



Welcome to

Kangaroo Island Catholic Community

(Part of the Fleurieu and Kangaroo Island Cluster of Catholic Parishes)

THE MOST HOLY TRINITY - YEAR A

Vol 8 : No 29

CORONAVIRUS UPDATE

THERE WILL BE NO MASSES OR PUBLIC LITURGIES UNTIL FURTHER NOTICE.

FOR MORE INFORMATION, PLEASE SEE THE NEWSLETTER ON OUR WEBSITE.

www.kicatholic.org.au/news.html

KANGAROO ISLAND CATHOLIC PARISH

Parish House: 22 Giles Street, KINGSCOTE, SA 5223

Phone: 8553 2132

Postal address: PO Box 749, KINGSCOTE, SA 5223

Email: cphkings@adam.com.au

Web: www.kicatholic.org.au

NOARLUNGA DOWNS CATHOLIC PRESBYTERY

Phone: 8382 1717

PARISH TEAM CONTACTS

PARISH PRIEST

Fr Josy Sebastian (8382 1717; in emergency - 0452 524 169)

Fr Prathap Katta (A/Priest - 8382 1717)

PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009 or kimumford@bigpond.com)

PARISH NEWSLETTER

Mr Peter Clark (8559 5131, paclark@muckra.com.au)

(All items for the newsletter must be received no later than Tuesday evening.)

SPONSORSHIP

KANGAROO ISLAND TRANSFERS (0427 887 575) generously donate transport for our visiting Priests.

CHILD PROTECTION

Child Protection Unit 8210 8159



FIRST READING

Exodus 34:4-6, 8-9

With the two tablets of stone in his hands, Moses went up the mountain of Sinai in the early morning as the Lord had commanded him. And the Lord descended in the form of a cloud, and Moses stood with him there.

He called on the name of the Lord. The Lord passed before him and proclaimed, 'Lord, Lord, a God of tenderness and compassion, slow to anger rich in kindness and faithfulness.' And Moses bowed down to the ground at once and worshipped. 'If I have indeed won your favour, Lord,' he said 'let my Lord come with us, I beg. True, they are a headstrong people, but forgive us our faults and our sins, and adopt us as your heritage.'

RESPONSORIAL PSALM

Daniel 3:52-56

Glory and praise for ever!

SECOND READING

2 Corinthians 13:11-13

Brothers, we wish you happiness; try to grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you.

Greet one another with the holy kiss. All the saints send you greetings.

The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

GOSPEL ACCLAMATION

Apoc 1:8

Alleluia, alleluia!

Glory to the Father, the Son and the Holy Spirit: to God who is, who was, and who is to come.

Alleluia!

GOSPEL

John 3:16-18

Jesus said to Nicodemus:

'God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life.

For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.

No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son.'

(Continued page 4)

PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Sick: Greg Turner, Toni Langridge, Damian Baynes, Charles Gorman, Dalton Baynes, Roy Gatton.

June anniversaries: Bill Berden, Mary Bradley, Peter Bradley, Baby Burden, Henry Carslake, Bob Clare, Charles Darcy, Timothy Hamm, Lorraine Holohan, Brian Kildea, Mildred Lashmar, Anthony Lonzar, Peter Lonzar, Dorothy McMahon, John Reynolds, Vikki Reynolds, Fiona Smith, Ann Wallace, Sr. Pauline Wallace, John Williams, Heather Willmott, Ross Wohling and all the faithful departed.

May all our sick parishioners, relatives and friends know the healing love of Christ through our actions and His healing presence.

COLLECTIONS

DIRECT PAYMENTS

If you would like to organise your Church donations via bank transfer there are a couple of ways you can go about this.

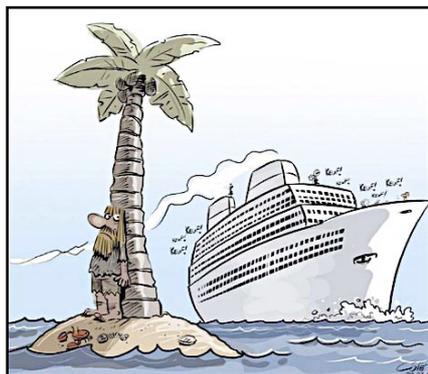
1. If you bank online, you can set up periodic, direct payments yourself. Again, you will need to do this twice - once for the first collection and again for second.

