



Welcome to

Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

THIRTY-FIRST SUNDAY IN ORDINARY TIME - YEAR B

Vol 12 : No 50

KANGAROO ISLAND CATHOLIC PARISH

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PARISH PASTORAL COUNCIL
Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009
or kimumford@bigpond.com)

PARISH NEWSLETTER

Mrs Wendy Bennett (0475 894 755
wendygbennett@icloud.com)
(All items for the newsletter must be
received no later than Tuesday
evening.)

WEEKEND MASSES

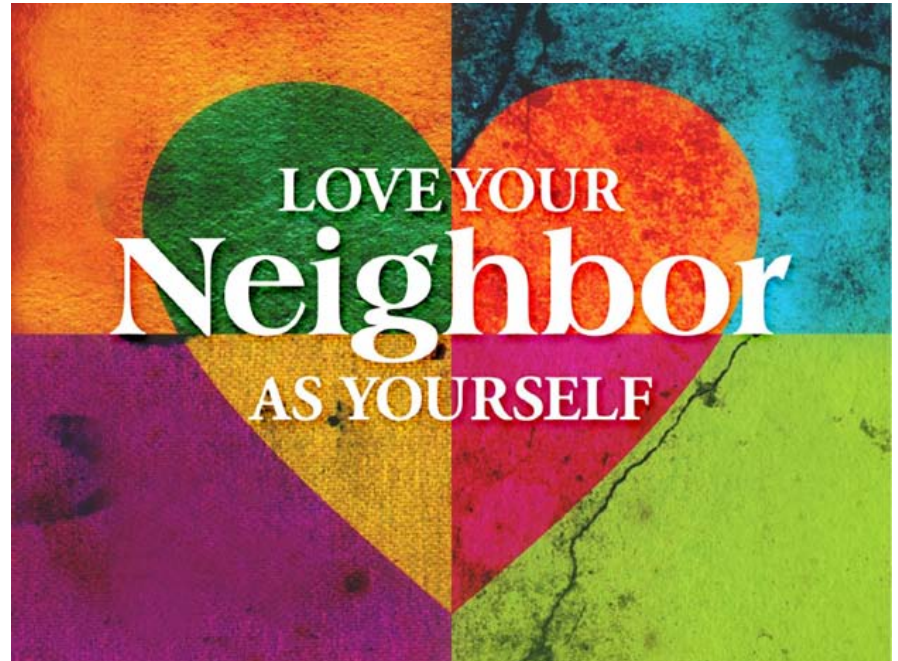
Kingscote at 9.30am

CONFESSION

Kingscote at 9.00am
(prior to Mass)

PRAYERS FOR HEALING

Prayers for Healing and Renewal in
the Church - Thursdays at 9.00am



FIRST READING

Deuteronomy 6:2-6

Moses said to the people: 'If you fear the Lord your God all the days of your life and if you keep all his laws and commandments which I lay on you, you will have a long life, you and your son and your grandson. Listen then, Israel, keep and observe what will make you prosper and give you great increase, as the Lord the God of your fathers has promised you, giving you a land where milk and honey flow.

'Listen, Israel: the Lord our God is the one Lord. You shall love the Lord your God with all your heart, with all your soul, with all your strength. Let these words I urge on you today be written on your heart.'

RESPONSORIAL PSALM

Ps 17:2-4, 47, 51

I love you, Lord, my strength.

SECOND READING

Hebrews 7:23-28

There used to be a great number of priests under the former covenant, because death put an end to each one of them; but this one, Christ, because he remains for ever, can never lose his priesthood. It follows, then, that his power to save is utterly certain, since he is living for ever to intercede for all who come to God through him.

To suit us, the ideal high priest would have to be holy, innocent and uncontaminated, beyond the influence of sinners, and raised up above the heavens; one who would not need to offer sacrifices every day, as the other high priests do for their own sins and then for those of the people, because he has done this once and for all by offering himself. The Law appoints high priests who are men subject to weakness; but the promise on oath, which came after the Law, appointed the Son who is made perfect for ever.

GOSPEL ACCLAMATION

Jn 14:23

Alleluia, alleluia!

All who love me will keep my words, and my Father will love them, and we will come to them. Alleluia!

GOSPEL

Mark 12:28-34

One of the scribes came up to Jesus and put a question to him, 'Which is the first of all the commandments?' Jesus replied, 'This is the first: Listen, Israel, the Lord our God is the one Lord, and you must love the Lord your God with all your heart, with all your soul, with all your mind and with all your strength. The second is this: You must love your neighbour as yourself. There is no commandment greater than these.'

(Continued page 4)



Bulletin Board

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Healing list: Sue Semler, Brianna Chudlee, Peter Weatherstone, John Slagter, Annette Roestenburg, Michelle Glynn, Elijah Laundry, Rebecca Semler.

