

Your faith  
has made  
you well.



Welcome to

# Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

**TWENTY-EIGHTH SUNDAY IN ORDINARY TIME - YEAR C**

**Vol 10 : No 47**

## **KANGAROO ISLAND CATHOLIC PARISH**

Parish House: 22 Giles Street,  
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Phone: 8553 2132

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## **ADELAIDE CATHEDRAL PARISH**

39 Wakefield St, ADELAIDE 5000  
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## **PARISH TEAM CONTACTS**

### **PARISH ADMINISTRATOR**

Fr Anthoni Adimai

Phone: (08) 8210 8155

### **PARISH PASTORAL COUNCIL**

Mr Peter Clark (8559 5131)

### **FINANCE**

Mrs Helen Mumford (0408 367 009

or [kimumford@bigpond.com](mailto:kimumford@bigpond.com))

### **PARISH NEWSLETTER**

Mrs Wendy Bennett (0475 894 755

[wendygbenett@icloud.com](mailto:wendygbenett@icloud.com))

(All items for the newsletter must be  
received no later than Tuesday  
evening.)

## **CHILD PROTECTION**

We are a Child Safe Organisation  
which is committed to the care, well-  
being and protection of children and  
young people.

Mrs Helen Mumford

(KI contact - 0408 367 009)

Child Protection Unit 8210 8159

## **WEEKEND MASSES**

Kingscote at 9.30am

## **CONFESSION**

Kingscote at 9.00am

(prior to Mass)

## **PRAYERS FOR HEALING**

Prayers for Healing and Renewal in  
the Church - Thursdays at 9.00am

## **FIRST READING**

*2 Kings 5:14-17*

Naaman the leper went down and  
immersed himself seven times in the  
Jordan, as Elisha had told him to do.  
And his flesh became clean once  
more like the flesh of a little child.

Returning to Elisha with his whole  
escort, he went in and stood before  
him. 'Now I know' he said 'that  
there is no God in all the earth  
except in Israel. Now, please, accept  
a present from your servant.' But  
Elisha replied, 'As the Lord lives,  
whom I serve, I will accept  
nothing.' Naaman pressed him to  
accept, but he refused. Then  
Naaman said, 'Since your answer is  
"No," allow your servant to be given  
as much earth as two mules may  
carry, because your servant will no  
longer offer holocaust or sacrifice to  
any god except the Lord.'

## **RESPONSORIAL PSALM**

*Psalm 97:1-4*

*The Lord has revealed to the nations  
his saving power.*

## **SECOND READING**

*2 Timothy 2:8-13*

Remember the Good News that I  
carry, 'Jesus Christ risen from the  
dead, sprung from the race of  
David'; it is on account of this that I  
have my own hardships to bear, even  
to being chained like a criminal –  
but they cannot chain up God's  
news. So I bear it all for the sake of  
those who are chosen, so that in the  
end they may have the salvation that  
is in Christ Jesus and the eternal  
glory that comes with it.

Here is a saying that you can rely on:  
If we have died with him, then we  
shall live with him.

If we hold firm, then we shall reign  
with him.

If we disown him, then he will  
disown us.

We may be unfaithful, but he is  
always faithful, for he cannot  
disown his own self.



## **GOSPEL ACCLAMATION**

*1 Thess 5:18*

*Alleluia, alleluia!*

*For all things give thanks to God,  
because this is what he expects of  
you in Christ Jesus.*

*Alleluia!*

## **GOSPEL**

*Luke 17:11-19*

On the way to Jerusalem Jesus  
travelled along the border between  
Samaria and Galilee. As he entered  
one of the villages, ten lepers came  
to meet him. They stood some way  
off and called to him, 'Jesus!  
Master! Take pity on us.' When he  
saw them he said, 'Go and show  
yourselves to the priests.'

Now as they were going away they  
were cleansed.

