



Welcome to

Kangaroo Island Catholic Community

(Part of the Fleurieu and Kangaroo Island Cluster of Catholic Parishes)

TWENTY-NINTH SUNDAY IN ORDINARY TIME - YEAR C

Vol 7 : No 48

KANGAROO ISLAND CATHOLIC PARISH

Parish House: 22 Giles Street,
KINGSCOTE, SA 5223

Phone: 8553 2132

Postal address: PO Box 749,
KINGSCOTE, SA 5223

Email: cphkings@adam.com.au

Web: www.kicatholic.org.au

NOARLUNGA DOWNS CATHOLIC PRESBYTERY

Phone: 8382 1717

PARISH TEAM CONTACTS

PARISH PRIEST

Fr Josy Sebastian (8382 1717;
in emergency - 0452 524 169)

Fr Selva Raj (A/Priest - 8382 1717;
selvarajpani@gmail.com)

Fr Jack Otto (A/Priest - 8382 1717;
0447 469 065; jacksjob@tpg.com.au)

PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

PARISH NEWSLETTER

Mr Peter Clark (8559 5131,
paclark@muckra.com.au)

*(All items for the newsletter must be
received no later than Tuesday
evening.)*

MASS CENTRES

• **KINGSCOTE:** Our Lady of
Perpetual Help, Cnr Giles/Todd Sts
Sunday - 9.30am

• **PARNDANA:** Uniting Church,
Cook Street
2nd Sunday - 2.30pm

• **PENNESHAW:** St Columba's
Anglican Church, Cnr North
Terrace and Fourth Street
1st Sunday - 2.00pm

SPONSORSHIP

**KANGAROO ISLAND
TRANSFERS** (0427 887 575)
generously donate transport for our
visiting Priests.

CHILD PROTECTION

Child Protection Unit 8210 8159



FIRST READING

Exodus 17:8-13

The Amalekites came and attacked Israel at Rephidim. Moses said to Joshua, 'Pick out men for yourself, and tomorrow morning march out to engage Amalek. I, meanwhile, will stand on the hilltop, the staff of God in my hand.' Joshua did as Moses told him and marched out to engage Amalek, while Moses and Aaron and Hur went up to the top of the hill. As long as Moses kept his arms raised, Israel had the advantage; when he let his arms fall, the advantage went to Amalek. But Moses' arms grew heavy, so they took a stone and put it one on one side, one on the other; and his arms remained firm till sunset. With the edge of the sword Joshua cut down Amalek and his people.

RESPONSORIAL PSALM

Psalms 120:1-8

*Our help is from the Lord,
who made heaven and earth.*

SECOND READING

2 Timothy 3:14-4:2

You must keep to what you have been taught and know to be true; remember who your teachers were, and how, ever since you were a child, you have known the holy scriptures – from these you can learn the wisdom that leads to salvation through faith in

Christ Jesus. All scripture is inspired by God and can profitably be used for teaching, for refuting error, for guiding people's lives and teaching them to be holy. This is how the man who is dedicated to God becomes fully equipped and ready for any good work.

Before God and before Christ Jesus who is to be judge of the living and the dead, I put this duty to you, in the name of his Appearing and of his kingdom: proclaim the message and, welcome or unwelcome, insist on it. Refute falsehood, correct error, call to obedience – but do all with patience and with the intention of teaching.

GOSPEL ACCLAMATION

Heb 4:12

Alleluia, alleluia!

*The word of God is living and active;
it probes the thoughts and motives of
our heart.*

Alleluia!

GOSPEL

Luke 18:1-8

Jesus told his disciples a parable about the need to pray continually and never lose heart. 'There was a judge in a certain town' he said 'who had neither fear of God nor respect for man. In the same town there was a widow who kept on coming to him and saying, "I

(Continued page 4)

Kangaroo Island Catholic Parish

PARISH NOTICES

Next week: Mass Kingscote 9:30 AM
Confession 30 min. before Mass.

Ladies Guild meets next on Monday 20th
October at 9:30AM

October Priest Roster:

6 Oct Fr Selva, 7-14 Oct Fr Thomas Kurunthanam,
20 Oct Fr John Stewart-James, 27 Oct Fr Josy.

Mass Roster:

Today:

Readers K Wales J Fernandez.

