



Welcome to

Kangaroo Island Catholic Community

(Part of the Fleurieu and Kangaroo Island Cluster of Catholic Parishes)

FIRST SUNDAY OF LENT - YEAR B

Vol 9 : No 14

KANGAROO ISLAND CATHOLIC PARISH

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Web: www.kicatholic.org.au

NOARLUNGA DOWNS CATHOLIC PRESBYTERY

Phone: 8382 1717

PARISH TEAM CONTACTS

PARISH PRIEST

Fr Josy Sebastian (8382 1717;
in emergency - 0452 524 169)

Fr Prathap Katta (A/Priest -
8382 1717)

Fr Arul Dev (A/Priest - 8382 1717)

PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009
or kimumford@bigpond.com)

PARISH NEWSLETTER

Mr Peter Clark (8559 5131,
paclark@muckra.com.au)

*(All items for the newsletter must be
received no later than Tuesday
evening.)*

SPONSORSHIP

**KANGAROO ISLAND
TRANSFERS** (0427 887 575)
generously donate transport for
our visiting Priests.

CHILD PROTECTION

Child Protection Unit 8210 8159

WEEKEND MASSES

This weekend Mass will be held at
Kingscote at 9.30am.

Due to current COVID-19
restrictions (1 person per 4 sqm) we
are only permitted up to 39 people in
our Church.



FIRST READING

Genesis 9:8-15

God spoke to Noah and his sons,
'See, I establish my Covenant with
you, and with your descendants after
you; also with every living creature
to be found with you, birds, cattle
and every wild beast with you:
everything that came out of the ark,
everything that lives on the earth. I
establish my Covenant with you: no
thing of flesh shall be swept away
again by the waters of the flood.
There shall be no flood to destroy
the earth again.'

God said, 'Here is the sign of the
Covenant I make between myself
and you and every living creature
with you for all generations: I set my
bow in the clouds and it shall be a
sign of the Covenant between me
and the earth. When I gather the
clouds over the earth and the bow
appears in the clouds, I will recall
the Covenant between myself and
you and every living creature of
every kind. And so the waters shall
never again become a flood to
destroy all things of flesh.'

RESPONSORIAL PSALM

Psalm 24:4-9

*Your ways, O Lord, are love and
truth to those who keep your
covenant.*

SECOND READING

1 Peter 3:18-22

Christ himself, innocent though he
was, died once for sins, died for the
guilty, to lead us to God. In the body
he was put to death, in the spirit he
was raised to life, and, in the spirit,
he went to preach to the spirits in
prison. Now it was long ago, when
Noah was still building that ark
which saved only a small group of
eight people 'by water', and when
God was still waiting patiently, that
these spirits refused to believe. That
water is a type of the baptism which
saves you now, and which is not the
washing off of physical dirt but a
pledge made to God from a good
conscience, through the resurrection
of Jesus Christ, who has entered
heaven and is at God's right hand,
now that he has made the angels and
Dominations and Powers his
subjects.

GOSPEL ACCLAMATION

Mt 4:4

*Praise to you, Lord Jesus Christ,
king of endless glory!*

*No one lives on bread alone,
but on every word that comes
from the mouth of God.*

*Praise to you, Lord Jesus Christ,
king of endless glory!*

(Continued page 4)

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Sick: Lynne McArdle

February anniversaries: Heather Barrett, Joan Marie Berden, Mary Clark, Phillip Deakin, Allice Ellick, Alfred Gray, Bernadette Hehir, Kenneth Howard, Ron King, Jamie Larcombe, Frank May, Tom Meaney, Allan Moray, Pat Pawelski, Horace Riley, Christopher Riley, Bert Willson.

Please pray for all our faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ through our actions and His healing presence.

ROSTERS

	Comm	Reader	Cleaning
21/2	P Clark	J Fernandez	K Brinkley
28/2	P Bennett	S Semler	K Brinkley

COVID Marshal

21/2	W Bennett
28/2	J Fernandez

PRIEST ROSTER

(Often this roster changes if something unforeseen crops up)
 21 February Fr Prathap
 28 February To be organised

LENT – 2021

The season of Lent is a penitential season of prayer, penance and reaching out to others.

