



Welcome to

Kangaroo Island Catholic Community

(Part of the Fleurieu and Kangaroo Island Cluster of Catholic Parishes)

FIRST SUNDAY OF LENT - YEAR A

Vol 8 : No 15

KANGAROO ISLAND CATHOLIC PARISH

Parish House: 22 Giles Street,
KINGSCOTE, SA 5223

Phone: 8553 2132

Postal address: PO Box 749,
KINGSCOTE, SA 5223

Email: cphkings@adam.com.au

Web: www.kicatholic.org.au

NOARLUNGA DOWNS CATHOLIC PRESBYTERY

Phone: 8382 1717

PARISH TEAM CONTACTS

PARISH PRIEST

Fr Josy Sebastian (8382 1717;
in emergency - 0452 524 169)

Fr Selva Raj (A/Priest - 8382 1717;
selvarajpani@gmail.com)

Fr Prathap Katta (A/Priest -
8382 1717)

PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

PARISH NEWSLETTER

Mr Peter Clark (8559 5131,
paclark@muckra.com.au)

*(All items for the newsletter must be
received no later than Tuesday
evening.)*

MASS CENTRES

• KINGSCOTE:

Our Lady of Perpetual Help,
Cnr Giles/Todd Sts
Sunday - 9.30am

• PENNESHAW:

St Columba's Anglican Church,
Cnr North Terrace and Fourth Street
1st Sunday - 3.15pm

SPONSORSHIP

KANGAROO ISLAND

TRANSFERS (0427 887 575)
generously donate transport for
our visiting Priests.

CHILD PROTECTION

Child Protection Unit 8210 8159



FIRST READING

Genesis 2:7-9, 3:1-7

The Lord God fashioned man of dust from the soil. Then he breathed into his nostrils a breath of life, and thus man became a living being.

The Lord God planted a garden in Eden which is in the east, and there he put the man he had fashioned. The Lord God caused to spring up from the soil every kind of tree, enticing to look at and good to eat, with the tree of life and the tree of the knowledge of good and evil in the middle of the garden.

The serpent was the most subtle of all the wild beasts that the Lord God had made. It asked the woman, 'Did God really say you were not to eat from any of the trees in the garden?' The woman answered the serpent, 'We may eat the fruit of the trees in the garden. But of the fruit of the tree in the middle of the garden God said, "You must not eat it, nor touch it, under pain of death."' Then the serpent said to the woman, 'No! You will not die! God knows in fact that on the day you eat it your eyes will be opened and you will be like gods, knowing good and evil.' The woman saw that the tree was good to eat and pleasing to the eye, and that it was desirable for the knowledge that it could give. So she took some of its fruit and ate it. She gave some also to her husband who was with her, and he ate it. Then the eyes of both of them were opened and they realised that they were naked. So they sewed fig-leaves together to make themselves loin-cloths.

RESPONSORIAL PSALM

Ps 50:3-6, 12-14, 17

Be merciful, O Lord, for we have sinned.

SECOND READING

Romans 5:12-19

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of 'law-breaking', yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law.

Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man's fall so many died, it is even more certain that divine grace, coming through the one man, Jesus Christ, came to so many as an abundant free gift. The results of the gift also outweigh the results of one man's sin: for after one single fall came judgement with a verdict of condemnation, now after many falls comes grace with its verdict of acquittal. If it is certain that death reigned over everyone as the consequence of one man's fall, it is even more certain that one man, Jesus Christ, will cause everyone to reign in life who receives the free gift that he does not deserve, of being made righteous. Again, as one man's fall brought condemnation on everyone,

(Continued page 4)

Kangaroo Island Catholic Parish

PARISH NOTICES

Next week: Mass at Kingscote 9:30 AM
Confession is available every Sunday 30 minutes before Mass.

Weekday Masses:

Monday, Tuesday, Thursday, Friday at 9:00 AM
Wednesday 6:30 PM Saturday 6:30 PM

The Kingscote Catholic Church will be holding sacramental preparation beginning in April.
If you have a child who is ready to make their First Holy Communion or Confirmation, please ring Helen Mumford 0408367009

The Inter-Church morning teas will be held this week (Kingscote campus Tuesday, Parndana Wednesday, Penneshaw Thursday). Donations of food such as savouries, fruits and sweets would be appreciated. Please avoid nuts as there are teachers with allergies.

