



Welcome to

# Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

**SECOND SUNDAY OF LENT - YEAR C**

**Vol 10 : No 17**

## **KANGAROO ISLAND CATHOLIC PARISH**

Parish House: 22 Giles Street,  
KINGSCOTE, SA 5223  
Phone: 8553 2132

Postal address: PO Box 749,  
KINGSCOTE, SA 5223

Email: [cphkingscote@iinet.net.au](mailto:cphkingscote@iinet.net.au)

Web: [www.kicatholic.org.au](http://www.kicatholic.org.au)

## **ADELAIDE CATHEDRAL PARISH**

39 Wakefield St, ADELAIDE 5000  
Phone: (08) 8210 8155

E: [acp@acp.adelaide.catholic.org.au](mailto:acp@acp.adelaide.catholic.org.au)

## **PARISH TEAM CONTACTS**

### **PARISH ADMINISTRATOR**

Fr Anthoni Adimai  
Phone: (08) 8210 8155

### **PARISH PASTORAL COUNCIL**

Mr Peter Clark (8559 5131)

### **FINANCE**

Mrs Helen Mumford (0408 367 009  
or [kimumford@bigpond.com](mailto:kimumford@bigpond.com))

### **PARISH NEWSLETTER**

Mrs Wendy Bennett (0475 894 755  
[wendygbennett@icloud.com](mailto:wendygbennett@icloud.com))  
(All items for the newsletter must be  
received no later than Tuesday  
evening.)

### **SPONSORSHIP**

**KANGAROO ISLAND  
TRANSFERS** (0427 887 575)  
generously donate transport for  
our visiting Priests.

### **CHILD PROTECTION**

Child Protection Unit 8210 8159

### **WEEKEND MASSES**

Kingscote at 9.30am

### **CONFESSION**

Kingscote at 9.00am  
(prior to Mass)



### **FIRST READING**

*Genesis 15:5-12, 17-18*

Taking Abram outside, the Lord said, 'Look up to heaven and count the stars if you can. Such will be your descendants' he told him. Abram put his faith in the Lord, who counted this as making him justified.

'I am the Lord' he said to him 'who brought you out of Ur of the Chaldaeans to make you heir to this land.' 'My Lord, the Lord' Abram replied 'how am I to know that I shall inherit it?' He said to him, 'Get me a three-year-old heifer, a three-year-old goat, a three-year-old ram, a turtledove and a young pigeon.' He brought him all these, cut them in half and put half on one side and half facing it on the other; but the birds he did not cut in half. Birds of prey came down on the carcasses but Abram drove them off.

Now as the sun was setting Abram fell into a deep sleep, and terror seized him. When the sun had set and darkness had fallen, there appeared a smoking furnace and a firebrand that went between the halves. That day the Lord made a Covenant with Abram in these terms:

'To your descendants I give this land, from the wadi of Egypt to the Great River.'

### **RESPONSORIAL PSALM**

*Ps 26: 7-9, 13-14*

*The Lord is my light and my salvation.*

### **SECOND READING**

*Philippians 3:17-4:1*

My brothers, be united in following my rule of life. Take as your models everybody who is already doing this and study them as you used to study us. I have told you often, and I repeat it today with tears, there are many who are behaving as the enemies of the cross of Christ. They are destined to be lost. They make foods into their god and they are proudest of something they ought to think shameful; the things they think important are earthly things. For us, our homeland is in heaven, and from heaven comes the saviour we are waiting for, the Lord Jesus Christ, and he will transfigure these wretched bodies of ours into copies of his glorious body. He will do that by the same power with which he can subdue the whole universe.

So then, my brothers and dear friends, do not give way but remain faithful in the Lord. I miss you very much, dear friends; you are my joy and my crown.

*(Continued page 4)*



# Bulletin Board

## PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

**Sick:** Bill Roestenburg, Peter Weatherstone, Maureen Slagter, Melanie Howson

**March anniversaries:** Peter Beinke, Kieren Berden, Ellen Clarke, Peter Clark, Ellen Denholm, Inez Frawley, Kathleen Gannon, Archbishop Gleeson, Alec Grant, Keith Hornby, Gladys Leurn, Jean Lonzar, Patrick Lyden, Kath Northcott, Stephen Northcott, Denis O'Brien, James Palmer, Dilly Reynolds, Richard Semler, Sylvester Shannon, Peter Slagter, Cathy Smythe, Eunice Trethewey, Edie Willson, Glad Nash ... and all the faithful departed.

