler	M Slagter	A Bevan
28/7	K Hammat	P Bennett	A Bevan

PRIEST ROSTER

(Often this roster changes if something unforeseen crops up)

14/7	Communion Service
21/7	Fr Prathap Katta
28/7	Fr Lancy D'silva
04/8	Fr Jacek Wojcik
11/8	Fr Jacek Wojcik

SPECIAL COLLECTION

This weekend (13/14 July) there will be special collection for the NATSICC Appeal and the Sea Sunday Appeal. The amount raised will be split between these two worthy causes.

SEA SUNDAY 14 July

Known to seafarers around the world as Stella Maris, the Apostleship of the Sea ministry is now called Stella Maris globally. The organisation cares for the spiritual, social and material welfare of all seafarers regardless of colour, race or creed.

Sea Sunday is the day set by many Christian Churches to remember, celebrate and pray for seafarers and their families and give thanks for their lives and work. It is officially held on the second Sunday in July.

Seafarers work tirelessly in the high seas throughout the year bringing us more than ninety percent of the goods we need.

WHATSAPP AND FACEBOOK IMPERSONATION

Please be aware that several fake profiles have been created in Archbishop Patrick O'Regan's name, both on Facebook and WhatsApp. Please be aware these are not endorsed profiles and under no circumstances should people donate money via them.

COME AND EXPERIENCE LIFE IN THE TAIZÉ COMMUNITY

Reverend Joan Claring-Bould and Fr Paul Monash will be leading a pilgrimage to Taizé, France, from October 11-24.

The tour will include two days in Kuala Lumpur to get an experience of another culture, six days with the Taizé community, and two days in Paris on the way home. There is a limit of 20 people of any age. Estimated cost \$5000. It will be an unforgettable and spiritually enriching experience.

For more details contact: joanb23@gmail.com (0409 520 823), rperth2008@gamil.com (0487 080 087).

ARCHDIOCESAN DAY OF REFLECTION

Catholic Women's League invites you to their Archdiocesan Day of Reflection on Tuesday, August 6 from 10.30am until 2.30pm in St Francis Xavier's Cathedral Hall.

Facilitator, Geraldine Hawkes will speak on 'Love and Compassion' through music, art and stories from scriptures and sacred sources.

Day of Reflection is open to ALL women not just members. Please invite other women from your parish to join us.

BYO lunch plus donation towards expenses. For more enquiries contact Sue Williams, CWL Secretary (0466 184 788). RSVP by Tuesday, July 30.

How to write "I changed a lightbulb" on your resumé "Single-handedly managed the successful upgrade

and deployment of a new environmental illuminator system with zero cost overruns and no safety incidents.

PARISH SUPPORT FOR REFUGEE FAMILIES

Catholic Mission is inviting parishes to take action and open their hearts and arms to sponsor refugee families to help them settle into their new life in Australia.

The Community Refugee Integration and Settlement Pilot (CRISP) is designed for community members to build social networks to welcome a family group who has been granted a humanitarian visa but is still waiting to arrive in Australia. Resources are available to assist in this process. For more information on the program or how your community can get involved contact Anne Nesbitt at anne.nesbitt@catholicmission.org.au

DATES

22 Jul	1st day School Term 3
11 Aug	Vocations Appeal
15 Aug	Assumption Virgin Mary
31 Aug - Sep 8	Adelaide Show
Sep	Catholic Charities month
27 Sep	Last day School term 3
28 Sep	AFL Grand Final
05/06	Supporting Clergy Appeal
07 Oct	Labour Day holiday
14 Oct	First day School term 4
20 Oct	World Mission Day Appeal
05 Nov	Melbourne Cup
10 Nov	St Vincent de Paul Appeal
17 Nov	KI Catholic Parish 70 th Anniversary Mass 9.30am
13 Dec	Last day School term 4 (Yrs 10, 11, 12 vary)
25 Dec	Catholic Charities Appeal



Painted garage doors - to mess with the neighbours



Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

SACRED PERMISSION TO BE IN AGONY

We live this life “*mourning and weeping in a valley of tears.*” This was part of a prayer my parents prayed every day of their adult lives, as did many others in their generation. In the light of contemporary sensitivities (and one-sided spiritualities) this might sound morbid. Are we to understand our lives as time of grieving in a world that cannot deliver happiness? Is this really what God wants of us?