Priest Roster:

Feb 8th – Mar 22nd Bishop Eugene Hurley

Mass Roster:

Today:

Readers: N Clark S Semler.
Gifts: Clark family.
Sp. Min: H Mumford A Gibbs.
Cleaning / Coffee: C Berden.

Next week:

A Clark P Wales.
A Gorman C Howson.
L Grant K Hammatt.
K Willaims.

Collections. 2nd Feb.

1st (Support of the Priests of the Archdiocese) **\$281.65**
2nd (Upkeep of our parish programs & property) **\$215.40**

Thank you for your support of our Priests and our Parish property.

Please pray for those who have died.... Maureen Dunn, Imelda Hurley

FEBRUARY ANNIVERSARIES

Heather Barrett, Joan Marie Berden, Mary Clark, Phillip Deakin, Allice Ellick, Alfred Gray, Bernadette Hehir, Kenneth Howard, Ron King, Jamie Larcombe, Frank May, Tom Meaney, Allan Moray, Pat Pawelski, Horace Riley, Christopher Riley, Bert Willson And all the faithful departed.

Please pray for those who are sick..... Mei Kuen Sexton, Fr Peter Milburn, Toni Langridge, Damian Baynes, Charles Gorman, Dalton Baynes, Roy Gatton,May all our sick parishioners, relatives and friends know the healing love of Christ through our actions and His healing presence.

If you have items for this newsletter, please email to paclark@muckra.com.au or text message to 0418 819 078

The Southern Deanery Stational Mass will be celebrated at St Lukes Church, Noarlunga this Thursday 5th of March at 7:00PM. Fr Josy will be the main celebrant. All are invited to attend.

In the Adelaide Archdiocese, the tradition of celebrating Lenten Stational Masses provides an opportunity for the faithful in parishes in each Deanery cluster to come together with Archdiocesan leaders and local clergy to share the Lenten journey. Conscious of walking in the footsteps of Jesus, communities have a chance to meet, to pray, to celebrate the Eucharist and to be mindful of the needs of the wider community as we prepare our hearts and minds for the celebration of Easter. The tradition of celebrating Stational Masses echoes a practice in the early Church where the Pope, as Bishop of Rome, would walk in pilgrimage to all the Stational churches of the city to mark the season of Lent with his people. The Stational Mass is also an opportunity to present candidates, already baptised, who are seeking full communion with the Catholic Church.

Archdiocesan Events

*For a full listing of events and activities being held across the Archdiocese, please visit:
<http://www.adelaide.catholic.org.au/parishes-and-mass-times/newsletters-from-archbishop-s-office>*

Gospel Connections:

"If you're so tough," the young kid from across the street taunted, "why don't you jump off the roof?" My mate and I had climbed up high on the garage roof and it felt like we were pretty cool up there. We could look down the street all the way to the railroad tracks. We could see down all the backyards on our block and even right around the back to where our friend Susie Stephens was splashing in her pool. Wow! Who knew our neighbourhood could look so exciting!

But now the mean kid across the street was, in essence, telling us he didn't think we were so cool. "If you're so brave," he sneered, "go ahead and jump". I looked down and got dizzy and kind of sick. I sure didn't want to jump down, but I didn't want to seem chicken, either.

The devil tried the same tactic on Jesus in this week's gospel. "If you are the Son of God ...," he taunts. Luckily, Jesus had just come from his Baptism in the Jordan and he knew for sure he was God's beloved son. The devil had nothing to offer him that he didn't already have.

As for me and my mate, we weren't so certain about our own bravery, and we thought we had a lot to prove - to the mean kid and to ourselves. Did we jump? Well, let me just say that my ankle is always the first to know when rain is heading our way.



Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate, is president of the Oblate School of Theology in San Antonio, Texas. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide.

OUR CONGENITAL COMPLEXITY

The renowned spiritual writer, Ruth Burrows, begins her autobiography with these words: “I was born into this world with a tortured sensitivity. For long I have puzzled over the causes of my psychological anguish.”

Unfortunately, to our loss, too many spiritual biographies don’t begin like this, that is, by recognizing right at the start the bewildering, pathological complexity inside our own nature.

We’re not simple in heart, mind, and soul, nor indeed even in body. Each of us has enough complexity within us to write our own treatise on abnormal psychology.