*Please pray for all the faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ.*

## PARISH ROSTERS

	Comm	Reader	Cleaning
13/3	A Clark	W Bennett	A Bevan
20/3	L Grant	S Semmler	A Bevan
27/3	M Glynn	P Bennett	H Mumford

### Covid Marshal

13/3	A Clark	20/3 W Bennett
27/3	P Bennett	

## PRIEST ROSTER

*(Often this roster changes*

*if something unforeseen crops up)*

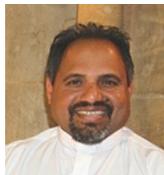
13/3	Fr Anthony Kain
27/3	TBA

## PRAYERS FOR HEALING

Prayers for Healing and Renewal in the Church - Thursdays at 9.00am

## FROM FR ANTHONI

On behalf of Kangaroo Island Catholic Parish, I extend a warm welcome to all the families, friends, visitors and holiday makers.



### Let us not grow tired of doing good

The Lenten season calls us to place our faith and hope in the Lord (cf. 1 Pet 1:21), since only if we fix our gaze on the risen Christ (cf. Heb 12:2) will we be able to respond to the Apostle's appeal, "Let us never grow tired of doing good" (Gal 6:9).

*Let us not grow tired of praying.*

Jesus taught us to "pray always without becoming weary" (Lk 18:1). We need to pray because we need

God. Thinking that we need nothing other than ourselves is a dangerous illusion. If the pandemic has heightened the awareness of our own personal and social fragility, may this Lent allow us to experience the consolation provided by faith in God, without whom we cannot stand firm (cf. Is 7:9). No one attains salvation alone, since we are all in the same boat, amid the storms of history; [2] and certainly no one reaches salvation without God, for only the paschal mystery of Jesus Christ triumphs over the dark waters of death. Faith does not spare us life's burdens and tribulations, but it does allow us to face them in union with God in Christ, with the great hope that does not disappoint, whose pledge is the love that God has poured into our hearts through the Holy Spirit (cf. Rom 5:1-5).

*Let us not grow tired of uprooting evil from our lives.*

May the corporal fasting to which Lent calls us fortify our spirit for the battle against sin. *Let us not grow tired of asking for forgiveness in the Sacrament of Penance and Reconciliation*, knowing that God never tires of forgiving. [3] *Let us not grow tired of fighting against concupiscence*, that weakness which induces to selfishness and all evil, and finds in the course of history a variety of ways to lure men and women into sin (cf. *Fratelli Tutti*, 166). One of these is addiction to the digital media, which impoverishes human relationships. Lent is a propitious time to resist these temptations and to cultivate instead a more integral form of human communication (*ibid.*, 43) made up of "authentic encounters" (*ibid.*, 50), face-to-face and in person.

*Let us not grow tired of doing good in active charity towards our neighbours.*

During this Lent, may we practise almsgiving by giving joyfully (cf. 2 Cor 9:7). God who "supplies seed to the sower and bread for food" (2 Cor 9:10) enables each of us not only to have food to eat, but also to be generous in doing good to others. While it is true that we have our entire life to sow goodness, let us take special advantage of this Lenten season to care for those close to us and to reach out to our brothers and sisters who lie wounded along the

path of life (cf. Lk 10:25-37). Lent is a favourable time to seek out – and not to avoid – those in need; to reach out – and not to ignore – those who need a sympathetic ear and a good word; to visit – and not to abandon – those who are lonely. Let us put into practice our call to do good to all, and take time to love the poor and needy, those abandoned and rejected, those discriminated against and marginalized (cf. *Fratelli Tutti*, 193).

*(Pope Francis, Lenten Message 2022 ...to be continued) Fr Anthoni*

## PROJECT COMPASSION



Biru 30, lives in a rural village in Jharkand State in India's east. He lost mobility in one of his legs, after contracting polio as a child, which makes it difficult for him to walk. With your generous support, Biru was able to access an entrepreneurship and livelihoods development program, run by Caritas Australia's partner, Caritas India. He gained the skills, support and encouragement he needed to establish his own bicycle repair business.

Now, Biru is able to provide a good life for his family – and an essential service to his community. He has discovered a sense of pride, confidence and hope which has inspired others living with a disability and paved the way For All Future Generations.

Please donate to Project Compassion 2022 and help people living with disabilities in India gain access to education and clean water, empowering them with skills to build a better future for all.

Together, we can help vulnerable communities face their challenges

today and build a better tomorrow For All Future Generations. You can donate through Project Compassion donation boxes and envelopes available from your Parish, by visiting [lent.caritas.org.au](http://lent.caritas.org.au), or by calling 1800 024 413.

### UKRAINE CRISIS

The escalating violence in Ukraine is rapidly becoming a dire humanitarian crisis. Estimates indicate that over 1.3 million people have been forced to flee their homes. Millions more are in urgent need of supplies, medical attention and shelter.

