



Welcome to

# Kangaroo Island Catholic Community

(Part of the Fleurieu and Kangaroo Island Cluster of Catholic Parishes)

**THE PRESENTATION OF THE LORD - YEAR A**

**Vol 8 : No 11**

## KANGAROO ISLAND CATHOLIC PARISH

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Email: [cphkings@adam.com.au](mailto:cphkings@adam.com.au)

Web: [www.kicatholic.org.au](http://www.kicatholic.org.au)

## NOARLUNGA DOWNS CATHOLIC PRESBYTERY

Phone: 8382 1717

## PARISH TEAM CONTACTS

### PARISH PRIEST

Fr Josy Sebastian (8382 1717;  
in emergency - 0452 524 169)

Fr Selva Raj (A/Priest - 8382 1717;  
[selvarajpani@gmail.com](mailto:selvarajpani@gmail.com))

Fr Prathap Katta (A/Priest -  
8382 1717)

### PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

### PARISH NEWSLETTER

Mr Peter Clark (8559 5131,  
[paclark@muckra.com.au](mailto:paclark@muckra.com.au))

*(All items for the newsletter must be  
received no later than Tuesday  
evening.)*

## MASS CENTRES

### • KINGSCOTE:

Our Lady of Perpetual Help,  
Cnr Giles/Todd Sts  
Sunday - 9.30am

### • PENNESHAW:

St Columba's Anglican Church,  
Cnr North Terrace and Fourth Street  
1<sup>st</sup> Sunday - 3.15pm

## SPONSORSHIP

KANGAROO ISLAND  
TRANSFERS (0427 887 575)  
generously donate transport for  
our visiting Priests.

## CHILD PROTECTION

Child Protection Unit 8210 8159

## FIRST READING

*Malachi 3:1-4*

The Lord God says this:  
Look, I am going to send  
my messenger to prepare a  
way before me. And the  
Lord you are seeking will  
suddenly enter his Temple;  
and the angel of the  
covenant whom you are  
longing for, yes, he is  
coming, says the Lord of  
Hosts. Who will be able to  
resist the day of his  
coming? Who will remain  
standing when he appears?  
For he is like the refiner's  
fire and the fullers' alkali.  
He will take his seat as  
refiner and purifier; he will  
purify the sons of Levi and  
refine them like gold and  
silver, and then they will  
make the offering to the  
Lord as it should be made.  
The offering of Judah and  
Jerusalem will then be  
welcomed by the Lord as in  
former days, as in the years  
of old.

## RESPONSORIAL PSALM

*Ps 23:7-10*

*Who is this king of glory?  
It is the Lord!*

## SECOND READING

*Hebrews 2:14-18*

Since all the children share the same  
blood and flesh, Jesus too shared  
equally in it, so that by his death he  
could take away all the power of the  
devil, who had power over death,  
and set free all those who had been  
held in slavery all their lives by the  
fear of death. For it was not the  
angels that he took to himself; he  
took to himself descent from  
Abraham. It was essential that he  
should in this way become  
completely like his brothers so that  
he could be a compassionate and  
trustworthy high priest of God's  
religion, able to atone for human



sins. That is, because he has himself  
been through temptation he is able to  
help others who are tempted.

## GOSPEL ACCLAMATION

*Lk 2:32*

*Alleluia, alleluia!*

*This is the light of revelation to the  
nations, and the glory of your people  
Israel. Alleluia!*

## GOSPEL

*Luke 2:22-40*

When the day came for them to be  
purified as laid down by the Law of  
Moses, the parents of Jesus took him  
up to Jerusalem to present him to the  
Lord, – observing what stands  
written in the Law of the Lord:  
Every first-born male must be  
consecrated to the Lord – and also to  
offer in sacrifice, in accordance with  
what is said in the Law of the Lord,  
a pair of turtledoves or two young  
pigeons.

*(Continued page 4)*

# Kangaroo Island Catholic Parish

## PARISH NOTICES

Next week: Mass Kingscote 9:30 AM  
Confession is available every Sunday 30 minutes before Mass.

Please remember in your prayers the Dunn family as they mourn the loss of Maureen, a beacon of faith and a grand servant of the Church on KI for many years.

### **Priest Roster:**

Feb 8<sup>th</sup> – Mar 22<sup>nd</sup> Bishop Eugene Hurley

### **Mass Roster:**

#### **Today:**

Readers: A Gibbs S Semler.  
Gifts: Berden family.  
Sp. Min: H Mumford M Slagter.  
Cleaning / Coffee: A Clark.

