



Come to me
and I
will
give
you
rest.

Welcome to

Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

14th SUNDAY IN ORDINARY TIME - YEAR A

Vol 11 : No 33

KANGAROO ISLAND CATHOLIC PARISH

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Phone: (08) 8210 8155

PARISH PASTORAL COUNCIL
Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009
or kimumford@bigpond.com)

PARISH NEWSLETTER

Mrs Wendy Bennett (0475 894 755
wendygbenett@icloud.com)

(All items for the newsletter must be
received no later than Tuesday
evening.)

CHILD PROTECTION

We are a Child Safe Organisation
which is committed to the care, well-
being and protection of children and
young people.

Mrs Helen Mumford

(KI contact - 0408 367 009)

Child Protection Unit 8210 8159

WEEKEND MASSES

Kingscote at 9.30am

CONFESSION

Kingscote at 9.00am
(prior to Mass)

PRAYERS FOR HEALING

Prayers for Healing and Renewal in
the Church - Thursdays at 9.00am



FIRST READING

Zechariah 9:9-10

The Lord says this:

Rejoice heart and soul, daughter of
Zion! Shout with gladness, daughter
of Jerusalem! See now, your king
comes to you; he is victorious, he is
triumphant, humble and riding on a
donkey, on a colt, the foal of a
donkey. He will banish chariots
from Ephraim and horses from
Jerusalem; the bow of war will be
banished. He will proclaim peace
for the nations.

His empire shall stretch from sea to
sea, from the River to the ends of
the earth.

RESPONSORIAL PSALM

Ps 144:1-2, 8-11, 13-14

*I will praise your name for ever,
my king and my God.*

SECOND READING

Romans 8:9,11-13

Your interests are not in the
unspiritual, but in the spiritual, since
the Spirit of God has made his home
in you. In fact, unless you possessed
the Spirit of Christ you would not
belong to him, and if the Spirit of him
who raised Jesus from the dead is
living in you, then he who raised

Jesus from the dead will give life to
your own mortal bodies through his
Spirit living in you.

So then, my brothers, there is no
necessity for us to obey our
unspiritual selves or to live unspiritual
lives. If you do live in that way, you
are doomed to die; but if by the Spirit
you put an end to the misdeeds of the
body you will live.

GOSPEL ACCLAMATION

Mt 11:25

Alleluia, alleluia!

*Blessed are you, Father, Lord of
heaven and earth, you have revealed
to little ones the mysteries of the
kingdom. Alleluia!*

GOSPEL

Matthew 11:25-30

Jesus exclaimed, 'I bless you, Father,
Lord of heaven and of earth, for
hiding these things from the learned
and the clever and revealing them to
mere children. Yes, Father, for that is
what it pleased you to do. Everything
has been entrusted to me by my
Father; and no one knows the Son
except the Father, just as no one
knows the Father except the Son and
those to whom the Son chooses to
reveal him.

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Bulletin Board

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Sick: Stephanie Langridge, Carmen Northcott, Joella Davidson

July anniversaries: Alma Adams, Eadie Adams, Sid Adams, Peg Anderson, Lill Buick, Phil Connell, John Connell, Henry Dravitzki, Leon Fahey, Paul Glynn, Joyce Grant, Mick Grant, Bill Higgins, Monica Hughes, Barry Jamieson, Judith Jeffs, Damian Howard, Leigh McDonald, Kym Moses, Cameron Muirhead, Ron Mumford, Alexander Nash, Alice O'Neill, Alice O'Driscoll, Jill Perkins, Charles Reynolds, Nora Ridge, Johnny Tully, John Walsh, Tony Walker, Robyn Williams.

Please pray for all the faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ.

PARISH ROSTERS

	Comm	Reader	Cleaning
9/7	M Glynn	K Hammat	A Bevan
16/7	S Semler	A Clark	A Bevan
23/7	M Glynn	L Grant	C Brinkley
30/7	A Clark	H Mumford	C Brinkley
6/8	L Grant	S Semler	A Clark
13/8	M Glynn	M Slageter	A Clark

PRIEST ROSTER

(Often this roster changes if something unforeseen crops up)

9/7 Fr Chris Ford

WEEKLY CONTRIBUTIONS

For those of you who wish to make your weekly contributions to the first and second collections by direct debit, these are the banking details for each.