Taken without nuance, this can indeed be morbid. God didn’t put us into this world to suffer in order to go to heaven. No. God is a good parent. Good parents bring children into this world with the intent that they should flourish and find happiness. So why might our Christian faith ask us to understand ourselves as mourning and weeping in a valley of tears?

For my parents, that phrase brought a certain consolation, namely, that their lives didn’t have to deliver the full symphony, heaven right now. It gave them sacred permission to accept that in life there will be disappointments, suffering, poverty, sickness, loss, frustrated dreams, heartbreak, misunderstanding, and death. They never over-expected and understood that it is normal to experience pain and disappointment. Paradoxically, by accepting this limitation, they were able to give themselves permission to thoroughly enjoy life’s good moments without guilt.

My fear is that we are not equipping ourselves nor the next generation with the tools needed to undergo frustration, disappointment, and heartbreak without breaking down in faith (and sometimes too in psyche and body). Today, for the most part, our normal expectation is that we shouldn’t be finding ourselves mourning and weeping, but rather that life should be delivering a full symphony. We no longer feel that we have sacred permission to be weeping.

The spirituality we breathe in today

from our churches, theologians, and spiritual writers has many strong points (just as the one my parents breathed in had its weaknesses). However, to my mind, for the most part spiritualities today do not leave sufficient space for grieving, a lacuna shared by most of the secular world.

We are not making enough space for grief, either in our churches or in our lives. We are not giving people the tools they need to handle frustration, loss, and heartbreak, nor how to grieve when they are beset by them. Outside of our funeral rituals, we make very little room for grief. Worse still, we tend to give the impression that there is something wrong in our lives if there are tears. What’s the place and value of grieving?

First, as Karl Rahner poetically explains, it is a way of accepting *that in the torment of the insufficiency of everything attainable we ultimately learn that here in this life there is no finished symphony.* Grieving is also, as Rachel Naomi Remen writes, a critical way of self-care. Not to grieve, she submits, is a denial of our own wholeness. *People burn out because they don’t grieve.* British novelist Anita Brookner repeats a particular refrain in several of her books. Commenting on marriage, she suggests that *the first task in a marriage is for the couple to console each other for the fact that they cannot not disappoint each other.*”

My parents had not read Karl Rahner, Rachel Naomi Remen, or Anita Brookner, but in their daily prayer they reminded themselves that in this life there is no finished symphony, that grieving is healthy self-care, and that it’s consoling to accept that neither of them could ever be quite enough for the other since only God can provide that.

What do we need to grieve? Our human condition and all that comes with it, namely, impermanence, the loss of our youth, the loss of a youthful body, wounds,

betrayals, frustrated dreams, heartbreaks, the loss of loved ones, the death of our honeymoons, the perennial flow through our lives of people, places, and institutions and then disappearing, our incapacity to not be disappointing to others, the loss of our health, and our eventual deaths, that’s what we need to grieve.

And how do we grieve? Jesus left us a template for this when he grieved in the garden of Gethsemane. What did he do when, as the Gospels say, he was reduced to “sweating blood” as he faced his own imminent death? He prayed, prayed a prayer that openly and honestly expressed his agony, that recognized his distance from others inside this suffering, which acknowledged his own helplessness to do anything to change the situation, that repeatedly begged God to alter things, but that expressed a trust in God despite the present darkness. That’s the way Jesus wept.

If Jesus wept, so must we. The disciple is never superior to the master. Moreover, we can learn from Jesus that mourning and weeping in our lives do not necessarily mean that there is something wrong. It might well mean that this is where we are meant to be.

We have sacred permission to sometimes be in agony.

You can read, or download, Ron Rolheiser’s weekly columns from his website at: www.ronrolheiser.com



WEEKLY CONTRIBUTIONS

For those of you who wish to make your weekly contributions to the first and second collections by direct debit, these are the banking details for each.