Project Compassion is a practical means of enabling us to reach out in generosity to those in need. This year Caritas Australia is supporting the promotion of many food programs throughout the world where the risk of starvation is high.

What is Fasting and Abstaining?

Fasting is for Catholics between the ages of 18 and 60 years, unless they have particular health requirements or are sick. Fasting is to have perhaps one meal for the day or to have two smaller meals that equal one meal (with no snacks). Remember to drink lots of water! Fasting is about being more alert. It helps us to heighten our senses and consciousness, to aid our prayer, and to name our deeper desires so that we can be ready to listen to God more openly.

Abstinence is for Catholics between the ages of 14 and 60 years, unless they have particular health requirements or are sick. We are to abstain from meat only on Ash Wednesday and on Good Friday. Some people choose to do this every Friday of Lent, but this is not required by the Church!

PROJECT COMPASSION



Jamila, 22, is a Rohingya woman living in the world's largest refugee camp in Bangladesh. She was forced to flee the armed conflict in Myanmar to save herself, her elderly mother and her eight-month-old baby. With the support of Caritas Australia, through Caritas Bangladesh, Jamila was able to access emergency food and shelter. She also received counselling, emotional support, and learnt sewing skills to help her earn an income. Jamila now feels less alone, with a sense of community around her. She is able to 'Be More' to her little family. "Thank you, and thanks Caritas Australia," Jamila says.

Please donate to Project Compassion 2021 to help mothers like Jamila be more for her family and her community. You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/projectcompassion or 1800 024 413.

DESERT TEMPTATIONS

The story of the temptation is a wonderful portrait of physical and spiritual realities in juxtaposition. On one side is the Spirit, driving Jesus inward to encounter Satan for a contest over authority. In the end, we find Jesus in the company of wild beasts and angels, in perfect harmony, as if heaven and earth were finally made whole. The lion lies down with the lamb, and an angel protects them both.

Jesus struggles over temptations that appeal as much to the body as to the spirit. Both his physical and spiritual natures must be surrendered to God's will, and it is that surrender which marks the beginning and end of his work on earth. "Into your hands I commit my spirit," Jesus sighs from the cross. His body is already committed.

The image of Jesus with beasts and angels reminds us of humanity's ideal: to be at peace with this world and the next. So long as we neglect our responsibilities to one or the other, we won't know lasting peace.

How are your temptations both physical and spiritual?

Honour the natural world. Plant some bulbs, take a child to an arboretum, support a wildlife organisation. Honour the spiritual world. Renew your commitment to the spiritual works of mercy. *GPBS eNews*

ST PAUL'S PUBLICATIONS

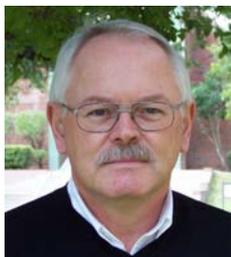
We are pleased to let you know that we are about to release the Ritual Book, Excerpts from the Roman Missal (Book of the Chair). This has been in preparation for quite a few years and contains all of the prayers that the celebrant says from the Chair. It is a beautifully produced book of 416 pages that will sell for \$120. However, we have a special pre-publication offer for all orders received by 15 March. Please click link to place order: [https://secure.stpauls.com.au/product/65/New+Roman+Missal+Resources/Unknown/10303/Excerpts+from+the+Roman+Missal+\(Book+of+the+Chair\)](https://secure.stpauls.com.au/product/65/New+Roman+Missal+Resources/Unknown/10303/Excerpts+from+the+Roman+Missal+(Book+of+the+Chair)). For further enquiries contact 02 9394 3400 or sales@stpauls.com.au

DATES

Feb 21	First Sunday of Lent
Mar 8	Adelaide Cup Day
1 Apr	Holy Thursday
2 Apr	Good Friday
3 Apr	Holy Saturday
4 Apr	Easter Day
5 Apr	Easter Monday
9 Apr	Last day School Term 1
25 Apr	ANZAC Day
26 Apr	ANZAC Day public holiday
27 Apr	First day School Term 2
14 Jun	Queen's birthday holiday
4 Oct	Labour Day holiday

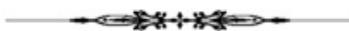


"Do you want regular bottled water, low-fat water, zero-carb water, gluten-free water, peanut-safe water or free range water?"



Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide.



AN HONEST PRAYER

Recently I received a letter from a woman whose life, in effect, had imploded. Within the course of a few months, her husband divorced her, she lost her job, was forced to move from the house she had lived in for many years, was locked down in her new place by Covid restrictions, and was diagnosed with a cancer which might be untreatable. It was all too much. At a point, she broke down in anger and resignation. She turned to Jesus and with bitterness, said: *If you're there, and I doubt it, what do you know about any of this? You were never this alone!* I suspect that we all have moments like this. What did Jesus know of any of this?

Well, if we can believe the Gospels, Jesus did know all of this, not because he had a divine consciousness, but because like the woman in the story he knew right from the beginning what it meant to be the one standing alone, outside the normal human circle.

This is evident right from his birth. The Gospels tell us that Mary was forced to give birth to Jesus in a stable because there was no room for them at the inn. That heartless innkeeper! The poor man has had to endure centuries of censure. However, that thought misses the point of the story and misconstrues its meaning. The moral of this story is not that some heartless cruelty took place or that the world was too preoccupied with itself to take notice of Jesus' birth, though this latter implication is true. Rather the real point is that Jesus, the Christ, was born an outsider, as one of the poor, as someone who, right from the beginning, was not given a place in the mainstream. As Gil Bailie puts it,

Jesus was *unanimity-minus-one*. How could it be otherwise?

Given who Jesus was, given that his central message was good news for the poor, and given that he entered into human life precisely to experience all it contains, including its pains and humiliations, he could hardly have been born in a palace, enjoyed every kind of support, and been the center of love and attention. To be in real solidarity with the poor, as Merton once put it, he had to be born "outside the city"; and whether that was the case historically or not, it is a rich, far-reaching metaphor. Right from the beginning, Jesus knew both the pain and the shame of one who is excluded, who has no place in the mainstream.

When we look closely at the Gospels, we see that there was no human pain, emotional or physical, from which Jesus was spared. It is safe to say, I submit, that no one, irrespective of his or her pain, can say to Jesus: *You didn't have to undergo what I had to undergo!* He underwent it all.

During his ministry, he faced constant rejection, ridicule, and threat, sometimes having to hide away like a criminal on the run. He was also a celibate, one who slept alone, one deprived of normal human intimacy, one with no family of his own. Then in his passion and death, he experienced the extremes of both emotional and physical pain. Emotionally, he literally "sweated blood", and physically, in his crucifixion, he endured the most extreme and humiliating pain possible for a human being to undergo.

As we know, crucifixion was

designed by the Romans with more than only capital punishment in mind. It was designed as well to inflict the maximum amount of pain and humiliation possible for a person to endure. That was one of the reasons they sometimes gave morphine to the one being crucified, not to ease his pain, but to keep him from passing out and escaping the pain. Crucifixion was also designed to utterly humiliate the one being put to death. Hence, they stripped the person naked, so that his genitals were exposed and that in his dying convulsions the loosening of his bowels would be his final shame. As well, some scholars speculate that during the night leading up his death on Good Friday, he may also have been sexually abused by the soldiers. Truly there was not a pain or humiliation he did not endure.

An old, classic definition of prayer tells us this: *Prayer is lifting mind and heart to God*. Well, there will be low points in our lives when our circumstances will force us to lift our minds and hearts to God in a way that seems antithetical to prayer. Sometimes we will be brought to a breaking point where in brokenness, anger, shame, and in the despairing thought that nobody, including God, cares and that we are all alone in this, consciously or otherwise, we will confront Jesus with the words: *And what do you know about that!* And Jesus will hear those words as a prayer, as a sincere sigh of the heart, rather than as some kind of irreverence.

