



Welcome to

Kangaroo Island Catholic Community

(Part of the Fleurieu and Kangaroo Island Cluster of Catholic Parishes)

16TH SUNDAY IN ORDINARY TIME - YEAR A

Vol 8 : No 35

KANGAROO ISLAND

CATHOLIC PARISH

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Email: cphkings@adam.com.au

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NOARLUNGA DOWNS

CATHOLIC PRESBYTERY

Phone: 8382 1717

PARISH TEAM CONTACTS

PARISH PRIEST

Fr Josy Sebastian (8382 1717;

in emergency - 0452 524 169)

Fr Prathap Katta (A/Priest -

8382 1717)

PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009

or kimumford@bigpond.com)

PARISH NEWSLETTER

Mr Peter Clark (8559 5131,

paclark@muckra.com.au)

(All items for the newsletter must be received no later than Tuesday evening.)

SPONSORSHIP

KANGAROO ISLAND

TRANSFERS (0427 887 575)

generously donate transport for our visiting Priests.

CHILD PROTECTION

Child Protection Unit 8210 8159

WEEKEND MASSES

This weekend Mass will be held at Kingscote at 9.30am.

With the introduction of Level 3 restrictions (1 person per 2sq.m) we are permitted up to 78 people in our Church, so there will be no need to book in ahead.

FIRST READING

Wisdom 12:13,16-19

There is no god, other than you, who cares for every thing, to whom you might have to prove that you never judged unjustly.

Your justice has its source in strength, your sovereignty over all makes you lenient to all. You show your strength when your sovereign power is questioned and you expose the insolence of those who know it; but, disposing of such strength, you are mild in judgement, you govern us with great lenience, for you have only to will, and your power is there. By acting thus you have taught a lesson to your people how the virtuous man must be kindly to his fellow men, and you have given your sons the good hope that after sin you will grant repentance.

RESPONSORIAL PSALM

Psalm 85:5-6, 9-10, 15-16

Lord, you are good and forgiving.

SECOND READING

Romans 8:26-27

The Spirit comes to help us in our weakness. For when we cannot choose words in order to pray properly, the Spirit himself expresses our plea in a way that could never be put into words, and God who knows everything in our hearts knows perfectly well what he means, and that the pleas of the saints expressed by the Spirit are according to the mind of God.

GOSPEL ACCLAMATION

Mt 11:25

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the kingdom. Alleluia!



GOSPEL

Matthew 13:24-43

Jesus put a parable before the crowds: ‘The kingdom of heaven may be compared to a man who sowed good seed in his field. While everybody was asleep his enemy came, sowed darnel all among the wheat, and made off. When the new wheat sprouted and ripened, the darnel appeared as well. The owner’s servants went to him and said, “Sir, was it not good seed that you sowed in your field? If so, where does the darnel come from?” “Some enemy has done this” he answered. And the servants said, “Do you want us to go and weed it out?” But he said, “No, because when you weed out the darnel you might pull up the wheat with it. Let them both grow till the harvest; and at harvest time I shall say to the reapers: First collect the darnel and tie it in bundles to be burnt, then gather the wheat into my barn.”’

He put another parable before them: ‘The kingdom of heaven is like a mustard seed which a man took and sowed in his field. (Continued page 4)

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Sick: Greg Turner, Toni Langridge, Damian Baynes, Charles Gorman, Dalton Baynes, Roy Gaton, Josh Semler

July anniversaries: Alma Adams, Eadie Adams, Sid Adams, Peg Anderson, Lill Buick, Phil Connell, John Connell, Henry Dravitzki, Leon Fahey, Paul Glynn, Joyce Grant, Mick Grant, Bill Higgins, Monica Hughes, Barry Jameison, Judith Jeffs, Leigh McDonald, Kym Moses, Cameron Muirhead, Ron Mumford, Alexander Nash, Alice O'Neill, Alice O'Driscoll, Jill Perkins, Charles Reynolds, Nora Ridge, Johnny Tully, John Walsh, Tony Walker, Robyn Williams and all the faithful departed

May all our sick parishioners, relatives and friends know the healing love of Christ through our actions and His healing presence.

