



Welcome to

Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

FIRST SUNDAY OF LENT - YEAR C

Vol 10 : No 16

KANGAROO ISLAND CATHOLIC PARISH

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PARISH NEWSLETTER

Mrs Wendy Bennett (0475 894 755
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(All items for the newsletter must be
received no later than Tuesday
evening.)

SPONSORSHIP

KANGAROO ISLAND
TRANSFERS (0427 887 575)
generously donate transport for
our visiting Priests.

CHILD PROTECTION

Child Protection Unit 8210 8159

WEEKEND MASSES

Kingscote at 9.30am

CONFESSION

Kingscote at 9.00am
(prior to Mass)



FIRST READING

Deuteronomy 26:4-10

Moses said to the people: ‘The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

“‘My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me.”

‘You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.’

RESPONSORIAL PSALM

Ps 90:1-2, 10-15

Be with me, Lord, when I am in trouble.

SECOND READING

Romans 10:8-13

Scripture says: The word (that is the faith we proclaim) is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

(Continued page 4)



PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS

Sick: Bill Roestenburg, Peter Weatherstone, Maureen Slagter, Melanie Howson

March anniversaries: Peter Beinke, Kieren Berden, Ellen Clarke, Peter Clark, Ellen Denholm, Inez Frawley, Kathleen Gannon, Archbishop Gleeson, Alec Grant, Keith Hornby, Gladys Lurn, Jean Lonzar, Patrick Lyden, Kath Northcott, Stephen Northcott, Denis O'Brien, James Palmer, Dilly Reynolds, Richard Semler, Sylvester Shannon, Peter Slagter, Cathy Smythe, Eunice Trethewey, Edie Willson, Glad Nash ... and all the faithful departed.

Please pray for all the faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ.

PARISH ROSTERS

	Comm	Reader	Cleaning
6/3	M Glynn	L Grant	C Berden
13/3	A Clark	W Bennett	A Bevan
20/3	L Grant	S Semmler	A Bevan
27/3	M Glynn	P Bennett	H Mumford

Covid Marshal

6/3	H Mumford	13/3	A Clark
20/3	W Bennett	27/3	P Bennett

PRIEST ROSTER

(Often this roster changes

if something unforeseen crops up)

6/3	Fr Anthony Kain
13/3	Fr Anthony Kain
27/3	TBA

PRAYERS FOR HEALING

Prayers for Healing and Renewal gatherings in the Church - Thursdays at 9.00am

LENTEN STUDIES

The Inter Church Committee are proposing to have Lenten Studies involving all our Churches. We invite you to register and be involved in a group that suits you. The studies will run from 1st March to 14th April. The study book "Repairing the Breach", by Anglican Board of Missions, will cost \$10. Forms are available at the back of the Church if you would like attend.

- *My favourite exercise at the gym would probably be judging.*

FROM FR ANTHONI

On behalf of Kangaroo Island Catholic Parish, I extend a warm welcome to all the families, friends, visitors and holiday makers.



Lent is a favourable time for personal and community renewal, as it leads us to the paschal mystery of the death and resurrection of Jesus Christ. For our Lenten journey in 2022, we will do well to reflect on Saint Paul's exhortation to the Galatians: "Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity (*kairós*), let us do good to all" (*Gal 6:9-10*).

1. Sowing and reaping

In these words, the Apostle evokes the image of sowing and reaping, so dear to Jesus (cf. *Mt 13*). Saint Paul speaks to us of a *kairós*: an opportune time for sowing goodness in view of a future harvest. What is this "opportune time" for us? Lent is certainly such an opportune time, but so is our entire existence, of which Lent is in some way an image. [1] All too often in our lives, greed, pride and the desire to possess, accumulate and consume have the upper hand, as we see from the story of the foolish man in the Gospel parable, who thought his life was safe and secure because of the abundant grain and goods he had stored in his barns (cf. *Lk 12:16-21*). Lent invites us to conversion, to a change in mindset, so that life's truth and beauty may be found not so much in possessing as in giving, not so much in accumulating as in sowing and sharing goodness.

The first to sow is God himself, who with great generosity "continues to sow abundant seeds of goodness in our human family" (*Fratelli Tutti*, 54). During Lent we are called to respond to God's gift by accepting his word, which is "living and active" (*Heb 4:12*). Regular listening to the word of God makes us open and docile to his working (cf. *Jas 1:21*) and bears fruit in our lives. This brings us great joy, yet even more, it summons us to become God's co-workers (cf. *1 Cor 3:9*). By making

good use of the present time (cf. *Eph 5:16*), we too can sow seeds of goodness. This call to sow goodness should not be seen as a burden but a grace, whereby the Creator wishes us to be actively united with his own bountiful goodness.