Acc: Kangaroo Island Catholic Parish
BSB: 085-005
Acc No: 918 111 484
Ref: Your surname, initials and *First* or *General*

2. Periodic regular payments may also be organised with your bank. Take the account details (above) with you and bank staff can set it up for you.

NB: *First* collection is for the support of our Priests and *General* (second at our Masses) is for the support of our Parish.

If you need more information or help, please contact Helen Mumford or Peter Clark.



EASING OF RESTRICTIONS UPDATE

The Premier has announced the relaxing of restrictions with Stage 2 now being implemented from June 1 2020 (one week earlier than scheduled).

The key points to note are:

- Funerals will be permitted for up to 50 attendees
- Places of Worship permitted for up to 20 attendees

This weekend, Fr Josy will be offering two Masses on Sunday, one at 9.00am and the other at 10.30am. There is still room for more people to attend. Anyone who wishes to attend one of these Masses needs to contact Peter Clark (phone 8559 5131) to book in.

Further plans will be put in place for Places of Worship in the coming weeks to look at larger gatherings. Please note the Leaders of Christian Churches have another planned meeting with the Premier on June 4 2020.

ST VINCENT PALLOTTI SCHOLARSHIP TRUST

The St Vincent Pallotti Scholarship Trust offers scholarships to enable lay people to further their understanding and skills in leadership/ministry or a specialised activity, such as promoting faith enhancement, social justice and pastoral care.

More information and applications forms are available on our website <https://www.pallottine.org.au/scholarships/st-vincent-pallotti-scholarship-for-lay-ministry.html>
Closing date July 31 2020.

HOW TO TELL IT'S GOD

How can we tell it's God in the gospels? There are fewer incidents of fire and cloud there. Look for the sacrifice! Not the animal sacrifice offered in the Temple, but the divine one evident everywhere. Christ emptied himself of divine privileges and took on flesh. Jesus turned from the temptations of wealth and power, and chose service. The King of Kings cast his lot among the poor and ignorant. What might easily have been the golden touch was used to heal lepers. Instead of a career, Jesus had a brief ministry. Sacrifice was spelled out in the silhouette of a cross on a hillside.

The signs of sacrifice are fewer in the world these days, though crosses abound on buildings and dangle from the ends of chains. If we want people to believe we come in the name of God, we'll have to produce the sacrifice.

What sacrifices have you made in the name of Christ?

Celebrate the Trinity by creating something in honour of the Source of all creation; sacrificing something in the name of Jesus; and contemplating the Holy Presence in prayer.

GPBS eNews

LIVE STREAMING AND TV BROADCASTING OF MASSES

The Archdiocese will continue to live stream Sunday Mass at 10am from St Francis Xavier's Cathedral. These Masses can be viewed live and on demand on the home page of www.adelaide.catholic.org.au. For those without internet access the Sunday Mass is replayed on Channel 44 at 4pm every week. An interstate service is screened live every week on Channel 10 at 6am. Mass for up to 20 people is being held five times a day from Monday to Saturday in the Cathedral. Visit www.adelcathparish.org for more detailed information.

THRESHOLD @HOME

Music Performance Series

Facebook Live Tuesdays at 8pm

Check out performances from young Catholic musicians from across the Archdiocese of Adelaide every Tuesday night from 8pm at www.facebook.com/cathoyouthadelaide/live. Interested in being a performer on Threshold @Home? Contact Peter: peter.bierer@cesa.catholic.edu.au

COVID-19

PHONE COUNSELLING

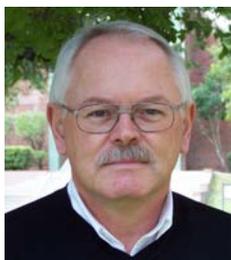
Now available by appointment

Phone Centacare Catholic Family Services - 8215 6700.

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- *I used to spin the toilet paper like I was on Wheel of Fortune. Now I turn it like I'm cracking a safe.*
 - *This morning I saw a neighbour talking to her cat. It was obvious she thought her cat understood her. I came into the house, told my dog . . . we laughed and laughed!*



Donations can still be made online at www.vinnies.org.au/donate, by phoning 13 18 12 or by sending a cheque or money order to St Vincent de Paul, GPO Box 1804 Adelaide, SA, 5001



Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate, is president of the Oblate School of Theology in San Antonio, Texas. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide



SOME ADVICE ON PRAYER FROM AN OLD MASTER

At the risk of being simplistic, I want to say something about prayer in a very simple way.