1st Collection:
BSB 085 005
A/c No 585353994
Reference: K Island or 765

2nd Collection:
BSB 085 005
A/c No 918111484
Reference: Your name

LITURGY OF THE WORD

Dr Jenny O'Brien, Liturgy Educator for the Archdiocese recently taught that a short silence at the end of the First Reading and the Second Reading is an essential part of the Liturgy of the Word. During this short silence we are meant to listen

inwardly to what God's Word may be saying to us personally. Accordingly, we will be practicing of these silences.

SPECIAL COLLECTION - NATSICC

There will be a Special Collection next weekend for this appeal. The National Aboriginal and Torres Strait Island Catholic Council Appeal supports Aboriginal Catholic Ministry in South Australia.

BIBLE LANDS STUDY TOUR 5 - 21 JANUARY 2024

Rev Dr Michael Trainor, Senior Lecture in Biblical Studies at ACU, conducts Bible Lands Study Tours that are endorsed by the Catholic Archdiocese of Adelaide, and has done so yearly for over 25 years.

Generally, the tours are conducted over the December/January period – departing just after Christmas and touring for 3-4 weeks on average. However, due to COVID of course, tours have been put on hold. The last big tour was December 2019 / January 2020.

"It is always a privilege to journey with people of faith and contemporary followers of Jesus. If you are reflective on your journey of faith, this study tour is for you.

This pilgrimage which travels first to Turkey and then to Jordan is designed to enable contemporary disciples to realise their own call to discipleship.

Further, you will appreciate the lengths to which the first generation of Jesus members went to spread their conviction of the Gospel message centred on Jesus of Nazareth. Turkey was the main focus of Paul's journeys to engage the story of Jesus in a culture different from the Jewish world. Luke's Acts of the Gospel and the last book of the Bible, the Book of Revelation, capture this.

Our time in Jordan will further enhance this appreciation. It was the earliest place for spreading the Gospel outside Israel. Here we shall encounter a rich culture accommodating the story of Jesus for a different place.

If you join us for this January Bible study tour, you will journey to two lands that are most welcoming of contemporary Jesus questers.

You will also come away with a new appreciation for the early Jesus

movement, a deeper insight into the New Testament and a deeper affirmation of your own desire for discipleship." Rev Dr Michael Trainor

If anyone is interested and would like more information, please contact Amanda Davies (1300 790 663 or mice@pht.com.au).

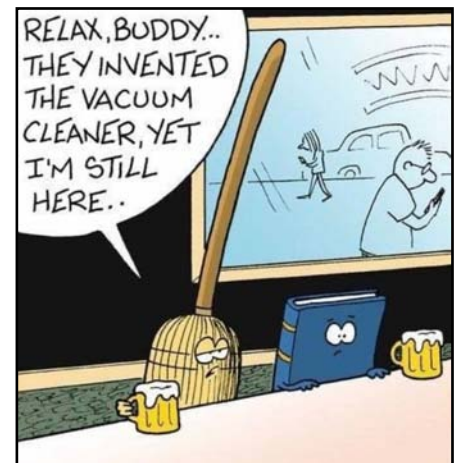
WEEKEND RETREAT AT THE MONASTERY

A Retreat will be led by Fr Denis Travers on Friday evening and Saturday of August 11 - 12. The retreat theme is: Jesus the healing compassion of God. The input and prayer times will explore Jesus as the revelation of God's deep desire to respond to our pain and bring us to wholeness at every level of our lives and our world.

The Retreat begins on Friday evening and concludes Saturday afternoon. \$170 includes all meals and accommodation for the retreat, (limited ensuite rooms available for \$200). Please contact the office to book on 8338 8700 or conference@themonastery.net.au All are welcome to join us.

