



Come to me and I will give you rest.

Welcome to

Kangaroo Island Catholic Community

(Part of the Fleurieu and Kangaroo Island Cluster of Catholic Parishes)

14TH SUNDAY IN ORDINARY TIME - YEAR A

Vol 8 : No 33

KANGAROO ISLAND CATHOLIC PARISH

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PARISH TEAM CONTACTS

PARISH PRIEST

Fr Josy Sebastian (8382 1717; in emergency - 0452 524 169)

Fr Prathap Katta (A/Priest - 8382 1717)

PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009 or kimumford@bigpond.com)

PARISH NEWSLETTER

Mr Peter Clark (8559 5131, paclark@muckra.com.au)

(All items for the newsletter must be received no later than Tuesday evening.)

SPONSORSHIP

KANGAROO ISLAND TRANSFERS (0427 887 575) generously donate transport for our visiting Priests.

CHILD PROTECTION

Child Protection Unit 8210 8159

WEEKEND MASSES

Fr Prathap will be with us for Mass at Kingscote at 9.30am.

With the introduction of Level 3 restrictions (1 person per 2sq.m) we are permitted up to 78 people in our Church, so there will be no need to book in ahead.



FIRST READING

Zechariah 9:9-10

The Lord says this:

Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.

RESPONSORIAL PSALM

Ps 144:1-2, 8-11, 13-14

I will praise your name for ever, my king and my God.

SECOND READING

Romans 8:9,11-13

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no

necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

GOSPEL ACCLAMATION

Mt 11:25

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth, you have revealed to little ones the mysteries of the kingdom. Alleluia!

GOSPEL

Matthew 11:25-30

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do.

Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

Yes, my yoke is easy and my burden light.'

(Continued page 4)

**PLEASE KEEP THESE
PEOPLE IN YOUR PRAYERS**

Sick: Greg Turner, Toni Langridge, Damian Baynes, Charles Gorman, Dalton Baynes, Roy Gatton, Josh Semler

July anniversaries: Alma Adams, Eadie Adams, Sid Adams, Peg Anderson, Lill Buick, Phil Connell, John Connell, Henry Dravitzki, Leon Fahey, Paul Glynn, Joyce Grant, Mick Grant, Bill Higgins, Monica Hughes, Barry Jameison, Judith Jeffs, Leigh McDonald, Kym Moses, Cameron Muirhead, Ron Mumford, Alexander Nash, Alice O'Neill, Alice O'Driscoll, Jill Perkins, Charles Reynolds, Nora Ridge, Johnny Tully, John Walsh, Tony Walker, Robyn Williams and all the faithful departed

Recently deceased: Paul Redden (from Jamestown)

May all our sick parishioners, relatives and friends know the healing love of Christ through our actions and His healing presence.

**COLLECTIONS
DIRECT PAYMENTS**

If you would like to organise your Church donations via bank transfer there are a couple of ways you can go about this.

1. If you bank online, you can set up periodic, direct payments yourself. Again, you will need to do this twice - once for the first collection and again for second.

Acc: Kangaroo Island Catholic Parish
BSB: 085-005
Acc No: 918 111 484
Ref: Your surname, initials and *First* or *General*

2. Periodic regular payments may also be organised with your bank. Take the account details (above) with you and bank staff can set it up for you.

NB: *First* collection is for the support of our Priests and *General* (second at our Masses) is for the support of our Parish. If you need more information or help, please contact Helen Mumford or Peter Clark.



*When you lie on your resumé,
but still get the job.*



KINGSCOTE MASS

Sunday, July 5

Fr Prathap will be with us to celebrate Mass at Kingscote at 9.30am.

With the introduction of Level 3 restrictions (1 person per 2sq.m) we are permitted up to 78 people in our Church, so there will be no need to book in ahead.

However, we are still required to:

- Sign-in on entering the Church
- Continue using hand sanitiser
- Continue regularly wiping surfaces and cleaning our Church
- Encourage those who are unwell to stay home
- Avoid physical greetings: hugs, kisses and handshakes.