Finding himself cured, one of them  
turned back praising God at the top  
of his voice and threw himself at the  
feet of Jesus and thanked him. The  
man was a Samaritan. This made  
Jesus say, 'Were not all ten made  
clean? The other nine, where are  
they? It seems that no one has come  
back to give praise to God, except  
this foreigner.'

*(Continued page 4)*



# Bulletin Board

## PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

**Sick:** Sue Semmler, Stephanie Langridge, Joelle Davidson and Carmel Northcott

**October anniversaries:** Murray Brook, Leo Clark, William Commerford, Trish Dennes, Clifford Dow, Barry Dunn, Leo Dunn, Katarina Faist, James Gibbs, Mary Alice Gibbs, Rosie Grace, Harry Hughes, Thomas Hughes, Kath Hutton, Licci Longzaer, Philis Lorimer, John Lowry, Winifred Lydon, Mary Morrissey, Noel Perkins, Harry Rich, Alf Rombout, Betty Walsh, Bernard Williams, Ethel Willson, Joan Wilson. *Please pray for all the faithful departed and all our sick parishioners, relatives and friends.*

## PARISH ROSTERS

	Comm	Reader	Cleaning
9/10	M Slagtar	A Clark	C Berden
16/10	S Semmler	W Bennett	C Berden
23/10	M Glynn	L Grant	A Bevan
30/10	A Clark	K Hammat	A Bevan

## PRIEST ROSTER

*(Often this roster changes if something unforeseen crops up)*

9/10	Fr My Tran
16/10	Fr Matthew Newman
23/10	Fr Anthoni Adminai
30/10	TBA
6/11	Fr John Shanahan

## CATHOLIC WOMEN'S GUILD

There will be Catholic Women's Guild Meeting in the Parish House on Monday Oct 24 at 9.30am or after Mass, if Fr Anthoni is with us.

## NOVEMBER RETREAT

Payment for the Retreat is due on Sunday 16 October.

## CUPPA AFTER MASS

Please join us for a cup of tea or coffee after Mass today. Everyone most welcome.

## OCTOBER IS MISSION MONTH

Malnutrition is a challenge many families face in Ethiopia, especially those with babies and young children. In two weeks' time, you will learn about Neela and her son Ajani, and how families like theirs can be supported through a new Church-run community program.

This is an opportunity to partner with a life-giving mission program – your prayers and generosity are crucial in ensuring this program can even begin.

This is also a great way to commit to being witnesses of Jesus Christ.

## WEEKLY CONTRIBUTIONS

For those of you who wish to make your weekly contributions to the first and second collections by direct debit, these are the banking details for each.

1st Collection:  
BSB 085 005  
A/c No 585353994  
Reference: K Island or 765

2nd Collection:  
BSB 085 005  
A/c No 918111484  
Reference: Your name

Thank you for your ongoing support of our Priests and Parish facilities.

## MASS FOR THE UNBORN CHILD

Brighton Catholic Parish will be celebrating a Mass for the Unborn Child this year. This Mass is for those suffering who have lost a child either through miscarriage, stillbirth or abortion. We feel that sometimes we overlook these people and this Mass is our way of letting them know that the Church has not forgotten them. We will also be praying for those children who have lost their lives to accidents or illness. The Mass will be celebrated at St Joseph's Catholic Church, 24 Strathmore Terrace, Brighton on Saturday 15 October at 10.00am.

## BACKGROUND ON THE GOSPEL READING

Today we hear about how Jesus, continuing on his journey to Jerusalem, heals 10 lepers. This story is a lesson about faith and reminds us that faith is sometimes found in unlikely places. Ten people afflicted with leprosy cry out to Jesus. Struck with pity, Jesus heals all ten. However, only one is described as glorifying God and returning to thank Jesus. The one who returns is a Samaritan, a foreigner. In the Jewish circles in which Jesus lived,

Samaritans were looked down upon because of the differences between the two communities in their observance of Judaism. It is significant, therefore, that Jesus commends the Samaritan for his faith, which has been his salvation. Throughout Luke's Gospel, faith is found in surprising places.