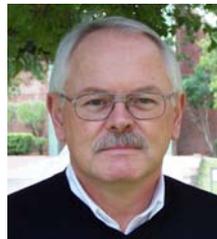
Millions of Ukrainians are now living through air raids and attacks, as the conflict in Ukraine worsens daily:

- Extensive damage to water systems, roads, bridges, hospitals, schools and other vital infrastructure.
- More than 100,000 people displaced within Ukraine in below freezing winter temperatures.
- Critical hospital services have been disrupted due to constant power outages.
- Ongoing hostilities continue to disrupt access to food, clean water, medicine, basic hygiene items and shelter.
- Around 470,000 people in Mariupol, Sartana and Staryi Krym are still without access to water.

It is estimated that 12 million people in Ukraine will need humanitarian assistance, while more than four million displaced Ukrainians will need support in neighbouring countries in the coming months.

Your generous donation today can make a real difference to the lives of people in Ukraine. Go to:

<https://www.caritas.org.au/donate/emergency-appeals/ukraine/>



## Ron Rolheiser column

*Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide*

### BALANCING ACTION AND CONTEMPLATION

Balance among “being” and “doing” is like looking for the Kingdom, a question of searching for a narrow door that few find.

I know only of two kinds of persons: those with too much to do and those who do not have enough to do. I know no one whom I can look at with genuine envy and say: “He or she has it just right!” Everyone I know, myself included, is either over-pressured or is frustrated because they would like to be doing more. Balance ... to have just the right amount of work coupled with the right amount of prayer, to have a healthy combination of pressure and leisure, is a thing rarely seen.

Given this perennial struggle for balance, it can be useful to lay out some general principles which, while not necessarily all that practical, at least help show us where, theoretically, the balance lies. I offer these somewhat apologetically, knowing that, in this area, I can hardly present myself as a paradigm. Nonetheless, for what they are worth, here are some principles for balancing our lives:

- Have enough interiority in life to make for mysticism but have enough family and disruption in life to make for healthy displacement.

- Have enough interiority in life to make for soul but have enough obligations and involvements to make for a sense of the corporate.
- Have enough solitude in life to make for enjoyment but enough dutiful work to identify you with the poor.
- Have enough withdrawal and self-care in life to safeguard health, but enough conscription and duty to let you know your life is not your own.
- Have enough of God’s agenda to let you know that this world is not ultimate, but enough of the world’s agenda to let you know that your task here is to help God shape the earth.
- Be enough at home to realize that your family is primary but be enough in the world to let you know that the world is your ultimate family.
- Have enough involvement in prayer and church groups to be considered pious, but enough concern about politics and justice to be considered radical.
- Be enough Mary to sit, passively, at the feet of Jesus, but enough Martha to not have a privileged escape from the everyday, mundane duties of life.

*You can read, or download, Ron Rolheiser’s weekly columns from his website at: [www.ronrolheiser.com](http://www.ronrolheiser.com)*

### FLOOD APPEALS

In recent weeks, heavy rain has submerged some part of New South Wales and Queensland affecting many people and families. You may personally know people who have been affected.

The Appeals available are:

1. The Diocese of Lismore have launched its 2022 Flood Appeal for people who would like to donate in support of Northern NSW. Details can be found here: [Catholic Diocese of Lismore \(lismorediocese.org\)](http://CatholicDioceseofLismore(lismorediocese.org))
2. The St Vincent de Paul Society has launched Emergency Flood Appeals for those affected so they can begin to assist with immediate needs. Details of this Appeal can be found here: [Flood appeal - St Vincent de Paul Society - Good Works \(vinnies.org.au\)](http://FloodAppeal-StVincentdePaulSociety-GoodWorks(vinnies.org.au))

### LENTEN STUDIES

The Inter Church Committee are proposing to have Lenten Studies involving all our Churches. We invite you to register and be involved in a group that suits you. The studies will run from until 14<sup>th</sup> April. The study book "Repairing the Breach", by Anglican Board of Missions, will cost \$10. Forms are available at the back of the Church if you would like attend.