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com

COMPLIANCE WITH REGULATIONS

(Current for 23/24 January)

- Attendance for Mass is capped at 100 people, whilst maintaining 1:2 sqm.
- Funerals are capped at 200 people, whilst maintaining 1:2 sqm.
- Weddings are capped at 200 people, whilst maintaining 1:2 sqm.
- No beverage or food consumption (ie cup of tea after Mass)
- Singing as a congregation is to be avoided.
- Except for families and household groups, people should socially distance. There should be no physical contact outside one's family or household group.
- There should be no shaking of hands or holding hands during the Mass.
- Every gathering must record contact details - either with the QR code for smart phones, or the handwritten log - both located at the entrance to the Church.
- Hand sanitizer is to be available at church entrances.
- Offertory procession will be omitted. Communion is given only in hands. Precious Blood will not be distributed
- Collection plates will not be passed around but a single drop point is provided at the churches.
- Holy Water is not available at the doors of churches.
- All surfaces should be cleaned at least daily, with special attention given to frequently touched surfaces.
- Sick and high risk/vulnerable people should be encouraged not to attend.
- Care should be taken at the dismissal and on leaving the church to minimise social contact.
- The obligation for Sunday Mass for the laity HAS NOT BEEN RE-INVOKED at this stage.

KANGAROO ISLAND PARISH

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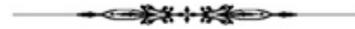
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GOSPEL

Mark 1:12-15

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'



EXPLORING THE WORD

The Baptist had promised that Jesus would baptise with the Holy Spirit and at his baptism the Holy Spirit had descended on him. Now that same Spirit drives Jesus into the wilderness. He is not the master of his own destiny. He is the object of the action of God. There is no murmur of opposition to this. Jesus accepts God's Spirit and God's will. As a consequence, the harmony of creation is restored and Jesus 'is with' the wild beasts. It is a fulfilment of the prophecy of Isaiah that 'the wolf shall live with the lamb, the leopard shall lie down with the kid, and the calf and the lion and fatling together' (Is 11:6-7). The new creation has begun in the person of Jesus, the Christ, the Son of God. Indeed, he proclaims that the Kingdom of God is close at hand.

But Jesus also summons his followers to repent and believe the good news. Lent is a time to listen attentively to the gospel and to turn back to the ways of the Father. It is a time for us to consider how close we are to the Kingdom of God.

DID YOU KNOW?

- Lent lasts for forty days in imitation of Jesus' forty days in the wilderness. Lent begins on Ash Wednesday and ends on Holy Thursday.
- There is evidence of Lenten preparation for Easter very early in

the Church's history but its practices became more regularised after the Council of Nicaea.

- Each Lent all the baptised are expected to adopt the three Lenten disciplines of Prayer, Fasting and Almsgiving to those in need.
- In years gone by, Catholics did not eat meat on any Friday, and later, on Fridays in Lent. Today there are two days of the year when Catholics are expected to not eat meat—Ash Wednesday and Good Friday—but all the Fridays of Lent are still days when we should 'fast'.
- This scene in the gospel has been traditionally associated with the Judean wilderness, an unforgiving dessert landscape in the south of the country.

MAKING CONNECTIONS

- How do you experience 'the wilderness' in your life? What are the 'wild beasts' for you in this place? Who or what looks after you?
- What comforts and distractions make it difficult for you to follow Jesus' way?



THIS WEEK'S READINGS

(22 - 28 February)

- **Monday, 22:** The Chair of St Peter (1 Pet 5:1-4; Mt 16:13-19)
- **Tuesday, 23:** Tuesday of 1st week of Lent (Is 55:10-11; Mt 6:7-15)
- **Wednesday, 24:** Wednesday of 1st week of Lent (Jonah 3:1-10; Lk 11:29-32)
- **Thursday, 25:** Thursday of 1st week of Lent (Esther 14:1, 3-5, 12-14; Mt 7:7-12)
- **Friday, 26:** Friday of 1st week of Lent (Ezek 18:21-28; Mt 5:20-26)
- **Saturday, 27:** Saturday of 1st week of Lent (Deut 26:16-19; Mt 5:43-48)
- **Sunday 28:** SECOND SUNDAY of LENT (Gen 22:1-2, 9-13, 15-18; Rom 8:31-34; Mk 9:2-10)

PASTORAL CARE

If you need a Priest for anointing of the sick or last rites contact: Noarlunga/Seaford (8382 1717), Willunga (0488 287 552), Victor Harbor/Goolwa (8552 1084), Kangaroo Island (0418 819 078).