Gifts: Wales family.

Sp. Min. A Clark M Slagter.

Cleaning / Coffee: H Mumford.

Next week:

P Bennett L Grant.

A Gorman C Howson.

K Florance K Hammatt.

H Mumford.

Please pray for those who have died.....

OCTOBER ANNIVERSARIES

Murray Brook, Leo Clark, William Commerford, Trish Dennes, Clifford Dow, Leo Dunn, James Gibbs, Mary Alice Gibbs, Rosie Grace, Harry Hughes, Thomas Hughes, Kath Hutton, Licci Longzaer, Philis Lorimer, John Lowry, Winifred Lydon, Mary Morrissey, Noel Perkins, Harry Rich, Alf Rombout, Betty Walsh, Bernard Williams, Ethel Willson, Joan Wilson and all the faithful departed.

Please pray for those who are sick.....

Sr. Carmel Clarke, Mei Kuen Sexton, Fr Peter Milburn, Toni Langridge, Damian Baynes, Charles Gorman, Maureen Dunn, Dalton Baynes, Roy Gatton,

May all our sick parishioners, relatives and friends know the healing love of Christ through our actions and His healing presence.

Please contact Peter Clark or use the sheet on the table at the back of the Church to have names entered. For privacy reasons permission is required before names are submitted for entry in this bulletin.

Archdiocesan Events

For a full listing of events and activities being held across the Archdiocese, please visit:

<http://www.adelaide.catholic.org.au/parishes-and-mass-times/newsletters-from-archbishop-s-office>

Gospel Connections

Prayer and Hangin' Out

Pray always?

Some scholars translate this as praying without ceasing. Sounds pretty impossible. But maybe it depends on how you look at it.

Here's how I pictured prayer when I was young. Kneeling at church. Reciting memorised prayers. Lying in bed, asking for help on a test or with a friend. Prayer took time set aside. So you could never pray always, unless you never ate, studied, or worked.

Over the years I've come to see God as my friend, a constant companion, always there to support and guide me. So my understanding of prayer has changed. I still think it's important to set aside special time for prayer; but I've learned that I don't need to wait for those times. God's hangin' out with me all day long.

And that's pretty critical for me. Because several times each day I need divine help. It happens like this. Here's that person who irritates me. *God, give me patience.* Here's someone asking for help. *God, what do I do?* I feel like an idiot. *God, help me believe in myself.* What a beautiful day. *God, help me be grateful.*

God surrounds us each moment of our lives. Jesus, in this week's Gospel, told his disciples to recognise that and rejoice. We all want close friends willing to hang out with us. Some of us have them. Some don't. But we all have a best friend in God, who is always there trying to shape us, help us, respond to us.

Here's a challenge. Pray always, or without ceasing, this week. Make an effort to remember that God walks with you at all times, down every school corridor, across every practice field, through every shopping centre, and across every street. Talk and listen to God throughout the day. In other words, just hang out together.

What insights about prayer does this reflection offer you?

If you have items for this newsletter, please email to paclark@muckra.com.au or text message to 0418 819 078



Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate, is president of the Oblate School of Theology in San Antonio, Texas. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide.

GRIEVING AS A SPIRITUAL EXERCISE

In a remarkable book, *The Inner Voice of Love*, written while he was in a deep emotional depression, Henri Nouwen shares these words: “The great challenge is living your wounds through instead of thinking them through. It is better to cry than to worry, better to feel your wounds deeply than to try to understand them, better to let them enter into your silence than to talk about them. The choice you face constantly is whether you are taking your hurts to your head or to your heart. In your head you analyze them, find their causes and consequences, and coin words to speak and write about them. But no final healing is likely to come from that source. You need to let your wounds go down into your heart. Then you can live them through and discover that they will not destroy you. Your heart is greater than your wounds.”

He’s right; your heart is greater than your wounds, though it needs caution in dealing with them. Wounds can soften your heart; but they can also harden your heart and freeze it in bitterness. So what’s the path here? What leads to warmth and what leads to coldness?