What about the harvest? Do we not sow seeds in order to reap a harvest? Of course! Saint Paul points to the close relationship between sowing and reaping when he says: "Anyone who sows sparsely will reap sparsely as well, and anyone who sows generously will reap generously as well" (*2 Cor 9:6*). But what kind of harvest are we talking about? A first fruit of the goodness we sow appears in ourselves and our daily lives, even in our little acts of kindness. In God, no act of love, no matter how small, and no "generous effort" will ever be lost (cf. *Evangelii Gaudium*, 279). Just as we recognize a tree by its fruits (cf. *Mt 7:16, 20*), so a life full of good deeds radiates light (cf. *Mt 5:14-16*) and carries the fragrance of Christ to the world (cf. *2 Cor 2:15*). Serving God in freedom from sin brings forth fruits of sanctification for the salvation of all (cf. *Rom 6:22*).

(Pope Francis' Lenten Message 2022 to be continued) *Fr Anthony*

PROJECT COMPASSION



Anatercia 12, was struggling to cope with adult responsibilities after her father died. Then she participated in Caritas Australia-supported training and gained access to psychosocial supports.

Now, Anatercia can easily access clean drinking water, community members are able to grow healthy crops all year round, and there is enough nutritious food to eat. Anatercia feels better supported by her community, has more time to

study and do her homework, and hopes to fulfil her dream of becoming a nurse.

Please donate to Project Compassion 2022 to help young people succeed in the future and bring stability to vulnerable youth like Anatercia.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow For All Future Generations.

You can donate through Project Compassion donation boxes and envelopes available from your Parish, by visiting lent.caritas.org.au, or by calling 1800 024 413.

LENT 2022



What is Fasting and Abstaining?

Fasting is recommended for Catholics between the ages of 18 and 60 years, unless they have particular health requirements or are sick. Fasting is about being more alert, through limiting sensibly our intake of daily food.

Abstinence from meat is for Catholics between the ages of 14 and 60, unless they have particular health requirements or are sick. We are to abstain from meat only on ASH WEDNESDAY and on GOOD FRIDAY. However, you could choose to do this every Friday of Lent, but this is not required by the Church.

ORDINATION TO THE PRIESTHOOD

Please join in celebrating the Ordination of Deacon Anthony Beltrame and Olek Stirrat to the Priesthood at St Francis Xavier's Cathedral on Saturday, March 12 at 10.30am. Bookings to attend the Mass are limited but can be made via <https://www.trybooking.com/BXUNW>. For those who are not able



Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

ON NOT BEING STINGY WITH GOD'S MERCY

A seminary professor whom I know shares that after forty years of teaching a course designed to prepare seminarians to administer the sacrament of penance, today sometimes the first question that the seminarians ask is: "When can I refuse absolution?" In effect, how scrupulous must I be in dispensing God's mercy?

To their credit, their motivation is mostly sincere, however misguided. They sincerely fear playing fast and loose with God's grace, fearing that they might end up dispensing cheap grace.

Partly that's a valid motive. Fear of playing fast and loose with God's grace, coupled with concerns for truth, orthodoxy, proper public form, and fear of scandal have their own legitimacy. Mercy needs always to be tempered by truth. But sometimes the motives driving our hesitancy are less noble and our anxiety about handing out cheap grace arises more out of timidity, fear, legalism, and our desire, however unconscious, for power.

But even when mercy is withheld for the nobler of those reasons, we're still misguided and out of tune with the God whom Jesus proclaimed. God's

mercy, as Jesus revealed it, embraces indiscriminately, the bad and the good, the undeserving and the deserving, the uninitiated and the initiated. One of the truly startling insights that Jesus gave us is that the mercy of God, like the light and warmth of the sun, cannot not go out to everyone.

Consequently, it's always free, undeserved, unconditional, universal in embrace, and has a reach beyond all religion, custom, rubric, political correctness, mandatory program, ideology, and even sin itself. We must risk proclaiming the prodigal character of God's mercy. We must not spend God's mercy, as if it were ours to spend; dole out God's forgiveness, as if it were a limited commodity; put conditions on God's love, as if God were a petty tyrant or a political ideology; or cut off access to God, as if we were the keeper of the heavenly gates. We aren't. If we tie God's mercy to our own timidity and fear, we limit it to the size of our own minds.

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com

to attend, the Mass will be live streamed. This is a significant event for our Archdiocese and we ask that you keep both Anthony and Olek in your prayers in their journey to ordination. For more information, please contact Archdiocesan Events (8210 8220).

