



Welcome to

Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

FIRST SUNDAY OF LENT - YEAR C

Vol 13 : No 16

KANGAROO ISLAND CATHOLIC PARISH

Parish House: 22 Giles Street,
KINGSCOTE, SA 5223
Phone: 8553 2132

Postal address: PO Box 749,
KINGSCOTE, SA 5223

Email: cphkingscote@iinet.net.au

Web: www.kicatholic.org.au

ADELAIDE CATHEDRAL PARISH

39 Wakefield St, ADELAIDE 5000

Phone: (08) 8210 8155

E: acp@acp.adelaide.catholic.org.au

PARISH TEAM CONTACTS PARISH ADMINISTRATOR

Fr Lancy D'Silva

Phone: (08) 8210 8155

PARISH PASTORAL COUNCIL
Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009
or kimumford@bigpond.com)

PARISH NEWSLETTER

Mrs Wendy Bennett (0475 894 755

wendygibennett@icloud.com)

(All items for the newsletter must be
received no later than Tuesday
evening.)

WEEKEND MASSES

Kingscote at 9.30am

CONFESSION

Kingscote at 9.00am
(prior to Mass)

PRAYERS FOR HEALING

Prayers for Healing and Renewal in
the Church - Thursdays at 9.00am



FIRST READING

Deuteronomy 26:4-10

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

“My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me.”

‘You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.’

RESPONSORIAL PSALM

Ps 90:1-2, 10-15

Be with me, Lord, when I am in trouble.

1. He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: 'My refuge, my stronghold, my God in whom I trust! <R>.
2. Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways. <R>.
3. They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon. <R>.
4. His love he set on me, so I will rescue him: protect him for he knows my name. When he calls I shall answer: I am with you. I will save him in distress and give him glory. <R>.

(Continued page 4)



Bulletin Board

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Healing list: Sue Semler, Brianna Chudlee, Peter Weatherstone, John Slagter, Annette Roestenburg, Michelle Glynn, Elijah Laundy, Rebecca Semler, Simon Laundy, Chris Heath, Josh Semler

March anniversaries:

Peter Beinke, Kieren Berden, Ellen Clarke, Peter Clark, Ellen Denholm, Inez Frawley, Kathleen Gannon, Archbishop Gleeson, Alec Grant, Keith Hornby, Gladys Learn, Jean Lonzar, Patrick Lyden, Kath Northcott, Stephen Northcott, Denis O'Brien, James Palmer, Dilly Reynolds, Richard Semler, Sylvester Shannon, Peter Slagter, Cathy Smythe, Eunice Trethewey, Edie Willson, Glad Nash.

Please pray for all the faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ.

PARISH ROSTERS

	Reader	Prayers	Cleaning
09/3	K Hammat	S Semler	A Bevan
16/3	M Slagter	P Bennett	A Bevan
23/3	A Clark	M Glynn	A Bevan
30/3	W Bennett	M Slagter	C Brinkley

PRIEST ROSTER

9 March Liturgy
16 March Liturgy
23 March Fr Lancy D'Dilva

LENTEN REFLECTION BOOKLETS

Free Lenten Reflection booklets are available from the foyer of the Church today. These are suitable for private reflection, or you might like to join with others for group reflection.

LENT

What is Fasting and Abstaining?

Fasting is recommended for Catholics between the ages of 18 and 60 years, unless they have particular health requirements or are sick. Fasting is about being more alert, through limiting sensibly our intake of daily food. It helps us to heighten our senses and consciousness (as the monks in the desert discovered centuries ago), to aid our prayer, to enable us to recognise the deeper

desires of our mind and heart, so that we can listen to God's action more readily in our lives.

Abstinence from meat is for Catholics between the ages of 14 and 60, unless they have particular health requirements or are sick. We are to abstain from meat only on Ash Wednesday and on Good Friday. However, you could choose to do this every Friday of Lent as a penitential practice to be in solidarity with the poor – but this is not required by the Church.

LENTEN PASTORAL LETTER

There are limited hard copies of the Archbishop's Lenten Pastoral in the Church foyer, or use the QR code to read the full document.



PROJECT COMPASSION

The desert plays a significant part in Scripture: it is a place of both discovery and of getting lost. You may recall that Moses encountered God in the wilderness when he hears a voice from the burning bush. He discovered something vital to us all that day: God points us in a direction we may not choose for ourselves. Later, however, Moses and his people are lost in the desert for 40 years. We read the finale of that story in today's first reading.

First Australians have also had an intimate connection with the desert. Many Indigenous cultures danced in time with the desert for countless generations. When the so-called Pintupi Nine made 'first contact' after emerging from the Gibson Desert in 1984, they were in excellent health. The same desert could kill Europeans in thirty-six hours or less.