In a remarkable essay, *The Drama of the Gifted Child*, the Swiss psychologist, Alice Miller, tells us what hardens the heart and what softens it. She does so by outlining a particular drama that commonly unfolds in many lives. For her, giftedness does not refer to intellectual prowess but to sensitivity. The gifted child is the sensitive child. But that gift, sensitivity, is a mixed blessing. Positively, it lets you feel things more deeply so that the joys of living will mean more to you than to someone who is more callous. That’s its upside.

Conversely, however, if you are sensitive you will habitually fear disappointing others and will forever fear not measuring up. And your inadequacy to always measure up will habitually trigger feelings of anxiety and guilt within you. As well, if you are extraordinarily sensitive, you will tend to be self-effacing to a fault, letting others have their way while you swallow hard as your own needs aren’t met and then absorb the consequences. Not least, if you feel things deeply you will also feel hurt more deeply. That’s the downside of sensitivity and makes for the drama that Alice Miller calls the “drama of the gifted child”, the drama of the sensitive person.

Further, in her view, for many of us that drama will only begin to really play itself out in our middle and later years, constellating in frustration, disappointment, anger, and bitterness, as the wounds of our childhood and early adulthood begin to break through and overpower the inner mechanisms we have set up to resist them. In mid-life and beyond, our wounds will make themselves heard so strongly that our habitual ways of denial and coping no longer work. In mid-life you realize that your mother did love your sister better than you, that your father in fact didn’t care much about you, and that all those hurts you absorbed because you swallowed hard and played the stoic are still gnawing away bitterly inside you. That’s how the drama eventually culminates, in a heart that’s angry.

So where does that leave us? For Alice Miller, the answer lies in grieving. Our wounds are real and there is nothing we can do about them, pure and simple. The clock can’t be turned back. We cannot relive our lives so as to provide ourselves with different parents, different childhood friends, different

experiences on the playground, different choices, and a different temperament. We can only move forward so as to live beyond our wounds. And we do that by grieving. Alice Miller submits that the entire psychological and spiritual task of midlife and beyond is that of grieving, mourning our wounds until the very foundations of our lives shake enough so that there can be transformation.

A deep psychological scar is the same as having some part of your body permanently damaged in an accident. You will never be whole again and nothing can change that. But you can be happy again; perhaps more happy than ever before. But that loss of wholeness must be grieved or it will manifest itself in anger, bitterness, and jealous regrets.

The Jesuit music composer and spiritual writer, Roc O’Connor, makes the same point, with the added comment that the grieving process also calls for a long patience within which we need to wait long enough so that the healing can occur according to its own natural rhythms. We need, he says, to embrace our wounded humanity and not act out. What’s helpful, he suggests, is to grieve our human limitations. Then we can endure hunger, emptiness, disappointment, and humiliation without looking for a quick fix – or for a fix at all. We should not try to fill our emptiness too quickly without sufficient waiting.

And we won’t ever make peace with our wounds without sufficient grieving.

You can read, or download, Ron Rolheiser’s weekly columns from his website at: www.ronrolheiser.com

REGULAR MASS TIMES IN OUR CLUSTER CHURCHES

ALDINGA

*Mary of Galilee, the First Disciple
cnr Quinliven and How Roads*
Saturday 5.30pm
Tuesday 9.15am

GOOLWA

St John the Apostle, 10-14 Gardiner St
Sunday 9.00am
Wednesday 9.30am

KINGSCOTE

*Our Lady of Perpetual Help,
cnr Todd and Giles Streets*
Sunday 9.30am

NOARLUNGA

*St Luke, the Evangelist,
cnr Honeypot Rd and Goldsmith Dve*
Saturday 6.00pm
Sunday 9.00am
1st Sunday 11am (Spanish Mass)
2nd Sunday 2.00pm (Filipino Mass)
Sunday (Youth Mass) 5.30pm
Monday 9.00am
Tuesday 9.00am
Wednesday 7.30pm
Thursday 8.15am (St Luke's)
Thursday 9.15am (St John's - term time)
Friday 10.00am

NORMANVILLE

St Peter, Cape Jervis Road
1st, 3rd, 5th Sundays 10.30am
2nd, 4th Sundays 8.30am
1st Friday 6.00pm