November anniversaries: Jim Airton, Francis E Bannan, Vic Banner, Clorice Bates, Toni Berden, Leon Bourke, Imogen Brinkley, Harold Burgess, Donald Chalmers, Tim Clark, Evelyn Drane, Roy Gatton, John and Dien Hendrix, Carmel Higgins, Agnes Hughes, Margaret Hughes, Peggy Imboden, Andrew Kelly, Thomas Lydon, John McDonald, Colleen Moore, Roger Pahl, Teresa Paniza, Sam Perkins, Roy Rayson, Helen Redden, Patricia Ross, Harold Semler, Marie Slagter, Pat Smith, Graham Turner, Gwen Willson

Please pray for all the faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ.

PARISH ROSTERS

	Reader	Prayers	Cleaning
3/11	L Grant	A Clark	A Bevan
10/11	M Slagter	L Grant	A Bevan
17/11	70 th Celebration of KI		A Bevan
24/11	A Clark	K Hammat	A Bevan

PRIEST ROSTER

2/11	Fr George Oluoch
3/11	Fr George Oluoch
10/11	Fr My Tran
17/11	Archbishop Patrick O'Regan, Fr Lancy D'Silva and others
24/11	Fr Matthew Newman

THE POPE'S PRAYER INTENTIONS FOR NOVEMBER

Each year, the Holy Father asks for our prayers for a specific intention each month. During November this year, his Prayer Intention is:

For anyone who has lost a child
"We pray that all parents who mourn the loss of a son or daughter find support in their community and receive peace and consolation from the Holy Spirit."

CARITAS AUSTRALIA GLOBAL GIFTS

Stuck for gift ideas this Christmas? Global Gifts are a way to make a life-changing impact this Christmas season, while also celebrating the joy of giving with your family and friends.

Each gift represents a solution to challenges faced by vulnerable families in need. When you choose a Global Gift, you are making a significant difference in the lives of those who are struggling with access to basic necessities this Christmas – like food, hygiene kits, education and hand wash facilities.

A Global Gift card represents a donation to Caritas Australia made on behalf of your loved ones. It's a gift that warms hearts, changes lives and leaves a lasting legacy. Each Global Gift comes with a beautifully designed Christmas card that you can give to your loved one.

There are a wide variety of gifts including (amongst others) \$25 for disability support, \$50 for a hand wash station, \$40 for business training or \$10 for a chicken, \$65 for a goat! Shop online: www.globalgifts.org.au

KANGAROO ISLAND CATHOLIC PARISH 70th Anniversary

On 17 November we will be celebrating 70 years of the Kangaroo Island Catholic Parish.

Please join us for the celebrations beginning with Mass at 9.30am. Archbishop Patrick O'Regan will be the main celebrant.

Mass will be followed by lunch at 12.00pm at the Kingscote Lions Hall. Peter Clark, Chairperson of the Parish Council, will welcome guests, Helen Mumford is launching a book of stories of past and present parishioners and priests and the Archbishop will say grace.

This will be a lovely time to reminisce about times gone by and catch up with friends.

Please email Helen Mumford kimumford@bigpond.com or ring her on 0408 367 009 to advise if you can attend.

The book (\$30) and commemorative mugs (\$20 large/\$15 regular) will be for sale at the lunch event (cash only sales)

Looking forward to seeing you there.

WORKING BEE

There will be a working bee at the Parish House and the Church on Wednesday 6 November in readiness for the 70th celebrations. Many hands make light work, so please participate.

SPECIAL COLLECTION

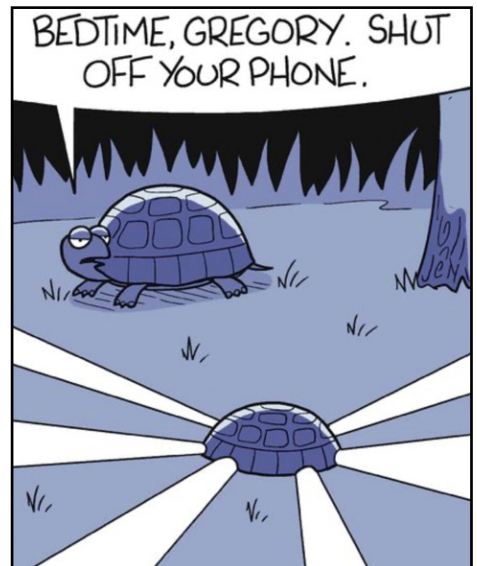
There will be a special collection next weekend (10 November) for the St Vincent de Paul Christmas Appeal. The appeal supports South Australian families and individuals who are struggling financially and materially.