Another lesson for us in this Gospel has to do with salvation. All ten of the lepers were given the gift of healing, but in his gratitude to God for this gift, the Samaritan found salvation. Our salvation is found in recognizing the gifts we have been given and knowing to whom we must offer our thanks. *Loyola Press*

## THREE DAY SILENT RETREAT - OCTOBER

Becoming... Ignatian Heart Spirituality: This silent directed retreat offers the opportunity to Rest, Reflect, Restore and Re-imagine the way ahead. To be held from 3.00pm Monday October 24 to 2.00pm Thursday October 27 at Sevenhill Retreat Centre, College Road, Sevenhill.

For enquiries and bookings contact Stephanie Brabin (0413 083 976, [stephanie.brabin@internode.on.net](mailto:stephanie.brabin@internode.on.net)) or Chris McCabe (0439 901 019, [chris.mccabe08@gmail.com](mailto:chris.mccabe08@gmail.com)).

## DATES

23 Oct	World Mission Day Appeal
1 Nov	All Saints Day
2 Nov	All Souls Day
27 Nov	First Sunday of Advent
4 Dec	Second Sunday of Advent
11 Dec	Third Sunday of Advent
13 Dec	Vinnies Christmas Appeal
18 Dec	Fourth Sunday of Advent
25 Dec	Christmas Day
25 Dec	Aboriginal Ministry Appeal

## BRING HOPE TO NEELA AND HER FAMILY

Malnutrition is a challenge many families face in Ethiopia, especially those with babies and young children. In two weeks' time, you will learn about Neela\* and her son Ajani\*, and how families like theirs can be supported through a new Church-run community program.

This is an opportunity to partner with a life-giving mission program – your prayers and generosity are crucial in ensuring this program can even begin.

This is also a great way to commit to being witnesses of Jesus Christ, as He has called us to be in Acts 1:8.

\*Name altered to protect identity



Freecall: 1800 257 296  
[catholicmission.org.au/ethiopia](http://catholicmission.org.au/ethiopia)





## Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

### WRITING YOUR OWN OBITUARY

There comes a time in life when it's time to stop writing your resume and begin to write your obituary. I'm not sure who first coined that line, but there's wisdom in it.

What's the difference between a resume and an obituary? Well, the former details your achievements, the latter expresses how you want to be remembered and what kind of oxygen and blessing you want to leave behind. But, how exactly do you write an obituary so that it's not, in effect, just another version of your resume? Here's a suggestion.

There's a custom in Judaism where as an adult you make out a spiritual will each year. Originally, this will was more in line with the type of will we typically make, where the focus is on burial instructions, on who gets what when we die, and on how to legally and practically tie up the unfinished details of our lives. Through time, however, this evolved so that today this will is focused more on a review of your life, the highlighting of what's been most precious in your life, the honest expression of regrets and apologies, and the blessing, by name, of those persons to whom you want to say a special goodbye. The will is reviewed and renewed each year so that it is always current, and it's read aloud at your funeral as the final words you want to leave behind for your loved ones.

This can be a very helpful exercise for each of us to do, except that such a will is not done in a lawyer's office, but in prayer, perhaps with a spiritual director, a counsellor, or a confessor helping us. Very practically, what might go into a spiritual will of this sort?

If you are looking for help in doing this, I recommend the work and the writings of Richard Groves, the co-founder of the *Sacred Art of Living Center*. He has been working in the field of end-of-life spirituality for more than thirty years and offers some very helpful guidance vis-à-vis creating a spiritual will and renewing it regularly. It focus on three questions.

*First: What, in life, did God want me to do? Did I do it?* All of us have some sense of having a vocation, of having a purpose for being in this world, of having been given some task to fulfill in life. Perhaps we might only be dimly aware of this, but, at some level of soul, all of us sense a certain duty and purpose. The first task in a spiritual will is to try to come to grips with that. What did God want me to do in this life? How well or poorly have I been doing it?