PARNDANA

2nd Sunday 2.30pm

PENNESHAW

*St Columba, North Terrace
(shared with Anglicans)*
1st Sunday 2.00pm

SEAFORD

*Seaford Ecumenical Mission,
Grand Bvd*
Sunday 10.45am
Wednesday 9.15am

VICTOR HARBOR

St Joan of Arc, 30 Seaview Road
Saturday 6.00pm
Sunday 11.00am
Tuesday 9.00am
Thursday 9.00am
Friday 9.00am
1st Friday Benediction following Mass

WILLUNGA

St Joseph, 12 St Judes Street
1st, 3rd, 5th Sundays 8.30am
2nd, 4th Sundays 10.30am
Wednesday 9.00am
Thursday 9.00am
Friday 9.00am

(Continued from page 1)

want justice from you against my enemy!" For a long time he refused, but at last he said to himself, "Maybe I have neither fear of God nor respect for man, but since she keeps pestering me I must give this widow her just rights, or she will persist in coming and worry me to death."

And the Lord said 'You notice what the unjust judge has to say? Now will not God see justice done to his chosen who cry to him day and night even when he delays to help them? I promise you, he will see justice done to them, and done speedily. But when the Son of Man comes, will he find any faith on earth?'



SYMBOLS AND IMAGES

The persistence of the widow is at the heart of this gospel passage. Despite her lack of status, she constantly raises her voice in pleading for what she needs and finally her need is met. So too will God hear the cry of those who call on him. Sometimes, however, God may not answer our prayer in the way we want!

BACKGROUND ON THE GOSPEL READING

This is the first of two parables that Jesus tells in Luke 18 about prayer. *(The second will be read at Mass next Sunday.)* This first parable is a lesson in persistence in prayer. *(Next Sunday's parable will address attitude in prayer.)* While the parable seems to present prayer as nagging God for what we want, such a reading misses the point.

God is not like the judge in the parable, worn down by requests and coerced to respond. The key is found in the description of the judge as corrupt and unjust. Since God can be neither, we must understand Jesus to be saying that if even an unjust judge responds to the persistence of the widow, how much more so will God listen to our prayers. God truly wants to hear our needs and respond generously. It is the final lament of Jesus that gets to the point of the parable.

The lesson is about the persistence of the one who prays. God wants us to be

like the persistent widow, staying in relationship with God, confident that God hears and answers prayers. Then Jesus laments, "Will such faith be found when the Son of Man comes?" In this lament, Jesus notes how easy it can be for us to lose heart.

Loyola Press website

DID YOU KNOW?

- In ancient Israel, according to the Law, justice should have been available to all who sought it, not only to the rich or powerful. Judges were appointed and they sat 'at the city gate' making themselves available to any who needed a judgement. The prophets often criticised the corruption that was sometimes associated with this office. Judgement would go in favour of those who could pay a bribe!
- Under Jewish Law, there was a special requirement to look after the widow and the orphan who did not have a man to speak for them.
- Luke's Gospel was written at a time when believers were suffering for their faith. They too may have been wondering if God heard their prayers.



THIS WEEK'S READINGS

(21 - 27 October)

- **Monday, 21:** Weekday, Ord Time 29 (Rom 4:20-25; Lk 12:13-21)
- **Tuesday, 22:** Weekday, Ord Time 29 (Rom 5:12, 15, 17-21; Lk 12:35-38)
- **Wednesday, 23:** Weekday, Ord Time 29 (Rom 6:12-18; Lk 12:39-48)
- **Thursday, 24:** Weekday, Ord Time 29 (Rom 6:19-23; Lk 12:49-53)
- **Friday, 25:** Weekday, Ord Time 29 (Rom 7:18-25; Lk 12:54-59)
- **Saturday, 26:** Weekday, Ord Time 29 (Rom 8:1-11; Lk 13:1-9)
- **Sunday 27:** 30th SUNDAY IN ORDINARY TIME (Sirach 35:12-14, 16-19; 2 Tim 4:6-8, 16-18; Lk 18:9-14)

PASTORAL CARE

If you (or someone you know) is house-bound, in hospital or in residential care and would appreciate a visit from a Priest or someone from the Parish, please let us know.
Contact: Noarlunga/Seaford (8382 1717), Willunga (0488 287 552),
Victor Harbor/Goolwa (8552 1084), Kangaroo Island (0418 819 078).