



Welcome to

Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

TWENTY-FOURTH SUNDAY IN ORDINARY TIME - YEAR C

Vol 10 : No 43

KANGAROO ISLAND CATHOLIC PARISH

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PARISH TEAM CONTACTS

PARISH ADMINISTRATOR

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PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009
or kimumford@bigpond.com)

PARISH NEWSLETTER

Mrs Wendy Bennett (0475 894 755
wendygbenett@icloud.com)

(All items for the newsletter must be
received no later than Tuesday
evening.)

CHILD PROTECTION

We are a Child Safe Organisation
which is committed to the care, well-
being and protection of children and
young people.

Mrs Helen Mumford
(KI contact - 0408 367 009)
Child Protection Unit 8210 8159

WEEKEND MASSES

Kingscote at 9.30am

CONFESSION

Kingscote at 9.00am
(prior to Mass)

PRAYERS FOR HEALING

Prayers for Healing and Renewal in
the Church - Thursdays at 9.00am

FIRST READING

Exodus 32:7-11, 13-14

The Lord spoke to Moses, 'Go
down now, because your
people whom you brought out
of Egypt have apostatised.
They have been quick to leave
the way I marked out for them;
they have made themselves a
calf of molten metal and have
worshipped it and offered it
sacrifice. "Here is your God,
Israel," they have cried "who
brought you up from the land
of Egypt!" I can see how
headstrong these people are!
Leave me, now, my wrath shall
blaze out against them and
devour them; of you, however,
I will make a great nation.'

But Moses pleaded with the
Lord his God. 'Lord,' he said
'why should your wrath blaze
out against this people of yours whom
you brought out of the land of Egypt
with arm outstretched and mighty
hand? Remember Abraham, Isaac and
Jacob, your servants to whom by your
own self you swore and made this
promise: "I will make your offspring
as many as the stars of heaven, and all
this land which I promised I will give
to your descendants, and it shall be
their heritage for ever.'"

So the Lord relented and did not bring
on the people the disaster he had
threatened.

RESPONSORIAL PSALM

Ps 50:3-4, 12-13, 17, 19

I will rise and go to my father.

SECOND READING

1 Timothy 1:12-17

I thank Christ Jesus our Lord, who has
given me strength, and who judged
me faithful enough to call into his
service even though I used to be a
blasphemer and did all I could to
injure and discredit the faith. Mercy,
however, was shown me, because
until I became a believer I had been
acting in ignorance; and the grace of
our Lord filled me with faith and with
the love that is in Christ Jesus. Here is
a saying that you can rely on and
nobody should doubt: that Christ



Jesus came into the world to save
sinners. I myself am the greatest of
them; and if mercy has been shown to
me, it is because Jesus Christ meant to
make me the greatest evidence of his
inexhaustible patience for all the other
people who would later have to trust
in him to come to eternal life. To the
eternal King, the undying, invisible
and only God, be honour and glory for
ever and ever. Amen.

GOSPEL ACCLAMATION

2 Cor 5:19

Alleluia, alleluia!

*God was in Christ, to reconcile the
world to himself; and the Good
News of reconciliation he has
entrusted to us. Alleluia!*

GOSPEL

Luke 15:1-32

The tax collectors and the sinners were
all seeking the company of Jesus to
hear what he had to say, and the
Pharisees and the scribes complained.
'This man' they said 'welcomes
sinners and eats with them.' So he
spoke this parable to them:

'What man among you with a hundred
sheep, losing one, would not leave the
ninety-nine in the wilderness and go
after the missing one till he found it?

(Continued page 4)



Bulletin Board

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Sick: Sue Semmler, Stephanie Langridge, Joelle Davidson and Carmel Northcott

September anniversaries: Frank Berden, Mary Bowery, Jimmy Browne, Terrence Browne, Gwen Caldicott, Audrey Carslake, Peg Dow, Thomas Drane, Bernadette Florance, Christopher Glynn, Loretta Hartley, Catherine Hughes, Patrick Hughes, Pearl Malycha, Elvie Meaney, Dean Larcombe, Julia Martienses, Eileen Morris, Reginald Pahl, Maise Rooney, Breton Semler, Vera Shannon, James Smith

Please pray for all the faithful departed and all our sick parishioners, relatives and friends.