And that complexity must not only be recognized, it needs to be respected and hallowed because it stems not for what’s worst in us but from what’s best in us. We’re complex because what beguiles us inside and tempts us in every direction is not, first of all, the wiliness of the devil but rather the image and likeness of God. Inside us there’s a divine fire, a greatness, which gives us infinite depth, insatiable desires, and enough luminosity to bewilder every psychologist. The image and likeness of God inside us, as John of the Cross writes, renders our hearts, minds, and souls “caverns” too deep to ever be filled in or fully understood.

It’s my belief that Christian spirituality, at least in its popular preaching and catechesis, has too often not taken this seriously enough. In short, the impression has too much been given that Christian discipleship shouldn’t be complicated: Why all this resistance within you! What’s wrong with you! But, as we know from our own experience, our innate complexity is forever throwing up complications and resistances to becoming a saint, to “willing the one thing”. Moreover, because our complexity hasn’t been recognized and honored spiritually we often feel guilty about it: Why am I so complicated? Why do I have all these questions? Why am I so often confused? Why is sex such a powerful

impulse? Why do I have some many temptations?

The simple answer: Because we are born with a godly fire within. Thus the source of so many of our confusions, temptations, and resistances comes as much what best in us from the wiles of the Satan and the world.

What should we do in the face of our own bewildering complexity?

Some Counsels for the Long Haul:

- *Honor and hallow your complexity:* Accept that this is a God-given gift inside you and, at the end of the day, it’s what is best inside you. It’s what separates you from plants and animals. Their nature is simple, but having an immortal, infinite soul makes for lots of complications as you struggle to live out your life within the finitude that besets you.
- *Never underestimate your complexity – even as you resist massaging it:* Recognize and respect the “demons and angels” that roam freely inside your heart and mind. But don’t massage your complexity either, by fancying yourself as the tormented artist or as the existentialist who’s heroically out of step with life.
- *Befriend your shadow:* It’s the luminosity you’ve split off. Slowly, with proper caution and support, begin to face the inner things that frighten you.
- *Hallow the power and place of sexuality within you:* You’re incurably sexual, and for a godly reason. Never deny or denigrate the power of sexuality – even as you carry it with a proper chastity.
- *Name your wounds, grieve them, mourn your inconsummation.* Whatever wounds that you don’t grieve will eventually snakebite you. Accept and mourn the fact that here, in this life, there is no finished symphony.
- *Never let the “transcendental impulse” inside you become*

drugged or imprisoned. Your complexity continually lets you know that you’re built for more than this life. Never deaden this impulse inside you. Learn to recognize, through your frustrations and fantasies, the ways you often imprison it.

- *Try to find a “higher love” by which to transcend the more immediate power of your natural instincts.* All miracles begin with falling in love. Hallow your spontaneous impulses and temptations by searching for that higher love and higher value towards which they’re pointing. Offering others your altruism and the gaze of admiration will feel so good and right that it will bring to fulfillment what you’re really yearning for.
- *Let your own complexity teach you understanding and empathy.* By being in touch with your own complexity you will eventually learn that nothing is foreign to you and that what you see on the newscasts each day mirrors what’s inside you.
- *Forgive yourself often.* Your complexity will trip you up many times and so you will need to forgive yourself many times. Live, knowing that God’s mercy is a well that’s never exhausted.
- *Live under God’s patience and understanding.* God is your builder, the architect who constructed you and who is responsible for your complexity. Trust that God understands. Trust that God is more anxious about you than you’re anxious about yourself. The God who knows all things also knows and appreciates why you struggle.

You can read, or download, Ron Rolheiser’s weekly columns from his website at: www.ronrolheiser.com

**REGULAR MASS TIMES IN OUR CLUSTER CHURCHES
ALDINGA**

*Mary of Galilee, the First Disciple
cnr Quinliven and How Roads*
Saturday 5.30pm
Tuesday 9.15am

GOOLWA

St John the Apostle, 10-14 Gardiner St
Sunday 9.00am
Wednesday 9.30am

KINGSCOTE

*Our Lady of Perpetual Help,
cnr Todd and Giles Streets*
Sunday 9.30am

NOARLUNGA

*St Luke, the Evangelist,
cnr Honeypot Rd and Goldsmith Dve*
Saturday 6.00pm
Sunday 9.00am
1st Sunday 11am (Spanish Mass)
2nd Sunday 2.00pm (Filipino Mass)
Sunday (Youth Mass) 5.30pm
Monday 9.00am
Tuesday 9.00am
Wednesday 7.30pm
Thursday 8.15am (St Luke's)
Thursday 9.15am (St John's - term time)
Friday 10.00am