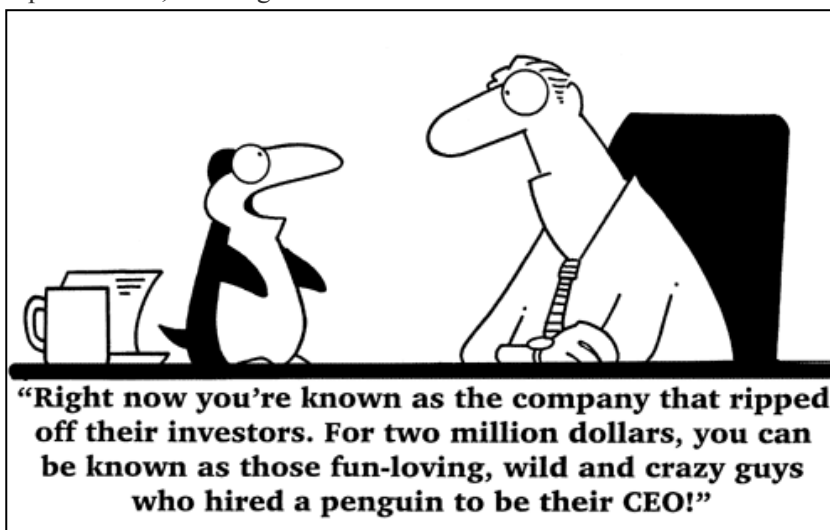
*Second: To whom do I need to say, "I'm sorry"? What are my regrets?* Just as others have hurt us, we have hurt others. Unless we die very young, all of us have made mistakes, hurt others, and done things we regret. A spiritual will is meant to address this with searing honesty and deep contrition. We are never more big-hearted, noble, prayerful, and deserving of respect than when we are down on our knees sincerely recognizing our weaknesses, apologizing, asking where we need to make amends.

*Third: Who, very specifically, by name, do I want to bless before I die and gift with some special oxygen?* We are most like God (infusing divine energy into life) when we are admiring others, affirming them, and offering them whatever we can from our own lives as a help to them in theirs. Our task is to do this for everyone, but we cannot do this for everyone, individually, by name. In a spiritual will, we are given the

chance to name those people we most want to bless. When the prophet Elijah was dying, his servant, Elisha, begged him to leave him "a double portion" of his spirit. When we die, we're meant to leave our spirit behind as sustenance for everyone; but there are some people, whom we want to name, to whom we want to leave a double portion. In this will, we name those people.

In a wonderfully challenging book, *The Four Things That Matter Most*, Ira Byock, a medical doctor who works with the dying, submits that there are four things we need to say to our loved ones before we die: "Please forgive me," "I forgive you," "Thank you," and "I love you." He's right; but, given the contingencies, tensions, wounds, heartaches, and ups and downs within our relationships, even with those we love dearly, it isn't always easy (or sometimes even existentially possible) to say those words clearly, without any equivocation. A spiritual will gives us the chance to say them from a place that we can create which is beyond the tensions that generally cloud our relationships and prevent us from speaking clearly, so that at our funeral, after the eulogy, we will have no unfinished business with those we have left behind.

You can read, or download, Ron Rolheiser's weekly columns from his website at: [www.ronrolheiser.com](http://www.ronrolheiser.com)



## COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 06/10/22)



- If you have tested positive for COVID-19 please follow the instructions as per SA Health in terms of contact tracing and isolating yourself as per government health protocols. Please stay home and do not attend church services until you have fully recovered.
- The density requirement has been updated to full capacity in all churches and also includes funerals and weddings.
- Wearing of face-masks in Church is strongly recommended.
- Sick and high risk/vulnerable people are requested to stay home and not attend services.
- Hand sanitiser is available at church entrances.
- Communion is given only in hands. Precious Blood will not be distributed.
- Holy Water is not available at the doors of churches.
- Procession of gifts has resumed.
- Collection plates are to be passed around with minimum contact

### DID YOU KNOW?

- The term 'leper' in the biblical material probably referred to people who were suffering from a variety of skin disorders.
- Under Jewish Law, lepers were ostracised and forced to live outside the city limits. It was thought that they would contaminate others in both a physical and religious sense.
- Leprosy was seen as a punishment for sin, therefore lepers were moral outcasts as well as physical outcasts.
- When a leper was 'cured', certain purification rites were performed by the priests (Lev 14). It was only after purification that lepers could again come into contact with friends and relations and once again take part in the religious life of Israel.