DATES

- 9 Jul NATSICC Appeal
- 24 Jul First day School term 3
- 8 Aug St Mary of the Cross feast
- 13 Aug Vocations Appeal
- 15 Aug Assumption
- September Catholic Charities Month
- 3 Sep Fathers' Day
- 29 Sep Last day School term 3
- 2 Oct Labour Day
- 16 Oct First day School term 4
- 22 Oct World Mission Day
- 12 Nov Vinnies Christmas Appeal
- 15 Dec Last day School term 4
- 25 Dec Catholic Charities Appeal





Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

NO LASTING CITY

Scripture tells us that in this life we have no lasting city. True enough. But, it seems, we also don't have a lasting house, school, neighborhood, town, zip code address, or most anything else. Eventually nothing lasts.

Perhaps my case isn't typical, but a lot of things in my life haven't lasted. My grandparents were immigrants, Russian-Germans, moving to the Canadian prairies and being among the first farmers to break the soil there at the beginning of the 1900s. They were young, so too was life then on the prairies, and their generation planted new farms, schools, towns, and cities across the great plains of Canada and the USA. I was born into the second generation of all that – but just as urbanization and other changes were already beginning to cause the disappearance of a lot of what they had built.

So, here's my story of having no lasting city: The elementary school I went to closed after I'd finished the sixth grade. We were bused to a bigger centralized school and our old school building was carted away. Nothing remains today to indicate there once was a school there. The new school I attended closed several years after I'd graduated. The building itself was razed and today the entire former campus is part of a farmer's field with only a small plaque to indicate there once was vibrant life there, with hundreds of young voices filling the air with energy. That school was a couple of miles out of a small town and that town itself has now completely disappeared, without a single building left.

I went from high school to an Oblate novitiate house situated in the heart of the Qu'Appelle valley, a beautiful stately building on a lake. Several years after I'd graduated from there, the building was sold and soon afterwards was destroyed in a fire. Only an empty stretch of prairie sits there now. From there, I moved to another seminary, a magnificent old

building (formerly the Government House for the Northwest Territories) and spent six wonderful years there. Again, several years after I'd graduated, the building was abandoned, and it too was eventually destroyed by a fire.

From there I moved to Newman Theological College in Edmonton where I spent the next fifteen years. Newman College had a beautiful campus on the outskirts of the city, but several years after I'd left, the campus was expropriated by the city to build a ring road and all its buildings were razed. From there, I moved to a wonderfully homey building, the Oblate Provincial residence in Saskatoon. Several years later, after I'd moved out, that building too was razed and nothing remains where it once stood. And, while all this was happening, the little town to which our family was connected (for mail, for groceries, for services, for identity) became a ghost town with no inhabitants, all its buildings shuttered.

Eventually, I moved to Oblate School of Theology in Texas to live in a welcoming little house designated for the president of the school. However, after a few years, the land it was on was needed for a new seminary and that house too was razed. Finally, most painful of all, two years ago, our family house, our home for more than 70 years, was sold and the new owners (sensitive enough to ask our family's permission to do so) burned the old house to the ground.

That's a lot of roots disappearing: my elementary school, my high school, the town our family was connected to, both seminaries from which I graduated, the college where I first taught, both Oblate houses I'd spent wonderful years within, and the family house – all gone, razed to the ground, nothing left to go back to.

What does that do to you? Well, there's nostalgia, yes. How I would again love to walk into any of those buildings, feel what they once meant to me, and bask in memories. None of that can

happen. Each of these is a mini death, leaving a part of my soul rootless. On the other hand, more positively, all that unwanted letting go is helping prepare me for an ultimate letting go, when I will be facing my own death, and not just some haunting nostalgia.

As well, this has taught me something else of substance. Buildings and houses may disappear, but home is not contingent on them.

Rene Fumoleau, a poet among the Dene tribes, shares how he once visited a family the day after their house had been destroyed by fire and had this conversation with a young girl:

"The next day I visited the burned out family. What could I say after such a tragedy?"

I tried with the ten-year old daughter: 'Joan, you must feel terrible without home.'

The young girl knew better: 'Oh, we still have our home, but we have no house to put on it.' "

(Home – Here I Sit) Yes, we can still have a home even without our former house on it.

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com



COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 06/07/23)



- If you have tested positive for COVID-19 please stay home and do not attend church services until you have fully recovered.
- Sick and high risk/vulnerable people are requested to stay home.
- Hand sanitiser is available at church entrances.
- Communion is given only in hands.
- Procession of gifts has resumed.
- Collection plates are to be passed around with minimum contact

DID YOU KNOW?