NORMANVILLE

St Peter, Cape Jervis Road
1st, 3rd, 5th Sundays 10.30am
2nd, 4th Sundays 8.30am
1st Friday
11.50am Adoration, 12.00 noon Mass

PENNESHAW

*St Columba, North Terrace
(shared with Anglicans)*
1st Sunday 3.15pm

SEAFORD

*Seaford Ecumenical Mission,
Grand Bvd*
Sunday 10.45am
Wednesday 9.15am

VICTOR HARBOR

St Joan of Arc, 30 Seaview Road
Saturday 6.00pm
Sunday 11.00am
Tuesday 9.00am
Thursday 9.00am
Friday 9.00am
1st Friday Benediction following Mass

WILLUNGA

St Joseph, 12 St Judes Street
1st, 3rd, 5th Sundays 8.30am
2nd, 4th Sundays 10.30am
Wednesday 9.00am
Thursday 9.00am
Friday 9.00am

(Continued from page 1)

so the good act of one man brings everyone life and makes them justified. As by one man's disobedience many were made sinners, so by one man's obedience many will be made righteous.

GOSPEL ACCLAMATION

Mt 4:4

*Praise to you, Lord Jesus Christ, king of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God.
Praise to you, Lord Jesus Christ, king of endless glory!*

GOSPEL

Matthew 4:1-11

Jesus was led by the Spirit out into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, after which he was very hungry, and the tempter came and said to him, 'If you are the Son of God, tell these stones to turn into loaves.' But he replied, 'Scripture says:

Man does not live on bread alone but on every word that comes from the mouth of God.'

The devil then took him to the holy city and made him stand on the parapet of the Temple. 'If you are the Son of God' he said 'throw yourself down; for scripture says:

He will put you in his angels' charge, and they will support you on their hands in case you hurt your foot against a stone.'

Jesus said to him, 'Scripture also says: *You must not put the Lord your God to the test.'*

Next, taking him to a very high mountain, the devil showed him all the kingdoms of the world and their splendour. 'I will give you all these' he said, 'if you fall at my feet and worship me.' Then Jesus replied, 'Be off, Satan! For scripture says:

You must worship the Lord your God, and serve him alone.'

Then the devil left him, and angels appeared and looked after him.

DO YOU WANT TO FAST THIS LENT?

(Pope Francis on Lent - 2017)

• Fast from hurting words and say kind words.

• Fast from sadness and be filled with gratitude.

• Fast from anger and be filled with patience.

• Fast from pessimism and be filled with hope.

• Fast from worries and trust in God.

• Fast from complaints and contemplate simplicity.

• Fast from pressures and be prayerful.

• Fast from bitterness and fill your heart with joy.

• Fast from selfishness and be compassionate to others.

• Fast from grudges and be reconciled.

• Fast from words and be silent so you can listen.



THIS WEEK'S READINGS

(02 - 08 March)

- **Monday, 24:** Monday, 1st week Lent (Lev 19:1-2, 11-18; Mt 25:31-46)
- **Tuesday, 25:** Tuesday, 1st week Lent (Is 55:10-11; Mt 6:7-15)
- **Wednesday, 26:** Wednesday, 1st week Lent (Jonah 3:1-10; Lk 11:29-32)
- **Thursday, 27:** Thursday, 1st week Lent (Esther 14:1, 3-5, 12-14; Mt 7:7-12)
- **Friday, 28:** Friday, 1st week Lent - *Autumn Ember Day in Australia* (Ezek 18:21-28; Mt 5:20-26)
- **Saturday, 29:** Saturday, 1st week Lent (Deut 26:16-19; Mt 5:43-48)
- **Sunday 01:** SECOND SUNDAY OF LENT (Gen 12:1-4; 2Tim 1:8-10; Mt 17:1-9)

PASTORAL CARE

If you (or someone you know) is house-bound, in hospital or in residential care and would appreciate a visit from a Priest or someone from the Parish, please let us know.
Contact: Noarlunga/Seaford (8382 1717), Willunga (0488 287 552),
Victor Harbor/Goolwa (8552 1084), Kangaroo Island (0418 819 078).