- *Things that used to hurt my back: jumping off garages, crashing my bike, falling out of a tree, diving in the shallow end, contact sports.*
- *Things that hurt my back now: sneezing, washing the dishes, brushing my teeth, tying my shoes, rolling over in bed.*

## COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 8/3/22)

- Places of Worship are restricted to 3:4 sqm with social distancing of 1.5ms. A change in wording means that a wedding and funeral (previously viewed as a private activity) is taken to mean a defined public activity (in our circumstance a ceremony: religious/faith-based ceremony) and the 3:4sqm applies.
- Wearing of masks is mandatory. (An official medical certificate must be produced on request, if claiming an exemption.)
- Attendees at indoor religious services may sing during worship, if they wear masks while doing so.
- Social distancing is mandatory - DO NOT CONGREGATE at entry/exit and outside. No communal gathering after Mass.
- There should be no shaking of hands or holding hands during the Mass.
- Every gathering must record contact details - either with the QR code for smart phones, or the handwritten log - both located at the entrance to the Church
- Hand sanitizer is available at Church entrances.
- Offertory procession will be omitted. Communion is given only in hands. Precious Blood will not be distributed.
- Collection plates will not be passed around.
- Holy Water is not available at the doors of churches.
- Sick and high risk/vulnerable people should be encouraged not to attend.
- The Archdiocese recommends Covid vaccination for all (please check with your GP if you have concerns).
- Obligation for Sunday Mass for the laity HAS NOT BEEN RE-INVOKED at this stage. You may wish to access:  
[Mass for You at Home – The official website of Mass For You At Home, Australia](#) online and on Channel 10 every Sunday at 6 am.



(Continued from page 1)

## GOSPEL ACCLAMATION

*Glory and praise to you, Lord Jesus Christ! From the shining cloud the Father's voice is heard: this is my beloved Son, hear him. Glory and praise to you, Lord Jesus Christ!*

## GOSPEL

**Luke 9:28-36**

Jesus took with him Peter and John and James and went up the mountain to pray. As he prayed, the aspect of his face was changed and his clothing became brilliant as lightning. Suddenly there were two men there talking to him; they were Moses and Elijah appearing in glory, and they were speaking of his passing which he was to accomplish in Jerusalem. Peter and his companions were heavy with sleep, but they kept awake and saw his glory and the two men standing with him. As these were leaving him, Peter said to Jesus, 'Master, it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' – He did not know what he was saying. As he spoke, a cloud came and covered them with shadow; and when they went into the cloud the disciples were afraid. And a voice came from the cloud saying, 'This is my Son, the Chosen One. Listen to him.' And after the voice had spoken, Jesus was found alone. The disciples kept silence and, at that time, told no one what they had seen.

## STARS IN THE NIGHT SKY

Those of us who live in the big city miss a whole lot when it comes to the beauty of nature that is all around us. On my first time being out in the country, on a boat in the middle of a calm lake late at night, I remember looking up. I had never seen so many stars before in my life. The city lights always made the sky a poor backdrop. Now an August meteor filled the sky with what I believed were hundreds of "falling" stars. That was a truly religious experience that has stayed with me. Decades later, when I look up at the night sky, no matter where I might be, I don't see it in the way I used to before that night in the country.

Lent has begun. There is no more opportune time to get away from the

bright lights that entice us but also ultimately blind us to God's presence all around us. Like the disciples in the gospel, we need to use Lent to get away, go up the mountain, see the stars in the night sky, and find who Jesus really is or needs to be in our lives.

The moment Jesus was transfigured before the disciples their lives were changed. They, too, became transfigured. Never again would they look at their friend, their teacher, their Messiah in the same way. That moment made them different forever.

What do we need to change us, to make us different, to help us see the presence of Jesus with the clear eyes of faith? Lent can lead us to the answer.

The Commissioning: Take with you what you need for your Lenten journey: determination to walk the hard road that Jesus walked, joy that you have friends from this community with you, peace and prayer in meditation, resources in the Bible and on the internet to guide and challenge you, memories of the good people who have been on journey before you. We have what we need for our Lenten journey, and we rejoice that God goes with us. God's love surrounds you and will never let you go.  
*GPBS eNews*

## THIS WEEK'S READINGS

(14 - 20 March)

- **Monday, 14:** Monday, 2<sup>nd</sup> week Lent (Dan 9:4-10; Lk 6:36-38)
- **Tuesday, 15:** Tuesday, 2<sup>nd</sup> week Lent (Is 1:10, 16-20; Mt 23:1-12)
- **Wednesday, 16:** Wednesday, 2<sup>nd</sup> week Lent (Jer 18:18-20; Mt 20:17-28)
- **Thursday, 17:** St Patrick (Jer 1:4-9; Acts 13:46-49; Lk 10:1-12, 17-20:)
- **Friday, 18:** Friday, 2<sup>nd</sup> week Lent (Gen 37:3-4, 12-13, 17-28; Mt 21:33-43, 45-46)
- **Saturday, 19:** ST JOSEPH, spouse of the BLESSED VIRGIN MARY (2Sam 7:4-5, 12-14, 16; Rom 4:13, 16-18, 22; Mt 1:16, 18-21, 24: )
- **Sunday, 20:** THIRD SUNDAY OF LENT (Ex 3:1-8, 13-15; 1 Cor 10:1-6, 10-12; Lk 13:1-9)

## PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955