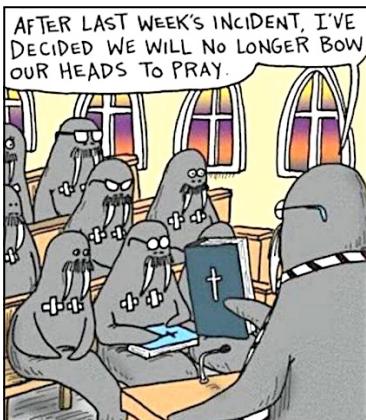
COLLECTIONS DIRECT PAYMENTS

If you would like to organise your Church donations via bank transfer there are a couple of ways you can go about this.

1. If you bank online, you can set up periodic, direct payments yourself. Again, you will need to do this twice - once for the first collection and again for second.
Acc: Kangaroo Island Catholic Parish
BSB: 085-005
Acc No: 918 111 484
Ref: Your surname, initials and *First* or *General*

2. Periodic regular payments may also be organised with your bank. Take the account details (above) with you and bank staff can set it up for you.

NB: *First* collection is for the support of our Priests and *General* (second at our Masses) is for the support of our Parish. If you need more information or help, please contact Helen Mumford or Peter Clark.



Parish Masses

KINGSCOTE

Sunday, July 12

Fr Josy will be with us this Sunday for Mass at Kingscote at 9.30am.

Priest Roster

19 th July	Fr Josy
26 th July	Mons Ian Dempsey
2 nd August	Mons Ian Dempsey

With the introduction of Level 3 restrictions (1 person per 2sq.m) we are permitted up to 78 people in our Church, so there will be no need to book in ahead.

However, we are still required to:

- Sign-in on entering the Church
- Continue using hand sanitiser
- Continue regularly wiping surfaces and cleaning our Church
- Encourage those who are unwell to stay home
- Avoid physical greetings: hugs, kisses and handshakes.

The Archdiocese recommends that those who are at higher risk from Covid-19 should be encouraged to stay home, but also reassures everyone that the obligation for Sunday Mass for the laity has still not been re-invoked at this stage.

PRIEST APPOINTMENT

Archbishop Patrick O'Regan has notified us that Fr Arul Dev SDM has been appointed Assistant Priest of Noarlunga/Seaford, Willunga and Kangaroo Island Parishes effective from the weekend of Saturday, 18th July, 2020.

NEW DIRECT GIVING APP

The Adelaide Archdiocese's "Find a Mass" App has been upgraded to allow people to contribute to the first and second collections via a credit or debit card. Users can make a one-off donation or set up recurring donations to their parish and community (second collection) and for the support of the clergy (first

collection) as well as to special collections held throughout the year. A short YouTube video has also been produced to demonstrate how the app works. (<https://youtu.be/DvnCbDUGOE>) For inquiries: cathcomm@adelaide.catholic.org.au

LIVE STREAMING AND TV BROADCASTING

of Sunday Mass in the Cathedral Cathedral Mass times have returned to normal with a maximum of up to 240 people allowed. Bookings are required for weekend Masses.

The Archdiocese will continue to live stream Sunday Mass at 11.00am. This Mass can be viewed live and on demand on the home page of www.adelaide.catholic.org.au.

SEEKING APPLICATIONS FOR THRESHOLD: EARTH

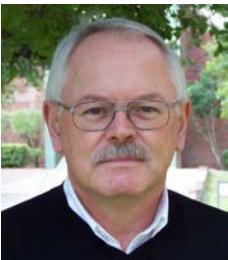
Planning and Advisory Committee

The Catholic Office for Youth and Young Adults in the Archdiocese of Adelaide is seeking members for a planning and advisory committee for Threshold: Earth - 2020 Season of Creation Youth Vigil (Saturday September 19).

Threshold: Earth is a gathering for young people to celebrate the Season of Creation, explore Catholic teaching connected to care for the environment, and challenge our local church and society toward greater action for the protection of the planet. For more information and to apply online, visit <http://www.cathyouthadelaide.org.au/calendar/2020/9/19/threshold-earth>



A moment of tension in the Vatican. If the Bishop moves forward, the Queen can take him.



Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate, is president of the Oblate School of Theology in San Antonio, Texas. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

SOME SECRETS WORTH KNOWING

Monks have secrets worth knowing, and these can be invaluable when a coronavirus pandemic is forcing millions of us to live like monks. Because of the Covid-19 pandemic, millions of us have been forced to stay at home, work from home, practice social distancing from everyone except those in our own houses and have minimal social contact with the outside. In a manner of speaking, this has turned many of us into monks, like it or not. What's the secret to thrive there?