#### **Next week:**

P Wales M Glynn.  
Brinkley family.  
C Berden J Berden  
A Clark.

### **Collections. 19<sup>th</sup> Jan.**

1<sup>st</sup> (Support of the Priests of the Archdiocese) **\$157.25**  
2<sup>nd</sup> (Upkeep of our parish programs & property) **\$394.50**

**Please pray for those who have died....** Maureen Dunn

## **FEBRUARY ANNIVERSARIES**

Heather Barrett, Joan Marie Berden, Mary Clark, Phillip Deakin, Allice Ellick, Alfred Gray, Bernadette Hehir, Kenneth Howard, Ron King, Jamie Larcombe, Frank May, Tom Meaney, Allan Moray, Pat Pawelski, Horace Riley, Christopher Riley, Bert Willson And all the faithful departed.

**Please pray for those who are sick.....**Sr. Carmel Clarke, Mei Kuen Sexton, Fr Peter Milburn, Toni Langridge, Damian Baynes, Charles Gorman, Dalton Baynes, Roy Gatton, .....May all our sick parishioners, relatives and friends know the healing love of Christ through our actions and His healing presence.

*Please contact Peter Clark to have names entered. For privacy reasons permission is required before names are submitted for entry in this bulletin.*

## **Archdiocesan Events**

*For a full listing of events and activities being held across the Archdiocese, please visit:*

*<http://www.adelaide.catholic.org.au/parishes-and-mass-times/newsletters-from-archbishop-s-office>*

## **Reflecting on God's Promises**

As Christians, we are a Resurrection people. We live each day in the joy of Christ's victory over death. We know that life and love always win, but sometimes it is easy for this to move from the forefront of our minds. Our world is filled with systems of oppression and injustice. Poverty is prevalent and violence seems unending. Kindness often falls to selfishness, and trust fades to disbelief. But this is not the end.

Today's Gospel reminds us that we wait for something more. Like Simeon and Anna, we long to see the fullness of the reign of God here on earth. We ache for the peace that God alone can bring. We yearn for the Light that will vanish all darkness. We wait, trusting God's promise to be with us always. Will we try to live as Christ now, we wait for the day when we will live in the joy of the Resurrection, because the Kingdom is both here and not yet. We wait for the day when we, like Simeon and Anna, will know the salvation of God that has been promised to us.

Simeon's words in today's Gospel, known as the Canticle of Simeon, are typically prayed at the end of each day. This evening pray Simeon's words before you go to sleep. Ask God to let you sleep in peace, knowing God's promise to be with you. Rest confident and assured that Christ is the light that destroys all darkness.

What are some of the other promises God makes to God's people? How do these promises impact you?

*If you have items for this newsletter, please email to [paclark@muckra.com.au](mailto:paclark@muckra.com.au) or text message to 0418 819 078*





## Ron Rolheiser column

*Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate, is president of the Oblate School of Theology in San Antonio, Texas. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide.*

### ON SELF-HATRED AND GUILT

Recently on the popular television program, Saturday Night Live, a comedian made a rather colorful wisecrack in response to an answer that Nancy Pelosi had given to a journalist who had accused her of hating the President. Pelosi had stated that, as a Roman Catholic, she hates no one – and this prompted the comedian to make this quip: “As a Catholic, I know there’s always one person you hate – yourself.”

I’m not someone who’s easily upset by religious jokes. Humor is supposed to have an edge and comedians play an important archetypal role here, that of the “Court Jester” whose task it is to deflate whatever’s pompous. Religion is often fair game. Indeed, I appreciated the wit in this wisecrack. Still, something bothers me about this particular wisecrack because it plays into a certain stereotype that’s, unfortunately, very common today wherein people from all kinds of religious backgrounds (this is not specific to Roman Catholics) blame their religious upbringing for the struggles they have with self-hatred and guilt feelings.

How true is this? Is our religious upbringing the root cause of our struggles with self-hatred and guilt feelings?

Obviously our religious upbringing does play some role here, but it’s far too simplistic (and not particularly helpful) to blame all of this, or even most of it, on our religious upbringing. Psychologists and anthropologists assure us that the issue of self-hatred and free-floating guilt is infinitely more complex, especially since we see it playing out in people of every kind of religious background as well as in people who have no religious background at all. Struggles with self-hatred and guilt is not a particularly Roman Catholic

phenomenon, Protestant phenomenon, Evangelical phenomenon, Jewish phenomenon, or Moslem phenomenon; it’s a universal phenomenon that makes itself felt in most every sensitive person. Moreover that struggle is not always unhealthy.