While doing doctoral studies, I had a professor, an elderly Augustine priest, who in his demeanor, speech, and attitude, radiated wisdom and maturity. Everything about him bespoke integrity. You immediately trusted him, the wise old grandfather of storybooks.

One day in class he spoke of his own prayer life. As with everything else he shared, there were no filters, only honesty and humility. I don't recall his exact words, but I remember well the essence of what he said and it has stayed with me for the nearly forty years since I had the privilege of being in his class.

Here's what he shared: prayer isn't easy because we're always tired, distracted, busy, bored, and caught up in so many things that it's hard to find the time and energy to center ourselves on God for some moments. So, this is what I do: no matter what my day is like, no matter what's on my mind, no matter what my distractions and temptations are, I am faithful to this: Once a day I pray the Our Father as best I can from where I am at that moment. Inside of everything that's going on inside me and around me that day, I pray the Our Father, asking God to hear me from inside of all the distractions and temptations that are besetting me. It's the best I can do. Maybe it's a bare minimum and I should do more and should try to concentrate harder, but at least I do that. And sometimes it's all I can do, but I do it every day, as best I can. It's the prayer Jesus told us to pray.

His words might sound simplistic and minimalistic. Indeed the church

challenges us to make the Eucharist the center of our prayer lives and to make a daily habit of meditation and private prayer. As well, many classical spiritual writers tell us that we should set aside an hour every day for private prayer, and many contemporary spiritual writers challenge us to daily practice centering prayer or some other form of contemplative prayer. Where does that leave our old Augustinian theologian and his counsel that we pray one sincere Our Father each day – as best we can?

Well, none of this goes against what he so humbly shared. He would be the first to agree that the Eucharist should be the center of our prayer lives, and he would agree as well with both the classical spiritual writers who advise an hour of private prayer a day, and the contemporary authors who challenge us to do some form of contemplative prayer daily, or at least habitually. But he would say this: at one of those times in the day (ideally at the Eucharist or while praying the Office of the Church but at least sometime during your day) when you're saying the Our Father, pray it with as much sincerity and focus as you can muster at the moment ("as best you can") and know that, no matter your distractions at the moment, it's what God is asking from you. And it's enough.

His advice has stayed with me through the years and though I say a number of Our Fathers every day, I try, at least in one of them, to pray the Our Father as best I can, fully conscious of how badly I am doing it. What a challenge and what a consolation!

The challenge is to pray an Our Father each day, as best we can. As we know, that prayer is deeply communitarian. Every petition in it

is plural – "our", "we", "us" – there's no "I" in the Our Father. Moreover, all of us are priests from our baptism and inherent in the covenant we made then, we are asked daily to pray for others, for the world. For those who cannot participate in the Eucharist daily and for those who do not pray the Office of the Church, praying the Our Father is your Eucharistic prayer, your priestly prayer for others.

And this is the consolation: none of us is divine. We're all incurably human which means that many times, perhaps most times, when we're trying to pray we'll find ourselves beset with everything from tiredness, to boredom, to impatience, to planning tomorrow's agenda, to sorting through the hurts of the day, to stewing about who we're angry at, to dealing with erotic fantasies.

Our prayer seldom issues forth from a pure heart but normally from a very earthy one. But, and this is the point, its very earthiness is also its real honesty. Our restless, distracted heart is also our existential heart and is the existential heart of the world. When we pray from there, we are (as the classical definition of prayer would have it) lifting mind and heart to God.

Try, each day, to pray one sincere Our Father! As best you can!

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com

COMPLIANCE WITH REGULATIONS

(The following conditions must be observed for all Church gatherings)

- Attendance for mass or private devotion for the time being is restricted to 20 persons in addition to the celebrants
- The four-square metres per person rule is to be observed in determining the total numbers allowed in the space.
- Except for families and household groups, people should be at least 1.5 metres apart.
- There should be no physical contact outside one's family or household group.
- There should be no shaking of hands or holding hands during the Mass.
- Every gathering must record contact details. Logs are located at the entrance to the Church.
- Hand sanitizer is to be available at church entrances.
- Precious Blood will not be distributed.
- No collection plates or hymn books are to be passed around.
- Communion is given only in hands.
- Holy Water is not available at the doors of churches.
- All surfaces should be cleaned at least daily, with special attention given to frequently touched surfaces.
- Sick and high risk/vulnerable people should be encouraged not to attend.
- Collection plates will not be passed around but a single drop point is provided at the churches.
- Offertory procession will be omitted.
- Care should be taking at the dismissal and on leaving the church to minimise social contact.
- The obligation for Sunday Mass for the laity HAS NOT BEEN RE-INVOKED at this stage.