In today's Gospel, we learn that the Spirit led Jesus to a lonely place. Up to this point in Luke's Gospel, we have seen Jesus as a member of his family and community. We have met Mary and Joseph and Elizabeth and Simeon and Anna and John the Baptist. Now Jesus must stand on his own and decide what really matters in life. Is he going to rely on material things? Is he going to want power at any price? Is he going to put himself rather than God at the heart of his

decision making? These are the temptations of the devil.

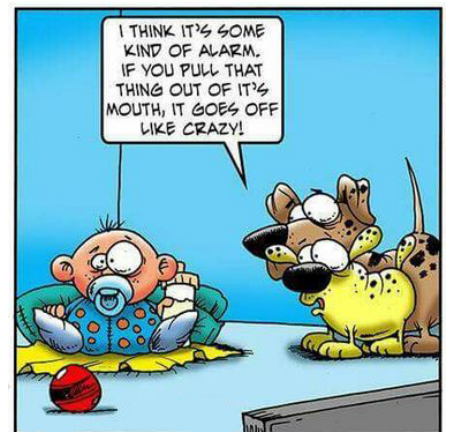
Lent presents us with the same choice. Are we going to find our direction or just be lost in the swirling confusion of choices with which life presents us? Project Compassion helps us to find direction by offering us the opportunity to Unite Against Poverty. Are we content for the world to become more and more fragmented. Or would we prefer to stand up against voices of opportunism and exploitation?

Every year, Caritas Australia is overwhelmed and grateful that our Catholic communities are so clearly on the side of justice and life. to reach out in generosity to those in need, while demanding of us some personal sacrifice.

Project Compassion boxes or envelopes are available in the Church Foyer.

CALENDAR 2025

- 10 Mar Adelaide Cup Day
- 12 Apr Last day School term 1
- 13 Apr Palm Sunday
- 17 Apr Thursday of Lord's Supper
- 18 Apr Good Friday
- 18 Apr Holy Places Appeal
- 19 Apr Holy Saturday
- 20 Apr Easter Sunday
- 25 Apr ANZAC Day
- 28 Apr First day School term
- 18 May St Vincent de Paul Appeal
- 9 Jun King's birthday holiday
- 29 Jun Holy Father's Appeal
- 2 Jul Last day School term 2
- 6 July NATSICC Appeal
- 20 Jul Stella Maris - Sea Sunday
- 21 Jul First day School term 3
- 10 Aug Vocations Appeal
- 26 Sep Last day School term 3
- 6 Oct Labour day holiday
- 13 Oct First day School term 4
- 12 Dec Last day School term 4





Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

DARK NIGHTS OF THE HEART

There are times when our world unravels. Who hasn't had the feeling? "I'm falling apart! This is beyond me! My heart is broken! I feel betrayed by everything! Nothing makes sense anymore! Life is upside down!"

Jesus had a cosmic image for this. In the Gospels, he talks about how the world as we experience it will someday end: "*The sun will be darkened, the moon will not give forth its light, stars will fall from heaven, and the powers of heaven will be shaken.*" When Jesus says this, he is not talking as much about cosmic cataclysms as of cataclysms of the heart. Sometimes our inner world is shaken, turned upside down; it gets dark in the middle of the day, there's an earthquake in the heart; we experience the end of the world as we've known it.

However, in this upheaval, Jesus assures us that one thing remains sure: God's promise of fidelity. That doesn't get turned upside down and in our disillusionment we are given a chance to see what really is of substance, permanent, and worthy of our lives. Thus, ideally at least, when our trusted world is turned upside down, we are given the chance to grow, to become less selfish, and to see reality more clearly.

Christian mystics call this "*a dark night of the soul*" and they express it as if God were actively turning our world upside down and deliberately causing all the heartache to purge and cleanse us.

The great Spanish mystic John of the Cross puts it this way: God gives us seasons of fervor and then takes them away. In our seasons of fervor, God gives us consolation, pleasure, and security inside our relationships, our prayer, and our work (sometimes with considerable passion and intensity). This is a gift from God

and is meant to be enjoyed. But John tells us, at a certain point, God takes away the pleasure and consolation and we experience a certain dark night in that where we once felt fire, passion, consolation, and security, we will now feel dryness, boredom, disillusion, and insecurity. For John of the Cross, all honeymoons eventually end.

Why? Why would God do this? Why can't a honeymoon last forever?

Because eventually, though not initially, it blocks us from seeing straight. Initially all those wonderful feelings we feel when we first fall in love, when we first begin to pray deeply, and when we first begin to find our legs in the world. These are part of God's plan and God's way of drawing us forward. The passion and consolation we feel help lead us out of ourselves, beyond fear and selfishness. But, eventually, the good feelings themselves become a problem because we can get hung up on them rather than on what's behind them.

Honeymoons are wonderful; but, on a honeymoon, too often we are more in love with being in love and all the wonderful energy this creates than we are in love with the person behind all those feelings. The same is true for faith and prayer. When we first begin to pray seriously, we are often more in love with the experience of praying and what it's doing for us than we are in love with God. On any honeymoon, no matter how intense and pure the feelings seem, those feelings are still partly about ourselves rather than purely about the person we think we love. Sadly, that is why many a warm, passionate honeymoon eventually turns into a cold, passionless relationship.