The Archdiocese recommends that those who are at higher risk from Covid-19 should be encouraged to stay home, but also reassures everyone that the obligation for Sunday Mass for the laity has still not been re-invoked at this stage.

GALILEE PLANTS

There are still quite a few of the Galilee school plants left and ready for planting out. Please contact Peter Clark (phone 8559 5131) if you would like some.

**NATIONAL ABORIGINAL AND
TORRES STRAIT ISLANDER
CATHOLIC COUNCIL**

Aboriginal and Torres Strait Islander Sunday will be celebrated throughout Australia this Sunday – despite NAIDOC week occurring later in the year. NATSICC feels it is important that we celebrate as Australians during these difficult times.

Archbishop Pat O'Regan will celebrate a nationally-live-streamed Aboriginal and Torres Strait Islander Sunday Mass at 11.00am. The link will be available at www.natsicc.org.au

**NATIONAL APPEAL
SEA SUNDAY**

The Theme for this year's Sea Sunday is "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest." (Matthew 11: 28)

It is a fact, that over 95% of global

trade is carried by ships. As an island nation, we in Australia are totally reliant on ships and the commodities they bring to us for our survival.

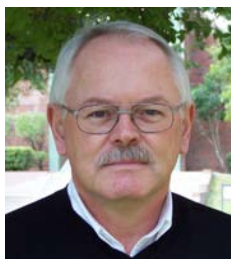
The Stella Maris (Apostleship of the Sea) ministry concerns itself totally with the welfare and pastoral care of seafarers who crew these ships and is dependent on donations both financial and in kind. This annual appeal encourages the Catholic community to acknowledge seafarers as the essential workers they are and to respond by giving back something to them in gratitude for all the sacrifices they endure to make our lives more comfortable. To donate, please visit: www.aos-australia.org

**THE FRONT LINE
OF SERVICE**

Another day and another dollar - well, not really. The young man dressed in the dark and prepared to leave the house to work his next 12-hour shift. He took a last look at his sleeping wife and peeked in on their sleeping toddler daughters. He headed to the car and as he pulled out of the driveway, he wondered what his day would hold. Would there be personal protective equipment to protect him? Would his colleagues be able to come to work or would they be short staffed? Would the test results he had requested be available? Would the man he had sent to ICU have survived the night? How many patients would he see today? Would this be the day he, too, became a victim of this mysterious and vicious virus? Or was he already?

Every time the young doctor stepped into the emergency room, he knew the risks - not only for himself but for his beloved young family. And yet, he entered the room once again. He has been one of many selfless heroes who have served our country in these recent months. These first responders are compassionate, competent, selfless, and courageous and we will never be able to adequately thank them. They have "lost" their familiar lives in order to preserve the lives of others. They have carried the cross, day after day, in a way that will forever change them - and all of us. We trust in the life that will come from their sacrifices, because we are people of faith. Yet we live still in the midst of it all. *GPBS eNews*

- *I'm a leader not a follower, unless it's a dark place, then you're going first.*
- *Aliens probably drive past Earth and lock their doors ...*



Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate, is president of the Oblate School of Theology in San Antonio, Texas. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide



PRAYING WHEN WE DON'T KNOW HOW

He taught us how to pray while not knowing how to pray. That's a comment sometimes made about Henri Nouwen.

It seems almost contradictory to say that. How can someone teach us to pray when he himself doesn't know how? Well, two complexities conspired together here. Henri Nouwen was a unique mixture of weakness, honesty, complexity, and faith. That also describes prayer, this side of eternity. Nouwen simply shared, humbly and honestly, his own struggles with prayer and in seeing his struggles, the rest of us learned a lot about how prayer is precisely this strange mixture of weakness, honesty, complexity, and faith.

Prayer, as we know, has classically been defined as "the lifting of mind and heart to God", and given that our minds and hearts are pathologically complex, so too will be our prayer. It will give voice not just to our faith but also to our doubt. Moreover, in the Epistle to the Romans, St. Paul tells us that when we do not know how to pray, God's Spirit, in groans too deep for words, prays through us. I suspect that we don't always recognize all the forms that takes, how God sometimes prays through our groans and our weaknesses.