KANGAROO ISLAND PARISH

Phone 8553 2132

www.kicatholic.org.au

NOARLUNGA/SEAFORD PARISH

Phone 8382 1717

www.noarlunga-seafordparish.org.au

VICTOR HARBOR/GOOLWA PARISH

Phone 8552 1084

www.victorgoolwacatholic.org.au

WILLUNGA PARISH

Phone 8556 2132

www.willungaparish.org.au

(Continued from page 1)

GOSPEL REFLECTION

This feast is not the time to try and explain how three goes into one! The Trinity is not something that we can understand and figure out with our reasoning, intellect or with our brain. We most certainly won't find the explanation to the Trinity by 'googling' it!

The Trinity is a mystery that we are to experience with our hearts not with our heads. It is not a puzzle or a riddle that we are expected to answer or solve. When we use the word 'mystery' to talk about and describe the Trinity, we are talking about a reality that is so endlessly rich and profound that it will never be exhausted. The more we contemplate and pray about the reality and presence of the Trinity in our lives, the more of itself will be revealed to us. Through the Trinity, God creates and loves us, Jesus liberates and saves us and the Spirit encourages and strengthens us. The Trinity is a community of love and life that we are invited to be part of share and in.

When we look at the news on our television or read the newspaper any day, we are often presented with news of violence, segregation and building walls. There is the reality of individuals and indeed come countries speaking about and defending their rights at the expense of dialogue and cooperation with other nations. People of different religions in the same country are often not only disagreeing with each other; they are actively fighting each other. Sadly, there is division where they could be unity, there is aggression where there could be understanding, and there is suspicion where there could be trust and mutual respect.

The Trinity offers us a model of sharing, belonging and community. It also challenges our individualism and our demand that our rights be met all the time. The Trinity asks to be mindful of our responsibilities to those around us in our families, our neighbourhood and our parish community.

In the Christian tradition, when we begin our prayers, whether as individuals or a community, we do so by making the sign of the cross and

calling on the power and presence of the Trinity. When we pray glory be..., we do the same. We deliberately and consciously ask the Trinity to be part of prayer and our daily life. Perhaps on the Feast of the Trinity we could say these prayers slower and let their meaning become part of us in a more intimate and personal way. *Michael Moore OMI*

DID YOU KNOW?

- The Catechism of the Catholic Church tells us that 'The mystery of the Most Holy Trinity is the central mystery of the Christian faith and of Christian life. God alone can make it known to us by revealing himself as Father, Son, and Holy Spirit' (§261).
- St Patrick is reputed to have attempted to explain the mystery of the Trinity as God who is Three-in-one by using the shamrock as a symbol. Another commonly used symbol of the Trinity is the triangle.
- The Trinity is sometimes described as the Lover (Father), the Beloved (Son) and the Love between (Spirit).
- Our God is relational. Humans, created in the image and likeness of God, are created to be in relationship with others.

THIS WEEK'S READINGS

(08 - 14 June)

- **Monday, 08:** Weekday, Ord Time 10 (1 Kg 17:1-6; Mt 5:1-12)
- **Tuesday, 09:** Weekday, Ord Time 10 (1 Kg 17:7-16; Mt 5:13-16)
- **Wednesday, 10:** Weekday, Ord Time 10 (1 Kg 18:20-39; Mt 5:17-19)
- **Thursday, 11:** St Barnabas (Acts 11:21-26, 13:1-3; Mt 10:1-13)
- **Friday, 12:** Weekday, Ord Time 10 (1 Kg 19:9, 11-16; Mt 5:27-32)
- **Saturday, 13:** St Anthony of Padua (1 Kg 19:19-21; Mt 5:33-37)
- **Sunday 14:** The Most Holy BODY and BLOOD of CHRIST (*Corpus Christi*) (Deut 8:2-3, 14-16; 1 Cor 10:16-17; Jn 6:51-58)

PASTORAL CARE

If you need a Priest for anointing of the sick or last rites contact: Noarlunga/Seaford (8382 1717), Willunga (0488 287 552), Victor Harbor/Goolwa (8552 1084), Kangaroo Island (0418 819 078).