"THE SOUTHERN CROSS"

The November edition of "The Southern Cross" will be delivered to parishes this week, for distribution at weekend Masses. This issue includes an exclusive story on the remarkable recovery of the young victim of a hammer throw accident and how his parents put their faith in the power of prayer. There is also coverage of the Synod in Rome and all the latest parish and school news.

DATES

- 05 Nov Melbourne Cup
- 10 Nov St Vincent de Paul Appeal
- 17 Nov KI Catholic Parish 70th Anniversary Mass 9.30am
- 13 Dec Last day School term 4
- 25 Dec Catholic Charities Appeal





Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

KEEPING THE SABBATH

The Sufi mystic Rumi once lamented: *I have lived too long where I can be reached!* That was twelve hundred years ago, long before cell phones, the internet, computers, and social media. Today, most of us live where we can be reached all the time. While this has some huge upsides, it also has a nasty underside we have been slow to recognize. Never being able to step away from our preoccupations and involvements is weighing on our mental health. Many of us now find it difficult to step away, to stop activities, to rest, to refresh, to re-energize. To put this in biblical language, we are finding it more and more difficult to have “Sabbath” in our lives.

We have a commandment from God: *Remember to keep the Sabbath day holy.* I think we can all agree that this commandment has fallen on hard times today. It is not just that fewer and fewer people are going to their churches on Sunday, or that more and more shops and businesses are open on Sunday, or that sporting events now take up much of the Sabbath space once reserved for religion. The deeper issue is that more and more of us can no longer slow down our lives, shut down the communication machines, get away from the stress and preoccupations in our lives, and simply stop and rest.

We are living where we can always be reached and have for the most part lost the notion of Sabbath in our lives. We are now treating a commandment to keep the Sabbath day holy as an idealized lifestyle suggestion: *Helpful, if you can find the time to do it.*

With this in mind, I offer *Ten Councils* for practicing Sabbath today.

1. *Practice Sabbath with the discipline demanded of a commandment, even as you practice the discipline of life and duty.*
2. *Have at least one “Sabbath” moment every day.* Give yourself something to look forward to

every day. Sabbath doesn’t have to be a day; it can be special hour, a special moment, where you step off the treadmill and treat yourself to something you enjoy.

3. *Go somewhere every week where you can’t be reached and have a “cyber-Sabbath”.* Once a week turn off all your electronic communication for six hours or, better yet, for twelve hours. Go to a place where, save for an emergency, you are unavailable. You might find this the hardest discipline of all – and perhaps the most important one.
4. *Honor the “wisdom of dormancy”.* Do something regularly that is non-pragmatic. Farmers know that you can’t seed a field continuously and still get a good yield. Fields require regular seasons where they lie fallow so that they can (in that seeming condition of dormancy) soak in the nutrients and other elements they need to produce. The human body and psyche are the same. We need, regularly, periods of dormancy where our energies lie fallow to the pragmatic world.
5. *Pray and meditate regularly in some way.* There is only one rule and counsel for this: Do it! Show up regularly, and whatever happens, happens. This is a major way that we step off the treadmill and have some Sabbath in our lives.
6. *Be attentive to little children, old people, and the weather.* Sabbath is meant to restore wonder to our lives, and today wonder has left the building. So, as the poet John Shea says, *borrow wonder from the children.* It is one of the few places we can still find it. As well, time spent with elderly people can help give us a healthier perspective on life. Also, when have we last noticed the weather as a source of wonder?
7. *Live by axiom: “If not now, when? If not here, where? If not with these people, with whom? If not for God, why?”* We spend

ninety-eight percent of our lives waiting for something else to happen to us. Have some moments where you realize that what you are waiting for is already here.

8. *Let your body also know that it is Sabbath.* Sabbath is meant not just for the soul but also for the body. Give your body a Sabbath treat, at least once a week.
9. *Make family and relationships the priority.* At the end of the day, life is about family, friendships, and relationships, a truth easily eclipsed and lost in the pressures of our fast-paced lives. Sabbath is meant to reground us in that truth at least once a week.
10. *Don’t nurse grudges and obsessions.* Our deepest tiredness isn’t the result of overwork, but of the wounds, grudges, and obsessions we nurse. The invitation to rest for a day includes, especially, the invitation to let go of our hurts. Indeed, the notion of the statute of limitations is based on Judeo-Christian concept of the Sabbath. For every grudge we are nursing there is a statute of limitations.

God gave us Sabbath, for our health and our enjoyment.

You can read, or download, Ron Rolheiser’s weekly columns from his website at: www.ronrolheiser.com



WEEKLY CONTRIBUTIONS

For those of you who wish to make your weekly contributions to the first and second collections by direct debit, these are the banking details for each.