Well, I'm not a monk, nor a mental health expert, so what I share here isn't exactly the rule of St. Benedict or a series of professional mental health tips. It's the fruit of what I've learned from monks and from living in the give-and-take of a religious community for fifty years.

Here are ten counsels for living when we are, in effect, housebound, that is, living in a situation wherein we don't have a lot of privacy, have to do a lot of living within a very small circle, face long hours wherein we have to struggle to find things that energize us, and wherein we find ourselves for good stretches of time frustrated, bored, impatient, and lethargic. How does one survive and thrive in that situation?

1. **Create a routine.** That's the key. It's what monks do. Create a detailed routine for the hours of your day as you would a financial budget. Make this very practical: list the things you need to do each day and slot them into a concrete timetable and then stick to that as a discipline, even when it seems rigid and oppressive. Resist the temptation to simply go with the flow of your energy and mood or to lean on entertainment and whatever distractions can be found to get you through your days and nights.
2. **Wash and dress your body each day, as if you were going out into**

the world and meeting people.

Resist the temptation to cheat on hygiene, dress, and make-up. Don't spend the morning in your pajamas: wash and dress-up. When you don't do this, what are you saying to your family? They aren't worth the effort? And what are you saying to yourself? I'm not worth the effort? Slovenliness invariably becomes lethargy and acedia.

3. **Look beyond yourself and your needs each day to see others and their hurts and frustrations.** You're not in this alone; the others are enduring exactly what you are. Nothing will make your day harder to endure than excessive self-focus and self-pity.
4. **Find a place to be alone for some time every day and offer others that same courtesy.** Don't apologize that you need time away, to be by yourself. That's an imperative for mental health, not a selfish claim. Give others that space. Sometimes you need to be apart, not just for your own sake but for the sake of the others. Monks live an intense community life, but each also has a private cell within which to retreat.
5. **Have a contemplative practice each day that includes prayer.** On the schedule you create for yourself, mark in at least a half hour or an hour each day for some contemplative practice: pray, read scripture, read from a serious book, journal, paint a picture, paint a fence, create an artifact, fix something, garden, write poetry, write a song, begin a memoir, write a long letter to someone you haven't seen for years, whatever; but do some something that's freeing for your soul and have it include some prayer.
6. **Practice "Sabbath" daily. Sabbath need not be a day; it can be an hour.** Give yourself something very particular to look forward to each day, something

enjoyable and sensual: a hot bath, a glass of wine, a cigar on the patio, a rerun of a favorite old sitcom, a nap in the shade in a lawn chair, anything – as long as it's done purely for enjoyment. Make this a discipline.

7. **Practice "Sabbath" weekly.** Make sure that only six days of the week are locked into your set routine. Break the routine once a week. Set one day apart for enjoyment, one day when you may eat pancakes for breakfast in your pajamas.
8. **Challenge yourself with something new.** Stretch yourself by trying something new. Learn a new language, take up a new hobby, learn to play an instrument. This is an opportunity you've never had.
9. **Talk through the tensions that arise within your house – though carefully.** Tensions will arise when living in a fishbowl. Monks have community meetings to sort out those tensions. Talk tensions through honestly with each other, but carefully; hurtful remarks sometimes never quite heal.
10. **Take care of your body.** We aren't disembodied spirits. Be attentive to your body. Get enough exercise each day to keep your body energized. Be careful not to use food as a compensation for your enforced monasticism. Monks are careful about their diet – except on feast days.

Monks do have secrets worth knowing!

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com

COMPLIANCE WITH REGULATIONS

(The following conditions apply for the time being)

- Attendance for mass is dependent on the 1 in 2 sq.m rule restriction.
- This number also applies for funerals and weddings.
- Except for families and household groups, people should socially distance.
- There should be no physical contact outside one's family or household group.
- There should be no shaking of hands or holding hands during the Mass.
- Every gathering must record contact details. Logs are located at the entrance to the Church.
- Hand sanitizer is to be available at church entrances.
- Precious Blood will not be distributed.
- No collection plates or hymn books are to be passed around.
- Communion is given only in hands.
- Holy Water is not available at the doors of churches.
- All surfaces should be cleaned at least daily, with special attention given to frequently touched surfaces.
- Sick and high risk/vulnerable people should be encouraged not to attend.
- Collection plates will not be passed around but a single drop point is provided at the churches.
- Offertory procession will be omitted.
- Care should be taking at the dismissal and on leaving the church to minimise social contact.
- The obligation for Sunday Mass for the laity HAS NOT BEEN RE-INVOKED at this stage.