Any morally sensitive person, unlike someone who’s morally calloused, will constantly be self-assessing, often anxious as to whether she’s being selfish rather than good, and perennially worrying that some of her words and actions may have hurt others and damaged her relationship with God. To experience this kind of anxiety is precisely to be struggling with feelings of self-hatred and guilt; but, at one level, this is in fact healthy. When we’re anxiously self-assessing, there’s far less danger that we will take others, take the gift of life, or take the goodness of God for granted. Moral sensitivity is a virtue and, like aesthetic sensitivity, it keeps you healthily fearful lest in ignorance and insensitivity you paint a moustache on the Mona Lisa. Some of this, of course, is unhealthy. As Freud taught us, our conscience doesn’t tell us what’s right and what’s wrong, it only tells us how we feel about our actions. And when we have guilt feelings about what we have just done or left undone those feelings are, no doubt, often powerfully influenced by the social and moral standards that have been put into us as children by our parents, our teachers, our culture, and our religious upbringing. Our religious and moral upbringing does leave us struggling with some false guilt.

But, that being admitted, there are deeper causes as to why we struggle with self-hatred and free-floating guilt and why we just never quite feel good enough.

If we could review our lives in a

video, we would see the countless times we were in, every kind of way, told that we’re not good, not adequate, not loveable, not valued, not precious. We would see the countless times we were shamed in our enthusiasm; and this, I submit, more than any other factor, lies at the root of our self-hatred, our free-floating feelings of guilt, and the bitterness we so frequently feel towards others.

It starts in the highchair when, as toddlers, in our blind energy, we eat too enthusiastically and are told not to eat like a pig. Likewise, as toddlers, full of food and zest, we shout and throw some food on the floor and are told to stop it, to shut up, that our natural energies aren’t healthy. Then, as a preschooler, we are often further shamed in our enthusiasm. Eventually things move on to the playground, the classroom, and into our family circles where our uniqueness and preciousness are not often sufficiently recognized or valued, where we’re frequently ignored, put down, treated unfairly, bullied, made aware of our inferiorities and failures, and, in ways subtle and not-so-subtle, told that we’re not good enough. This sets us up for the rejections we absorb in adulthood, for the jealousies we feel when the lives of others look so much richer than our own, for the unexpressed bitterness we nurse because of our own inadequacies, and for the guilt we feel because of our own betrayals.

It isn’t primarily because of our religious training that we hate ourselves and are haunted by a lot of free-floating guilt.

Yes, most of us Catholics do hate ourselves. Sadly, would it were otherwise, so too does everyone else.

*You can read, or download, Ron Rolheiser’s weekly columns from his website at: [www.ronrolheiser.com](http://www.ronrolheiser.com)*

**REGULAR MASS TIMES IN  
OUR CLUSTER CHURCHES  
ALDINGA**

*Mary of Galilee, the First Disciple  
cnr Quinliven and How Roads*  
Saturday 5.30pm  
Tuesday 9.15am

**GOOLWA**

*St John the Apostle, 10-14 Gardiner St*  
Sunday 9.00am  
Wednesday 9.30am

**KINGSCOTE**

*Our Lady of Perpetual Help,  
cnr Todd and Giles Streets*  
Sunday 9.30am

**NOARLUNGA**

*St Luke, the Evangelist,  
cnr Honeypot Rd and Goldsmith Dve*  
Saturday 6.00pm  
Sunday 9.00am  
1<sup>st</sup> Sunday 11am (Spanish Mass)  
2<sup>nd</sup> Sunday 2.00pm (Filipino Mass)  
Sunday (Youth Mass) 5.30pm  
Monday 9.00am  
Tuesday 9.00am  
Wednesday 7.30pm  
Thursday 8.15am (St Luke's)  
Thursday 9.15am (St John's - term time)  
Friday 10.00am

**NORMANVILLE**

*St Peter, Cape Jervis Road*  
1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup> Sundays 10.30am  
2<sup>nd</sup>, 4<sup>th</sup> Sundays 8.30am  
1<sup>st</sup> Friday  
11.50am Adoration, 12.00 noon Mass