1st Collection (Support for Priests):
BSB 066-782
A/c No 100027201
Reference: Your name

2nd Collection (Support for our Parish):
BSB 066-782
A/c No 100000067
Reference: Your name

Thank you for your ongoing support of our Priests and Parish Facilities.

CHILD PROTECTION

We are a Child Safe Organisation which is committed to the care, well-being and protection of children and young people.

We believe that all God's children and young people have the right to be healthy and safe, and to have their voice heard, respected, and valued. A safe environment for all.

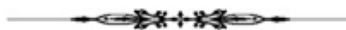
Mrs Helen Mumford
(KI contact - 0408 367 009)
Child Protection Unit 8210 8159

DID YOU KNOW?

- The first commandment which Jesus quotes is the great Jewish prayer known as the Shema (Deut 6:4-5). Even today this prayer is recited each morning and evening by practising Jews.
- In traditional Jewish practice the Shema is written on a slip of paper and placed inside the mezuzah, a small box beside the front doors of Jewish homes. Each time a person passes through the door, they touch the mezuzah in a symbolic action of reciting this great prayer. It is a way of reminding themselves often during the day of God's greatness and their obligation to love him.
- The second commandment quoted by Jesus comes from Leviticus 19:18. Both commandments are part of the Torah or Law.

(Continued from page 1)

The scribe said to him, 'Well spoken, Master; what you have said is true: that he is one and there is no other. To love him with all your heart, with all your understanding and strength, and to love your neighbour as yourself, this is far more important than any holocaust or sacrifice.' Jesus, seeing how wisely he had spoken, said, 'You are not far from the kingdom of God.' And after that no one dared to question him any more.



CLOSE TO THE KINGDOM

One of the religion scholars came up. Hearing the lively exchanges of question and answer and seeing how sharp Jesus was in his answers, he put in his question: "Which is the most important of all the commandments?" Jesus said, "The first in importance is, 'Listen, Israel: The Lord your God is one; so love the Lord God with all your passion, prayer, intelligence, and energy.' And here is the second: 'Love others as well as you love yourself.' There is no other commandment that ranks with these." (Mark 12:28-31)

Play the Scripture game. Name a person in the gospels you would most like to be. For me, the unnamed scribe in this passage is a great choice. Of all the things that Jesus says to anyone in the four gospels, this is the one thing I dearly want him to say to me: "You're almost there, right on the border of God's kingdom."

This anonymous scribe hits the jackpot. Like so many people of his generation, he heard about the great teacher and decided to check out the story. Being a student of Scripture, he wanted to see if Jesus was more learned than he was. Scholarship makes some people arrogant, but this man had come to be humbled by his education. If Jesus knew more about God than he did, he was ready to learn from him.

So he asks his question, which may well have been the guiding principle of his entire career. Which law is first among the commandments? What does God want most from us? If you have only one chance to ask a question, you want to be sure it's the most important one. And the man is so impressed by the answer Jesus gives,

he responds with sincere praise. For his part, Jesus finds himself in the presence of a rare understanding disciple. So he in turn praises the man with those thrilling words: you're almost there. May each of us hear those words someday!

If you boiled down the mission of your life to one question, as the scribe in the gospel did, what would it be?

KIDS' CORNER

Jesus said, "You shall love your neighbour as yourself." (Mark 12:31)

Aiden's little brother Lucas has been driving him crazy. Last week, Lucas went in Aiden's room and messed up Aiden's science project. And lately, whenever Aiden's friends come over, Lucas hangs around wanting to play too. On Saturday when Aiden's friends were over, Aiden locked the door to his bedroom and kept Lucas out. Later that night, his dad had a talk with Aiden. "Lucas looks up to you," he said. Aiden thought about that. He apologised to Lucas and spent some time playing with him. And do you know what? Aiden actually had fun. Who looks up to you? How can you love them today as Jesus does?

Jesus, help me to be kind to others.
Amen. *GPBS eNews*



THIS WEEK'S READINGS

(November 04 - 10)

- **Monday, 04:** St Charles Borromeo (Phil 2:1-4; Lk 14:12-14)
- **Tuesday, 05:** Weekday, Ord Time 31 (Phil 2:5-11; Lk 14:15-24)
- **Wednesday, 06:** Weekday, Ord Time 31 (Phil 2:12-18; Lk 14:25-33)
- **Thursday, 07:** Weekday, Ord Time 31 (Phil 3:3-8; Lk 15:1-10)
- **Friday, 08:** Weekday, Ord Time 31 (Phil 3:17-4:1; Lk 16:1-8)
- **Saturday, 09:** Dedication of the Lateran Basilica (Ezek 47:1-2, 8-9, 12; Jn 2:13-22)
- **Sunday 10:** 32nd SUNDAY in ORDINARY TIME (1Kg 17:10-16; Heb 9:24-28; Mk 12:38-44)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955