The renowned preacher Frederick Buechner, speaks of something he calls "crippled prayers that are hidden inside our minor blasphemes" and are uttered through clenched teeth: "God help us!" "Jesus Christ!" "For God's sake!" These are prayers? Why not? If prayer is lifting mind and heart to God, isn't this what's in our mind and heart at that moment? Isn't there a brutal honesty in this? Jacques Loew, one of the founders of the

Worker-Priest movement in France, shares how, while working in a factory, he would sometimes be working with a group men loading heavy bags onto a truck.

Occasionally one of the men would accidentally drop one of the bags which would split open leaving a mess and a mini-blaspheme would spring forth from the man's lips. Loew, partly seriously and partly in jest, points out that while the man was not exactly saying the Lord's Prayer, he was invoking the name of God in real honesty.

So, is this in fact a genuine modality of prayer or is this taking the Lord's name in vain? Is this something we should be confessing as a sin rather than claiming as a prayer?

The commandment to not take the name of God in vain has little to do with those mini-blasphemes that slip out between clenched teeth when we drop a bag of groceries, jam a finger painfully, or get caught in a frustrating traffic jam. What we utter then may well be aesthetically offensive, in bad taste, and disrespectful enough of others so that some sin lies within it, but that's not taking the name of God in vain. Indeed, there's nothing false about it at all. In some ways it's the opposite of what the commandment has in mind.

We tend to think of prayer far too piously. It is rarely unadulterated altruistic praise issuing forth from a focused attention that's grounded in gratitude and in an awareness of God. Most of the time our prayer is a very adulterated reality – and all the more honest and powerful because of that.

For instance, one of our great struggles with prayer is that it's not easy to trust that prayer makes a difference. We watch the evening

newscasts, see the entrenched polarization, bitterness, hatred, self-interest, and hardness of heart that are seemingly everywhere, and we lose heart. How do we find the heart to pray in the face of this? What, inside of our prayer, is going to change any of this?

While it is normal to feel this way, we need this important reminder: *prayer is most important and most powerful precisely when we feel it is most hopeless – and we are most helpless.*

Why is this true? It's true because it's only when we are finally empty of ourselves, empty of our own plans and our own strength that we're in fact ready to let God's vision and strength flow into the world through us. Prior to feeling this helplessness and hopelessness, we are still identifying God's power too much with the power of health, politics, and economics that we see in our world; and are identifying hope with the optimism we feel when the news looks a little better on a given night. If the news looks good, we have hope; if not, why pray? But we need to pray because we trust in God's strength and promise, not because the newscasts on a given night offer a bit more promise.

Indeed, the less promise our newscasts offer and the more they make us aware of our personal helplessness, the more urgent and honest is our prayer. We need to pray precisely because we are helpless and precisely because it does seem hopeless. Inside of that we can pray with honesty, perhaps even through clenched teeth.

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com

COMPLIANCE WITH REGULATIONS

(The following conditions apply from Monday June 29)

- Attendance for mass is dependent on the 1 in 2 sq.m rule restriction.
- This number also applies for funerals and weddings.
- Except for families and household groups, people should socially distance.
- There should be no physical contact outside one's family or household group.
- There should be no shaking of hands or holding hands during the Mass.
- Every gathering must record contact details. Logs are located at the entrance to the Church.
- Hand sanitizer is to be available at church entrances.
- Precious Blood will not be distributed.
- No collection plates or hymn books are to be passed around.
- Communion is given only in hands.
- Holy Water is not available at the doors of churches.
- All surfaces should be cleaned at least daily, with special attention given to frequently touched surfaces.
- Sick and high risk/vulnerable people should be encouraged not to attend.
- Collection plates will not be passed around but a single drop point is provided at the churches.
- Offertory procession will be omitted.
- Care should be taking at the dismissal and on leaving the church to minimise social contact.
- The obligation for Sunday Mass for the laity HAS NOT BEEN RE-INVOKED at this stage.