- The prayer of blessing which Jesus makes in this gospel is known as a *berakah*. It is the basis of Jewish prayers of praise and thanksgiving. In our liturgy we use the *berakah* form just before the Eucharistic Prayer: *Blessed are you, Lord God of all creation. Through your goodness we have this bread and wine to offer ...to which we all respond: Blessed be God forever.*
- A yoke is a piece of agricultural equipment that went around the neck of an ox. It is attached to a plough or a cart that the ox drags along. This method is still used in many parts of the world. The yoke takes the burden of the load which the oxen must pull. It is heavy work.

KIDS' CORNER

A yoke is a big piece of wood that fits across the necks of animals like oxen to help them drag heavy things like wagons and ploughs. Is there something that worries you today and that drags you down? Are there fears that burden you? Jesus invites you to come to him and give him your worries and fears. Whenever we do this, we find that suddenly, our load is lighter. Our hearts are at rest.

(Continued from page 1)

‘Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.’

ALL THIS STUFF

(Matthew 11: 25 - 30)

Consider the last time you struggled with a too-heavy suitcase or had to pack and move your possessions to another address. Compare that with the yoke of Christ: the burden of love we carry in our hearts. Which experience is better, more life-giving, more real?

The yoke of Christ is the mandate to love, even when it means sacrifice, even if it involves suffering. It's not the silly, romantic love that shows up in all the movies, but the day-to-day love of parents for children, the plodding fidelity of spouses, the single-hearted devotion of artists to their craft, the constancy of friends who support us even when the news is bad. It's a mirror of the love God has for us, and when we're faithful in love, we open a window to that greater love for those around us to experience.

Love is a burden; but it's a lovely one to bear. Anyone who has loved, in sickness and in health, for richer for poorer, knows that some burdens are a privilege to carry. If our love is tied up in the things of this world, we'll be dragging that overstuffed suitcase around and wondering why we ache so. If our hearts are free to love others, Christ will carry that love to places we haven't dreamed of.

GIVE ME A BREAK

I have a problem: I struggle to rest. Some people don't get to rest – because they have too much work and too many personal responsibilities. That's often the case with me, too, but even when I know I should take time to rest, or am simply blessed with the opportunity, I have a hard time doing so.

I was even an insomniac for a while – how could I sleep when there was so much I needed to get done? I managed to kick that problem, but I'm still trying to figure out how to slow down, or even do nothing at all. Prayer helps – being quiet and still in conversation with God. I took up knitting, and the repetitiveness is very calming. I got a kitten, who insists I sometimes simply hold her. I tried yoga – also helpful, but there are times in the practice when I am supposed to do nothing but breathe. Impossible, I told the instructor, because I'm not doing anything. We discussed my difficulty. “You know,” she said, “you deserve to be happy”. That's it, isn't it? We're all worthy, by God's grace, of the peace and happiness of rest. We just have to breathe in God's love to experience it!

Ponder: How do you spend your love, on people or things? Are the burdens you carry difficult, or easy? Make a decision to simplify. Be drastic! Give away one-third of what owns you: books, clothes, CDs, money, or some other item that's collected around you. Contemplate what the new space in your life means, and what it's for.

THIS WEEK'S READINGS

(10 - 16 July)

- **Monday, 10:** Weekday, Ordinary Time 14 (Gen 28:10-22; Mt 9:18-26)
- **Tuesday, 11:** St Benedict (Gen 32:23-33; Mt 9:32-38)
- **Wednesday, 12:** Weekday, Ordinary Time 14 (Gen 41:55-57; 42:5-7, 17-24; Mt 10:1-7)
- **Thursday, 13:** Weekday, Ordinary Time 14 (Gen 44:18-21, 23-29; 45:1-5; Mt 10:7-15)
- **Friday, 14:** Weekday, Ordinary Time 14 (Gen 46:1-7, 28-30; Mt 10:16-23)
- **Saturday, 15:** St Bonaventure (Gen 49:29-33; 50:15-26; Mt 10:24-33)
- **Sunday 16:** 15th SUNDAY in ORDINARY TIME (Is 55:10-11; Rom 8:18-23; Mt 13:1-3)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955