**PENNESHAW**

*St Columba, North Terrace  
(shared with Anglicans)*  
1<sup>st</sup> Sunday 3.15pm

**SEAFORD**

*Seaford Ecumenical Mission,  
Grand Bvd*  
Sunday 10.45am  
Wednesday 9.15am

**VICTOR HARBOR**

*St Joan of Arc, 30 Seaview Road*  
Saturday 6.00pm  
Sunday 11.00am  
Tuesday 9.00am  
Thursday 9.00am  
Friday 9.00am  
1<sup>st</sup> Friday Benediction following Mass

**WILLUNGA**

*St Joseph, 12 St Judes Street*  
1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup> Sundays 8.30am  
2<sup>nd</sup>, 4<sup>th</sup> Sundays 10.30am  
Wednesday 9.00am  
Thursday 9.00am  
Friday 9.00am

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Now in Jerusalem there was a man named Simeon. He was an upright and devout man; he looked forward to Israel's comforting and the Holy Spirit rested on him. It had been revealed to him by the Holy Spirit that he would not see death until he had set eyes on the Christ of the Lord. Prompted by the Spirit he came to the Temple and when the parents brought in the child Jesus to do for him what the Law required, he took him into his arms and blessed God; and he said:

‘Now, Master, you can let your servant go in peace, just as you promised; because my eyes have seen the salvation which you have prepared for all the nations to see, a light to enlighten the pagans and the glory of your people Israel.’

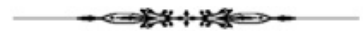
As the child's father and mother stood there wondering at the things that were being said about him, Simeon blessed them and said to Mary his mother, ‘You see this child: he is destined for the fall and for the rising of many in Israel, destined to be a sign that is rejected – and a sword will pierce your own soul too – so that the secret thoughts of many may be laid bare.’

There was a prophetess also, Anna the daughter of Phanuel, of the tribe of Asher. She was well on in years. Her days of girlhood over, she had been married for seven years before becoming a widow. She was now eighty-four years old and never left the Temple, serving God night and day with fasting and prayer. She came by just at that moment and began to praise God; and she spoke of the child to all who looked forward to the deliverance of Jerusalem.

When they had done everything the Law of the Lord required, they went back to Galilee, to their own town of Nazareth. Meanwhile the child grew to maturity, and he was filled with wisdom; and God's favour was with him.

**DID YOU KNOW?**

- ‘The Law of the Lord’ refers to the Torah, or the first five books of the Jewish Scriptures, sometimes called the Pentateuch. It was believed that these five books were written by Moses—thus the law of Moses.
- The Torah contains many regulations and laws relating to how Jews should lead their lives, including ritual purification. Leviticus 12 outlines the regulations that tell how a woman must become purified after childbirth, a process that included a ritual bath and the offering of a sacrifice of pigeons or doves.
- Mary and Joseph are acting as practising, pious Jews in following the requirements of the Law after the birth of Jesus.
- This text is unique to Luke's Gospel. No other gospel tells us as much of the early years of Jesus as Luke does.



**THIS WEEK'S READINGS**

*(03 - 09 February)*

- **Monday, 03:** Weekday Ord Time 4 (2 Sam 15:13-14, 30, 16:5-13; Mk 5:1-20)
- **Tuesday, 04:** Weekday Ord Time 4 (2 Sam 18:9-10, 14, 24-25, 30 - 19:3; Mk 5:21-43)
- **Wednesday, 05:** St Agatha (2 Sam 24:2, 9-17; Mk 6:1-6)
- **Thursday, 06:** St Paul Miki and companions (1 Kg 2:1-4, 10-12; Mk 6:7-13)
- **Friday, 07:** Weekday Ord Time 4 (Sirach 47:2-11; Mk 6:14-29)
- **Saturday, 08:** Weekday Ord Time 4 (1 Kg 3:4-13; Mk 6:30-34)
- **Sunday 09:** 5<sup>th</sup> SUNDAY in ORDINARY TIME (Is 58:7-10; 1 Cor 2:1-5; Mt 5:13-16)

**PASTORAL CARE**

If you (or someone you know) is house-bound, in hospital or in residential care and would appreciate a visit from a Priest or someone from the Parish, please let us know.  
Contact: Noarlunga/Seaford (8382 1717), Willunga (0488 287 552),  
Victor Harbor/Goolwa (8552 1084), Kangaroo Island (0418 819 078).