KANGAROO ISLAND PARISH

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Phone 8556 2132
(www.willungaparish.org.au)

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EXPLORING THE WORD

Matthew's community must have been deeply troubled by the fact that the 'learned and clever' religious leaders of the day did not accept the message of Jesus. Surely they, of all people, should have been in a position to recognise the truth. But in this passage, Matthew explains that it is not from a position of knowledge or power that one recognises the truth; rather it is from an attitude of openness and simplicity.

Jesus' intimate address of *Abba* (*Father*) is used five times. This intimate relationship is characterised by God's entrusting all things to the Son, and the Son in turn revealing them to those who have faith. Jesus is the perfect teacher, describing himself as gentle and humble in heart.

There is an interesting contrast here between the burden of following the restrictive laws of the Pharisees and the 'easy burden' of faith in Christ. The rules and laws of the Pharisees often added to the burden experienced by people of the day, while Jesus tried to lift the burden from people.

SHARING THE TRADITION

Throughout the history of the Church there have been examples of people who have taken up the 'burden' of faith and experienced it as a double edged sword of both great joy and blessing as well as an awesome responsibility leading to hardship and persecution. Australia's Saint Mary of the Cross (Mary MacKillop) is one example.

Born in Fitzroy in 1842, Mary was fifteen when she felt called to be a nun. Unable to find a religious order which suited her call, Mary began her own – the Sisters of St Joseph – in 1867, dedicated to the education of the poor, particularly, the rural poor. Her independence and determination to live under her own rule and not that of the Bishop, led her into conflict with Church authorities. At the centre of the difficulty was Mary's insistence that her sisters live absolute poverty and rely on God to provide for their needs. This meant begging which the Bishops thought unseemly. Mary was

excommunicated in 1871 only to be re-instated in 1872, although opposition by some continued. Despite the setbacks and disappointments, the Josephite order continued to expand both in membership and ministry. Her struggle was worth the effort and Mary was Canonised a saint in Rome in 2010 by Pope Benedict XVI.

DID YOU KNOW?

- The prayer of blessing which Jesus makes in this gospel is known as a *berakah*. It is the basis of Jewish prayers of praise and thanksgiving. In our liturgy we use the *berakah* form just before the Eucharistic Prayer: *Blessed are you, Lord God of all creation. Through your goodness we have this bread and wine to offer ... to which we all respond: Blessed be God forever.*
- A yoke is a piece of agricultural equipment that went around the neck of an ox. It is attached to a plough or a cart that the ox drags along. This method is still used in many parts of the world. The yoke takes the burden of the load which the oxen must pull. It is heavy work.

THIS WEEK'S READINGS

(06 - 12 July)

- **Monday, 10:** Weekday, Ordinary Time 14 (Hosea 2:16-18, 21-22; Mt 9:18-26)
- **Tuesday, 11:** Weekday, Ordinary Time 14 (Hosea 8:4-7, 11-13; Mt 9:32-38)
- **Wednesday, 12:** Weekday, Ordinary Time 14 (Hosea 10:1-3, 7-8, 12; Mt 10:1-7)
- **Thursday, 13:** Weekday, Ordinary Time 14 (Hosea 11:1-4, 8-9; Mt 10:7-15)
- **Friday, 14:** Weekday, Ordinary Time 14 (Hosea 14:2-10; Mt 10:16-23)
- **Saturday, 15:** St Benedict (Is 6:1-8; Mt 10:24-33)
- **Sunday 16:** 15th SUNDAY in ORDINARY TIME (Is 55:10-11; Rom 8:18-23; Mt 13:1-3)

PASTORAL CARE

If you need a Priest for anointing of the sick or last rites contact: Noarlunga/Seaford (8382 1717), Willunga (0488 287 552), Victor Harbor/Goolwa (8552 1084), Kangaroo Island (0418 819 078).