PARISH ROSTERS

	Comm	Reader	Cleaning
11/9	L Grant	P Clark	K Brinkley
18/9	K Hammat	M Slagter	K Brinkley
25/9	M Glynn	W Bennett	A Clark

COVID RESTRICTIONS

For the latest Archdiocesan restrictions please see page 4 of this bulletin. Masks are recommended.

A PRAYER OF GRATITUDE

*I wake up every morning with burdens to bear
Sometimes not knowing how I will get through
But still I am calm as I know You are there
I'm not alone You are walking with me too*

*I hear the birds singing outside in the trees
Their sounds adding music spread through the air
So sweet is their song that I fall to my knees
Thankful dear Lord as You answer my prayers*

*My beautiful family I'm so Blessed for my lot
Their smiles and laughter light up each day
I am so thankful dear Lord for all that I've got
And every day it is with gratitude that I pray*

*There is so much I have to be grateful for
Dear Lord you make every day worth living
For what you have given us I am in awe
And for this reason I will continue giving*

*Giving back to the world in everything I do
By spreading your Love around to others
Knowing that all of this comes from You
We are one family of sisters and brothers*

*Dear Lord your mighty Spirit has Blessed me
And with these final words I'll conclude
You are my world, my life and my love
And I offer You this prayer of gratitude*

Written by Char Pahl

WEEKLY CONTRIBUTIONS

For those of you who wish to make your weekly contributions to the first and second collections by direct debit, these are the banking details for each.

1st Collection:
BSB 085 005
A/c No 585353994
Reference: K Island or 765

2nd Collection:
BSB 085 005
A/c No 918111484
Reference: Your name

Thank you for your ongoing support of our Priests and Parish facilities.

CATHOLIC CHARITIES

The Catholic Charities Appeal will take place throughout the month of September. Catholic Charities is your umbrella organisation that supports the following agencies in South Australia.

- Hutt Street Centre
- Aboriginal Catholic Ministry
- Our Lady of La Vang
- St Patrick's Special School
- Centacare Catholic Family Services

These frontline agencies support some of the most vulnerable in the community at a time when many people are doing it tough. Brochures with reply paid envelopes are available. All donations of more than \$2 are tax deductible.

For more information visit Catholic Charities pages on the Archdiocesan website:
www.adelaide.catholic.org.au/charity-and-giving/catholic-charities/about-catholic-charities-

SAFEGUARDING SUNDAY

This weekend, the Catholic Church in Australia marks Safeguarding Sunday, on which we pray for those who have been abused, their families and supporters. We recognise and apologise for the harm done by priests, religious and lay people in Church settings. Rebuilding trust and confidence in the Church requires constant work and vigilance. We recommit to cultural change that will help the Church be a place where people feel safe and supported.

You can find out more about the Church's work in this area

at: www.catholic.org.au/safeguardingsunday

Our Parish will celebrate Safeguarding Sunday on 18 September. Please join us on 18 September as our Parish celebrates Safeguarding Sunday at the 9.30am Church service. There is a small gift for the children, of a magnet. On the magnet is a quote from Pope Francis: 'Dear young people, make your voices heard! If they do not listen to you, shout even louder, make noise; you have every right to have your say on what concerns your future.'

Coinciding with Safeguarding Sunday the Child Protection Unit will launch the 'Your Voice, Your Say' project where all children (under 18 years) will be given the opportunity to provide feedback on important matters which affect them.

CUPPA AFTER MASS

Please join us for a cup of tea or coffee after Mass today. Everyone most welcome.

THREE DAY SILENT RETREAT - OCTOBER

Becoming...Ignatian Heart Spirituality

This silent directed retreat offers the opportunity to Rest, Reflect, Restore and Re-imagine the way ahead. To be held from 3.00pm Monday, October 24 to 2.00pm Thursday, October 27 at Sevenhill Retreat Centre, College Road, Sevenhill. For enquiries and bookings contact Stephanie Brabin - 0413 083 976, Stephanie.brabin@internode.on.net or Chris McCabe - 0439 901 019, chris.mccabe08@gmail.com.



"First we insert a balloon to open the clogged artery, then we fill the balloon with helium so you weigh less."



Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

A BIBLICAL FORMULA FOR FORGIVENESS

Nothing is as important as forgiveness. It is the key to happiness and the most important spiritual imperative in our lives. We need to forgive, to make peace with the hurts and injustices we have suffered so as not to die angry and bitter. Before we die, we need to forgive – others, ourselves, and God, for what happened to us in this life.

But, that isn't easy to do; indeed, sometimes it is impossible to do. That needs to be said because today there is a lot of well-intended literature around, in every kind of circle, which gives the impression that forgiveness is simply a question of willing it and moving on. *Let it go and move on!*

It doesn't work that way, as we all know. Wounds to the soul take time, a long time, to heal, and the process is excruciatingly slow, something that cannot be rushed. Indeed, the trauma from an emotional wound often affects our physical health. Healing takes time.

In looking at the question of healing and forgiveness, we can get a long-neglected, valuable insight from the Jewish and Christian spirituality of the Sabbath. Keeping the Sabbath holy isn't just about honoring a certain day of the week; it's also a formula for forgiveness. Here's how it works.

The theology and spirituality of Sabbath teach us that God created the world in six days and then rested on the seventh day, the *Sabbath*. Moreover, not only did God rest on the Sabbath, God declared this a day of rest for everyone forever, and with that God set up a certain rhythm for our lives. That rhythm is supposed to work this way:

- *We work for six days, then rest for one day.*
- *We work for seven times seven years, forty-nine years, then have a jubilee where the world itself goes on sabbatical.*
- *We work for seven years, then rest for one year (a sabbatical).*

- *We work for a lifetime, then enjoy an eternity of sabbatical.*

Now, that rhythm is also intended as the rhythm for how we move towards forgiveness:

- *We can hold a mini-grudge for seven days, but then we need to give it up.*
- *We can hold a major grudge for seven years, but then we need to give it up. (The "statute of limitations" is based on this.)*
- *We can hold a massive soul-searing wound for forty-nine years, but then we need to give it up.*
- *We can hold a massive soul-shattering wound until our deathbed, but then we need to give it up.*

This highlights something which is too often absent in therapeutic and spiritual circles today, namely, that we need time to be able to forgive, and that the length of time needed is contingent upon the depth of the hurt. Thus, for example:

- When we are slighted by a colleague at a meeting, we need a little time to sulk about that injustice, but normally a few days can help put it into perspective and enable us to let it go.
- When we are coldly terminated at a job by an unfair employer, seven days or seven weeks will often not be enough time for us to put this into a larger perspective, to let it go, and to forgive. Seven years is a more realistic timeframe. (Note that the "statute of limitations" vis-a-vis this biblical insight.)
- There are traumas we suffer which leave far deeper wounds than those left by an unfair employer who treated us unfairly. There are wounds we suffer from abuse, neglect, and years of injustice that need more than seven years to process. It may take forty-nine years, half a century, to make peace with the fact that we were bullied as children or were emotionally or sexually abused in our youth.
- There are wounds so deep and traumatic that it is only on our

deathbeds that we can make peace with the fact that they happened to us, let them go, and forgive the person or persons responsible for them.

- Finally, there can be wounds that are too deep, too disempowering, and too painful to ever process in this life. For them, thankfully we have the merciful healing embrace of God after death.

The ability to forgive is more contingent upon grace than upon willpower. *To err is human, but to forgive is divine.* This little slogan contains a deeper truth than is immediately evident. What makes forgiveness so difficult, existentially impossible at times, is not primarily that our egos are bruised and wounded. Rather, the real difficulty is that a wound to the soul works the same as a wound to the body; it strips us of our strength.

This is particularly true for those soul-searing and soul-shattering traumas that take forty-nine years or a lifetime to heal, or sometimes can never be healed in this lifetime. Wounds of this kind radically disempower us, particularly towards the person who did this to us, making it very difficult for us to forgive.

We need a spirituality of Sabbath to help us.

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com



COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 07/09/22)



- If you have tested positive for COVID-19 please follow the instructions as per SA Health in terms of contact tracing and isolating yourself as per government health protocols. Please stay home and do not attend church services until you have fully recovered.
- The density requirement has been updated to full capacity in all churches and also includes funerals and weddings.
- Wearing of face-masks in Church is strongly recommended by the Archbishop.
- Sick and high risk/vulnerable people are requested to stay home and not attend services.
- Hand sanitiser is available at church entrances.
- Communion is given only in hands. Precious Blood will not be distributed.
- Holy Water is not available at the doors of churches.
- Procession of gifts has resumed.
- Collection plates are to be passed around with minimum contact

DID YOU KNOW?