KANGAROO ISLAND PARISH

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NOARLUNGA/SEAFORD PARISH

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VICTOR HARBOR/GOOLWA PARISH

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WILLUNGA PARISH

Phone 8556 2132

(www.willungaparish.org.au)

(Continued from page 1)

It is the smallest of all seeds, but when it has grown it is the biggest shrub of all and becomes a tree so that the birds of the air come and shelter in its branches.'

He told them another parable: 'The kingdom of heaven is like the yeast a woman took and mixed in with three measures of flour till it was leavened all through.'

In all this Jesus spoke to the crowds in parables; indeed, he would never speak to them except in parables. This was to fulfil the prophecy:

I will speak to you in parables and expound things hidden since the foundation of the world.

Then, leaving the crowds, he went to the house; and his disciples came to him and said, 'Explain the parable about the darnel in the field to us.' He said in reply, 'The sower of the good seed is the Son of Man. The field is the world; the good seed is the subjects of the kingdom; the darnel, the subjects of the evil one; the enemy who sowed them, the devil; the harvest is the end of the world; the reapers are the angels. Well then, just as the darnel is gathered up and burnt in the fire, so it will be at the end of time. The Son of Man will send his angels and they will gather out of his kingdom all things that provoke offences and all who do evil, and throw them into the blazing furnace, where there will be weeping and grinding of teeth. Then the virtuous will shine like the sun in the kingdom of their Father. Listen, anyone who has ears!'

EXPLORING THE WORD

The contrast between the good and bad seed reflects a reality within Matthew's community. This text highlights the difficulty of being a Church called to spread the good news while there are some within its ranks who scandalise others by their bad behaviour or decadent way of life.

This parable counsels patience. The answer to the dilemma is to let both the righteous and the lawless members

of the community, grow together until the harvest time and then let God be the judge.

Ultimately, this parable assures its hearers that God will not allow evil to destroy what is good.

In the longer version of this gospel, the short parables of the kingdom compare it to a mustard seed and to the yeast in dough. Both are small and insignificant but both develop almost imperceptibly and once begun, there is no stopping them.

DID YOU KNOW?

- Darnel is an annual grass commonly found in grain fields as a weed. When it first shoots it looks very much like wheat.
- There are echoes in this gospel of the final judgment when the good will be separated from the bad, the sheep from the goats, the weeds from the harvest.
- The Jewish faith has a profound respect for the name of God and the holy name is never pronounced or even written in full. The Gospel of Matthew is the most Jewish of the Gospels and characteristically always refers to the kingdom of heaven rather than the kingdom of God.

THIS WEEK'S READINGS

(20 - 27 July)

- **Monday, 20:** Weekday, Ordinary Time 16 (Micah 6:1-4, 6-8; Mt 12:38-42)
- **Tuesday, 21:** Weekday, Ordinary Time 16 (Micah 7:14-15, 18-30; Mt 12:46-50)
- **Wednesday, 22:** St Mary Magdalene (Song 3:1-4; Jn 20:1-2, 11-18)
- **Thursday, 23:** Weekday, Ordinary Time 16 (Jer 2:1-3, 7-8, 12-13; Mt 13:10-17)
- **Friday, 24:** Weekday, Ordinary Time 16 (Jer 3:14-17; Mt 13:18-23)
- **Saturday, 25:** St James (2 Cor 4:7-15; Mt 20:20-28)
- **Sunday 26:** 17th SUNDAY in ORDINARY TIME (1Kg 3:5, 7-12; Rom 8:28-30; Mt 13:44-52)

PASTORAL CARE

If you need a Priest for anointing of the sick or last rites contact: Noarlunga/Seaford (8382 1717), Willunga (0488 287 552), Victor Harbor/Goolwa (8552 1084), Kangaroo Island (0418 819 078).