"SOUTHERN CROSS"

The March issue of The Southern Cross, which includes State election coverage and other local news, will be available in parishes this weekend.

CONSULTATION FOR THE 2023 SYNOD OF BISHOPS

People around the world have been participating in an international conversation about the Catholic Church. You are invited to join the

discussion, helping shape a major global meeting in 2023. You have one more week to make a submission to your local consultation for the international Synod on Synodality. Calling the People of God to walk together in our mission as Christians. The local consultation period for the international Synod on Synodality has been extended. Submissions can now be received through the online portal until Sunday, March 13. Don't miss out on this chance to take part in a global conversation about the Catholic Church. Find out more at: www.catholic.org.au/synodalchurch.

- You know that tingly little feeling you get when you like someone? That's common sense leaving your body.

COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 28/2/22)

- Places of Worship are restricted to 3:4 sqm with social distancing of 1.5ms. A change in wording means that a wedding and funeral (previously viewed as a private activity) is taken to mean a defined public activity (in our circumstance a ceremony: religious/faith-based ceremony) and the 3:4sqm applies.
- Wearing of masks is mandatory. (*An official medical certificate must be produced on request, if claiming an exemption.*)
- Attendees at indoor religious services may sing during worship, if they wear masks while doing so.
- Social distancing is mandatory - DO NOT CONGREGATE at entry/exit and outside. No communal gathering after Mass.
- There should be no shaking of hands or holding hands during the Mass.
- Every gathering must record contact details - either with the QR code for smart phones, or the handwritten log - both located at the entrance to the Church
- Hand sanitizer is available at Church entrances.
- Offertory procession will be omitted. Communion is given only in hands. Precious Blood will not be distributed.
- Collection plates will not be passed around.
- Holy Water is not available at the doors of churches.
- Sick and high risk/vulnerable people should be encouraged not to attend.
- The Archdiocese recommends Covid vaccination for all (please check with your GP if you have concerns).
- Obligation for Sunday Mass for the laity HAS NOT BEEN RE-INVOKED at this stage. You may wish to access:
[Mass for You at Home – The official website of Mass For You At Home, Australia](#) online and on Channel 10 every Sunday at 6 am.



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GOSPEL ACCLAMATION

Mt 4:4

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone, but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

GOSPEL

Luke 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you to guard you,

and again:

They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

TEACH YOUR CHILDREN WELL

Some old-timers look back fondly at all that used to be a part of Lenten fasting and abstinence. Some felt it provided them with benefits beyond

the spiritual renewal intended. They speak about a sense of camaraderie during Lent. It was easy to spot another Catholic eating a cheese sandwich at work or ordering tuna salad at a restaurant. You weren't alone in your sacrificing. There was a shared consciousness. Others who were more pragmatic felt that Lent provided them an annual diet, a good way to shed the weight put on in the dead of last winter.

The readings of the first Sunday of Lent remind us that indeed we are not alone in our faith. Our roots go back to Moses. Our faith is shared among believers of all backgrounds. It is for all who accept Jesus, according to Paul.

While we have simplified the Lenten fast and abstinence, we are still called to use self-denial as an offering of thanksgiving to God and as a way to put into perspective that all we have and that gives us comfort is not as important as our eternal salvation.

To sacrifice alone as Jesus did in the desert is tough. To realise that we do it together in Lent with other believers gives us strength and makes our actions not self-serving acts of self-improvement but common acts of faith and reconciliation. They are good not for the body as much as for the soul and spirit. We are in Lent together. That's good.

GPBS eNews

THIS WEEK'S READINGS

(07 - 13 March)

- **Monday, 07:** Monday, 1st week Lent (Lev 19:1-2, 11-18; Mt 25:31-46)
- **Tuesday, 08:** Tuesday, 1st week Lent (Is 55:10-11; Mt 6:7-15)
- **Wednesday, 09:** Wednesday, 1st week Lent (Jonah 3:1-10; Lk 11:29-32)
- **Thursday, 10:** Thursday, 1st week Lent (Esther 14:1, 3-5, 12-14; Mt 7:7-12)
- **Friday, 11:** Friday, 1st week Lent (Ezek 18:21-28; Mt 5:20-26)
- **Saturday, 12:** Saturday, 1st week Lent (Deut 26:16-19; Mt 5:43-48)
- **Sunday, 13:** SECOND SUNDAY OF LENT (Gen 15:5-12, 17-18; Phil 3:17 - 4:1; Lk 9:28-36)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955