Until we are purified, and we are purified precisely through dark nights of disillusionment, we are too much still seeking ourselves in love and in everything else. Therese of Lisieux

used to warn: "*Be careful not to seek yourself in love, you'll end up with a broken heart that way!*" We'd have fewer heartaches if we understood that. Also, before we are purified by disillusionment, most of the tears we shed, no matter how real the pain or loss, often say more about us than they say about the person or situation we are supposedly mourning.

In all this, there's both bad news and good news: The bad news is that most everything we sense as precious will someday be taken from us. Everything gets crucified, including every feeling of warmth and security we have. But the good news is that it will all be given back again, more deeply, more purely, and even more passionately than before.

What dark nights of the soul, cataclysms of the heart, do is to take away everything that feels like solid earth so that we end up in a free-fall, unable to grab on to anything that once supported us. But, in falling, we get closer to bedrock, to God, to reality, to truth, to love, to each other, beyond illusions, beyond selfishness, and beyond self-interested love that can masquerade as altruism. Clarity in eyesight comes after disillusionment, purity of heart comes after heartbreak, and real love comes after the honeymoon has passed.

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com



WEEKLY CONTRIBUTIONS

For those of you who wish to make your weekly contributions to the first and second collections by direct debit, these are the banking details for each.

1st Collection (Support for Priests):
BSB 066-782
A/c No 100027201
Reference: Your name

2nd Collection (Support for our Parish):
BSB 066-782
A/c No 100000067
Reference: Your name

Thank you for your ongoing support of our Priests and Parish Facilities.

CHILD PROTECTION

We are a Child Safe Organisation which is committed to the care, well-being and protection of children and young people. We believe that all God's children and young people have the right to be healthy and safe, and to have their voice heard, respected, and valued. A safe environment for all.

Mrs Helen Mumford
(KI contact - 0408 367 009)
Child Protection Unit 8210 8159

FROM OUT OF THE DESERT

The temptation story is a private moment in the otherwise very public life of Jesus. Away from the crowds, without the support of a friend, he has gone into the desert for one of the greatest spiritual struggles of his life. He will not battle for the life of his mission this way again until the final hour in Gethsemane. At both ends of his ministry, he has to lay down his will and take up that of the One who sent him. Even for Jesus, it is never easy.

The desert is the appropriate meeting ground for the devil. The scarcity of water, the fear of wild creatures, the absence of mercy from the unremitting sun combine to make the desert a desperate place for humans: Life meets death here. That is why it becomes a powerful Lenten symbol for us, caught in the mystery of death meeting life in the cross and resurrection. Just as Jesus wrestles to clarify his mission and surrender his will, we use the season to wrestle down our egos and examine again our commitment to the mission of the church. Do we want to be the people of God, or do our allegiances really lie elsewhere?

(Continued from page 1)

SECOND READING

Romans 10:8-13

Scripture says: The word (that is the faith we proclaim) is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

GOSPEL ACCLAMATION

Mt 4:4

*Praise to you, Lord Jesus Christ, king of endless glory!
No one lives on bread alone,
but on every word that comes from the mouth of God.
Praise to you, Lord Jesus Christ, king of endless glory!*

GOSPEL

Luke 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you to guard you,

and again:

They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

KIDS' CORNER

Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. (Luke 4: 1 - 2)

The temptation of Jesus was no accident. The Holy Spirit led Jesus in this way so that Jesus could face the same challenges we all face and show us how we can overcome them. Lent is a time when the whole Church is led into a kind of desert to face our own challenges as followers of Jesus. Through prayer, fasting and almsgiving, we give the Spirit a chance to come into our hearts in a new way. How will you open your heart to the Holy Spirit this Lent?

Holy Spirit, guide me.

THIS WEEK'S READINGS

(10 - 16 March)

- **Monday, 10:** Monday, 1st week Lent (Lev 19:1-2, 11-18; Mt 25:31-46)
- **Tuesday, 11:** Tuesday, 1st week Lent (Is 55:10-11; Mt 6:7-15)
- **Wednesday, 12:** Wednesday, 1st week Lent (Jonah 3:1-10; Lk 11:29-32)
- **Thursday, 13:** Thursday, 1st week Lent (Esther 14:1, 3-5, 12-14; Mt 7:7-12)
- **Friday, 14:** Friday, 1st week Lent (Ezek 18:21-28; Mt 5:20-26)
- **Saturday, 15:** Saturday, 1st week Lent (Deut 26:16-19; Mt 5:43-48)
- **Sunday, 16:** SECOND SUNDAY OF LENT (Gen 15:5-12, 17-18; Phil 3:17 - 4:1; Lk 9:28-36)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955