1st Collection:

BSB 085 005

A/c No 585353994

Reference: K Island or 765

2nd Collection:

BSB 085 005

A/c No 918111484

Reference: Your name

Thank you for your ongoing support of our priests and parish facilities.

CHILD PROTECTION

We are a Child Safe Organisation which is committed to the care, well-being and protection of children and young people.

We believe that all God's children and young people have the right to be healthy and safe, and to have their voice heard, respected, and valued. A safe environment for all.

Mrs Helen Mumford
(KI contact - 0408 367 009)
Child Protection Unit 8210 8159

KIDS' CORNER

My grace is sufficient for you
(2 Corinthians 12:9)

Before her basketball game, Kelly prayed for a win. But even though her team played a great game, they lost in overtime. At first, Kelly couldn't understand why God hadn't answered her prayer. Then Kelly's coach told them that one of the kids on the other team had a sister who was in hospital. The whole team was playing for her. When Kelly saw how happy everyone on the other team was, Kelly felt a joy deep inside her that she couldn't explain. She also felt sure that God had answered her prayer and gave her something much greater than a win. What do you think Kelly received?

(Continued from page 1)

GOSPEL ACCLAMATION

Eph 1:17-18

Alleluia, alleluia!

May the Father of our Lord Jesus Christ enlighten the eyes of our heart that we might see how great is the hope to which we are called. Alleluia!

GOSPEL

Mark 6:7-13

Jesus summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff – no bread, no haversack, no coppers for their purses. They were to wear sandals but, he added, 'Do not take a spare tunic.' And he said to them, 'If you enter a house anywhere, stay there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.' So they set off to preach repentance; and they cast out many devils, and anointed many sick people with oil and cured them.

THE FIRST TIME

(Mark 6: 7 - 13)

We remember "firsts" in our lives because they are guideposts to where we've been and to where our lives are now pointed.

Remember that first kiss? Or that exciting first time driving the family car all alone? Remember receiving your very first pay-packet?

After a while, all those moments that made us so incredibly nervous the first time eventually become routine. They become second nature.

So imagine, if you can, the ragtag group of apostles, those 12 of Jesus' followers and disciples that he had set apart. Imagine – with all their faults and failings – how unsure they were in preaching repentance. Imagine their shock at their ability to drive out demons and cure the sick.

They were familiar with the scripture of God's chosen people. They knew that they had become like the prophets of old. And they would never be the same.

Dare we believe, even for a moment, that Jesus is calling us like the apostles, giving us authority over the unclean spirits in our world? He is indeed.

The apostles would have to experience the death and Resurrection of Jesus before they would go back to the tasks they performed this first time. We've already experienced the Easter mysteries, and now we, too, are called. The first time will not be the only or the last time for us either.

Go from here in the strength of God's love. When we stand for God's way, we stand our ground. We will speak out for justice. In the way of God's chosen one, we will confront the abuse of power. We will recognise the trap of the easy way out and will instead work for a fair and lasting resolution. When we feel most vulnerable, we will look to the example of Jesus.

You will go forward unafraid. We go in the strength of God's love.

THIS WEEK'S READINGS

(July 15 - 21)

- **Monday, 15:** St Bonaventure (Is 1:10-17; Mt 10:34 -11:1)
- **Tuesday, 16:** Weekday, Ord Time 15 (Is 7:1-9; Mt 11:20-24)
- **Wednesday, 17:** Weekday, Ord Time 15 (Is 10:5-7, 13-16; Mt 11:25-27)
- **Thursday, 18:** Weekday, Ord Time 15 (Is 26:7-9, 12, 16-19; Mt 11:28-30)
- **Friday, 19:** Weekday, Ord Time 15 (Is 38:1-6, 21-22, 7-8; Mt 12:1-8)
- **Saturday, 20:** Weekday, Ord Time 15 (Micah 2:1-5; Mt 12:14-21)
- **Sunday 21:** 16th SUNDAY in ORDINARY TIME (Jer 23:1-6; Eph 2:13-18; Mk 6:30-34)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955