- Tax-collectors were regarded as outcasts because they were employed by the Romans to collect taxes from the people. They also had a reputation for skimming a profit for themselves off the top.
- Pharisees were very concerned with ritual purity. Eating with sinners could lead one to becoming 'unclean' and thus defiled and unable to observe the Law and participate in the ritual life of Israel.
- A drachma was a Greek coin. Its name derives from the word for 'to grasp'. It was worth about the same as a Roman denarius.
- These parables are about God's search for us, rather than our search for God.

(Continued from page 1)

And when he found it, would he not joyfully take it on his shoulders and then, when he got home, call together his friends and neighbours?

"Rejoice with me," he would say "I have found my sheep that was lost." In the same way, I tell you, there will be more rejoicing in heaven over one repentant sinner than over ninety-nine virtuous men who have no need of repentance.

'Or again, what woman with ten drachmas would not, if she lost one, light a lamp and sweep out the house and search thoroughly till she found it? And then, when she had found it, call together her friends and neighbours? "Rejoice with me," she would say "I have found the drachma I lost." In the same way, I tell you, there is rejoicing among the angels of God over one repentant sinner.'

He also said, 'A man had two sons. The younger said to his father, "Father, let me have the share of the estate that would come to me." So the father divided the property between them. A few days later, the younger son got together everything he had and left for a distant country where he squandered his money on a life of debauchery.

'When he had spent it all, that country experienced a severe famine, and now he began to feel the pinch, so he hired himself out to one of the local inhabitants who put him on his farm to feed the pigs. And he would willingly have filled his belly with the husks the pigs were eating but no one offered him anything. Then he came to his senses and said, "How many of my father's paid servants have more food than they want, and here am I dying of hunger! I will leave this place and go to my father and say: Father, I have sinned against heaven and against you; I no longer deserve to be called your son; treat me as one of your paid servants." So he left the place and went back to his father.

'While he was still a long way off, his father saw him and was moved with pity. He ran to the boy, clasped him in his arms and kissed him tenderly. Then his son said, "Father, I have sinned against heaven and against you. I no longer deserve to be called your son." But the father said to his servants,

"Quick! Bring out the best robe and put it on him; put a ring on his finger and sandals on his feet. Bring the calf we have been fattening, and kill it; we are going to have a feast, a celebration, because this son of mine was dead and has come back to life; he was lost and is found." And they began to celebrate.

'Now the elder son was out in the fields, and on his way back, as he drew near the house, he could hear music and dancing. Calling one of the servants he asked what it was all about. "Your brother has come" replied the servant "and your father has killed the calf we had fattened because he has got him back safe and sound." He was angry then and refused to go in, and his father came out to plead with him; but he answered his father, "Look, all these years I have slaved for you and never once disobeyed your orders, yet you never offered me so much as a kid for me to celebrate with my friends. But, for this son of yours, when he comes back after swallowing up your property – he and his women – you kill the calf we had been fattening."

'The father said, "My son, you are with me always and all I have is yours. But it was only right we should celebrate and rejoice, because your brother here was dead and has come to life; he was lost and is found."

THIS WEEK'S READINGS

(12 - 18 September)

- **Monday, 12:** Weekday, Ord Time 24 (1 Cor 11:17-26, 33; Lk 7:1-10)
- **Tuesday, 13:** St John Chrysostom (1 Cor 12:12-14, 27-31; Lk 7:11-17)
- **Wednesday, 14:** The Exaltation of the Holy Cross (Num 21:4-9; Jn 3:13-17)
- **Thursday, 15:** Our Lady of Sorrows (Heb 5:7-9; Jn 19:25-27)
- **Friday, 16:** Sts Cornelius and Cyprian (1 Cor 15:12-20; Lk 8:1-3)
- **Saturday, 17:** Weekday, Ord Time 24 (1 Cor 15:35-37, 42-49; Lk 8:4-15)
- **Sunday 18:** 25th SUNDAY in ORDINARY TIME (Amos 8:4-7; 1 Tim 2:1-8; Lk 16:1-13)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955