(Continued from page 1)

And he said to the man, 'Stand up and go on your way. Your faith has saved you.'

### LIFE WITHOUT CHAINS

Luke loves this kind of story. Jesus straddles the border between Samaria and Galilee when he heals some folks. This means we don't know how many in this leper band were Jews, how many were foreigners. But we do know only one Samaritan shows gratitude. Luke celebrates the unlikely hero: foreigners, sinners, women, the poor. A Samaritan leper inhabited the near bottom of the social barrel to the crowds around Jesus. (The only person lower would have been a poor Samaritan female leper!)

It's intriguing to note these ten travelled together as lepers: the distance between Jew and Samaritan dissolved by their common affliction. Once healed, would these ten even speak to each other on the street across the chasm of ethnic identity? That's why Jesus commends the faith – the faith – of the Samaritan. Because faith in Jesus' eyes isn't about group identity or religious systems. It's about knowing divine grace when you receive it. The Samaritan, who will be despised by all tomorrow, walks away free with salvation in his pocket. The other nine, cleansed of leprosy, will still wear their chains.

How many people do you recognise outside of your religious systems who obviously enjoy a state of grace?  
*GPBS eNews*

### PASS IT ON

The portion at the restaurant was too large, even for me, so I asked for the proverbial "doggie" bag. Walking to the car with that uncomfortable feeling that I had eaten too much, I was stopped by a man sitting on the steps of a building. "Do you have five dollars? I'm really hungry". My first response was anger. "Now they are asking for a minimum amount," I thought. Then realising how stuffed I

felt, I guiltily gave him the five dollars. But that didn't make me feel better. So, I turned back and handed him the doggie bag. "If you like pasta with chickpeas, here's a start to your dinner".

His face lit up as he announced that chickpeas were his favourite food. As I turned to walk away he called me back and handed me the five dollar note. He thanked me for the pasta and suggested I give the money to the guy going through the garbage bin on the corner. Ironically, I found myself thanking him. And I gave the money to the surprised guy at the corner. By the time I got to my car I was no less full, but I felt a little better. I had learned a lesson in generosity from a guy sitting on a step.

Saying thanks for what God gives us is not enough. The best way to show gratitude is to share with others. That night I gave from my excess. But the grateful beggar gave what had just been given to him. In that simple act, he benefited, the man searching through the garbage benefited, and for certain, I benefited. Like the leper in this week's Gospel, let us show our gratitude to God with our generosity toward others.  
*GPBS eNews*

### THIS WEEK'S READINGS

(10 - 16 October)

- **Monday, 10:** Weekday, Ord Time 28 (Gal 4:22-24, 26-27, 31 - 5:1; Lk 11:29-32)
- **Tuesday, 11:** Weekday, Ord Time 28 (Gal 5:1-6; Lk 11:37-41)
- **Wednesday, 12:** Weekday, Ord Time 28 (Gal 5:18-25; Lk 11:42-46)
- **Thursday, 13:** Weekday, Ord Time 28 (Eph 1:1-10; Lk 11:47-54)
- **Friday, 14:** Weekday, Ord Time 28 (Eph 1:11-14; Lk 10:1-9)
- **Saturday, 15:** St Teresa of Jesus (Eph 1:15-23; Lk 12:8-12)
- **Sunday 16:** 29<sup>th</sup> SUNDAY in ORDINARY TIME (Ex 17:8-13; 2 Tim 3:14 - 4:2; Lk 18:1-8)

### PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955